

NCAA Sickle Cell Trait (SCT) Testing – What You Need to Know

1. Requirements.
 - a. All participating student-athletes are required to provide confirmation of sickle cell trait status, either through: 1) existing documentation from birth, or; 2) recent screening. Most entering college-aged students have been tested for SCT as a standard genetic screening at birth.
 - b. A student-athlete may sign a waiver declining confirmation of SCT status if he or she is first provided education by the institution regarding the implications of exercising the waiver option.
 - c. Student-athletes may not exercise the waiver option prior to matriculation.
 - d. Student-athletes will also receive mandatory education regarding the risks, impact and precautions associated with SCT if they plan to participate while awaiting the results of a screening or exercised the waiver option.

2. Test payment options.
 - a. Quest Lab agreement provides the following options:
 - (1) Institution onsite testing. Blood draws conducted and administered by Quest at institution, fees billed to the institution. Institution calls **866-226-8046** to schedule onsite blood drawing event.
 - (2) Patient service center. Blood drawn at Quest service center, billed to the institution through account set up by institution through **866-226-8046**.
 - (3) Student-athlete service scheduled and paid by student-athlete online. <https://sicklecelltesting.medivo.com/order/am>- \$32.50
 - b. The Current Procedural Terminology (CPT) code is a uniform number assigned to every medical, surgical and diagnostic service, used by insurers to determine the amount of reimbursement that a practitioner will receive by an insurer when he or she performs that service. Insurance coverage: SCT lab test CPT code is **85660**.

3. Education.
 - a. Institutions must provide general SCT education to all participating student-athletes.
 - b. Institutions must provide “informed consent” education for those student-athletes seeking to exercise the waiver option.
 - c. How the education is delivered to the student-athletes is at the institution’s discretion; however the NCAA provides educational resources that may be used to meet the education requirements for both general and “informed consent” education.

4. Resources. <http://www.ncaa.org/health-and-safety/medical-conditions/sickle-cell-trait>