

Division I Results from the NCAA GOALS Study on the Student-Athlete Experience

FARA Annual Meeting and Symposium
November 2011



NCAA GOALS and SCORE Studies

- **G**rowth,
Opportunities,
Aspirations, and
Learning of
Students in College

Study of current student-athletes (Divisions I, II and III)

- **S**tudy of
College
Outcomes and
Recent
Experiences

Study of former student-athletes (primarily Division I entrants with a
Division II version of SCORE in the field)



Growth, Opportunities, Aspirations and Learning of Students in College (GOALS) Study

- The 2010 version of GOALS was the second administration of the study by NCAA Faculty Athletics Representatives (FARs). The first GOALS study occurred in 2006.
- All NCAA FARs were invited to participate by sampling one to three pre-specified teams on their campuses. Strict protocols were put in place to standardize the administration and ensure that each student-athlete's responses would not be seen by anybody besides the researchers.
- The teams surveyed on each campus were selected by the NCAA based upon a stratified random sampling protocol designed to provide sufficiently large and representative samples within each division and sport (11 men's and 13 women's sports surveyed).



Survey Response

- In total, 611 schools participated in the study, which is very similar to the number from 2006.
- Divisional institutional response rate:

	2006 GOALS	2010 GOALS
Division I	66%	56%
Division II	66%	58%
Division III	54%	57%



Number of GOALS Student-Athlete Respondents (2010 Survey – N=19,967)

Division I							
	Baseball	Men's Basketball	Football (FBS/FCS)		All Other Men's Sports	Women's Basketball	All Other Women's Sports
N	573	363	799	824	1,883	341	2,573
Division II							
N	359	314	1,192		1,429	334	1,815
Division III							
N	497	522	1,352		1,723	477	2,597

GOALS Survey – Main Sections

- College athletics experience
- College academic experience
- College social experience
- Recruitment / decision to attend current college
- Health and well-being
- Time commitments
- Finances
- Qualitative

GOALS Survey – New Components

- Recruitment / decision to attend current college
- Finances
- Expansion of student-athlete identity construct
- Ethical leadership of coaches and the college
- Reasons for choosing course of study
- Use of non-traditional courses
- Learning and study strategies
- Satisfaction with academic support services
- Feelings of connection / inclusion
- Feelings of stress
- Perceived coach concern / accessibility on mental health
- Body image



GOALS Survey – Changes Over Time

- Time commitments
- Reasons for transferring
- Academic / career aspirations
- Feelings about academic major
- Relationships with faculty
- Volunteerism
- Respect / inclusion within team setting
- Healthy behaviors



Current Analyses – Div. I GOALS

- College choice and recruitment
- Ethics and ethical leadership
- Time demands
- Academic experiences
- Social experiences at college
- Student-athlete comments



Recruitment and College Choice



Findings – Recruitment and College Choice

- Factors in college choice
- Role of coach
- Appropriateness of recruiting contact
- Accuracy of initial expectations
- Satisfaction with college choice



How much do you agree or disagree that each of the following reasons contributed to your decision to attend your current college?
(% Responding Agree or Strongly Agree)

Division I						
	Baseball	Men's Basketball	Football	All Other Men's Sports	Women's Basketball	All Other Women's Sports
Academic offerings or reputation	63%	65%	66%	69%	58%	75%
Athletics participation	79%	83%	80%	82%	86%	86%
Proximity to home	63%	56%	60%	46%	54%	49%
Proximity to sig. other	25%	29%	33%	17%	19%	13%
Social scene/friends	39%	40%	40%	31%	22%	25%
Other peoples' expectations	42%	49%	51%	37%	39%	37%

Note: Endorsement of top two scale points on 6-point scale

Academic versus Athletics Reasons Driving Decision to Attend this College.

(% Responding Agree or Strongly Agree)

Division I						
	Baseball	Men's Basketball	Football	All Other Men's Sports	Women's Basketball	All Other Women's Sports
Academics	63%	65%	66%	69%	58%	75%
Athletics	79%	83%	80%	82%	86%	86%
Division II						
Academics	49%	59%	67%	61%	71%	70%
Athletics	84%	83%	81%	81%	91%	83%
Division III						
Academics	62%	75%	78%	75%	84%	83%
Athletics	76%	81%	85%	74%	82%	72%

Note: Endorsement of top two scale points on 4-point scale

I would have attended this college even if a different coach was here.

(% Responding Agree or Strongly Agree)

Division I						
	Baseball	Men's Basketball	Football	All Other Men's Sports	Women's Basketball	All Other Women's Sports
N	52%	42%	59%	58%	43%	58%
Division II						
N	47%	41%	52%	59%	49%	59%
Division III						
N	61%	58%	60%	69%	65%	73%

Note: Endorsement of top two scale points on 6-point scale

Some of the coaches recruiting me contacted me too often

(% Responding Agree or Strongly Agree)

Division I						
	Baseball	Men's Basketball	Football	All Other Men's Sports	Women's Basketball	All Other Women's Sports
N	22%	31%	32%	22%	35%	19%
Division II						
N	25%	28%	28%	22%	29%	20%
Division III						
N	22%	31%	35%	25%	27%	22%

Note: Endorsement of top two scale points on 6-point scale

How accurate were your initial expectations of the academic experience at this college?

(% Responding Very Accurate or Mostly Accurate)

Division I						
	Baseball	Men's Basketball	Football	All Other Men's Sports	Women's Basketball	All Other Women's Sports
N	85%	84%	76%	81%	80%	84%
Division II						
N	74%	79%	80%	81%	82%	81%
Division III						
N	79%	86%	86%	84%	90%	86%

Note: Endorsement of top two scale points on 4-point scale

How accurate were your initial expectations of the athletics experience at this college?
(% Responding Very Accurate or Mostly Accurate)

Division I						
	Baseball	Men's Basketball	Football	All Other Men's Sports	Women's Basketball	All Other Women's Sports
N	80%	76%	72%	76%	60%	67%
Division II						
N	71%	70%	77%	78%	67%	67%
Division III						
N	68%	74%	78%	77%	70%	76%

Note: Endorsement of top two scale points on 4-point scale

I am glad that I made the choice to be at this school.
(% Responding Agree or Strongly Agree)

Division I						
	Baseball	Men's Basketball	Football	All Other Men's Sports	Women's Basketball	All Other Women's Sports
N	67%	62%	59%	68%	48%	70%
Division II						
N	49%	51%	59%	60%	63%	63%
Division III						
N	51%	63%	67%	69%	70%	77%

Note: Endorsement of top two scale points on 7-point scale

My athletics participation is important in preparing me for life after graduation
 (% Responding Agree or Strongly Agree)

Division I						
	Baseball	Men's Basketball	Football	All Other Men's Sports	Women's Basketball	All Other Women's Sports
N	79%	77%	70%	71%	66%	61%
Division II						
N	69%	74%	69%	65%	64%	52%
Division III						
N	66%	66%	69%	60%	60%	50%

Note: Endorsement of top two scale points on 6-point scale

Ethical Leadership

Findings – Ethics and Ethical Leadership

- Ethical Leadership Scale
- Abusive Supervision Scale
- Winning, fair play and cheating



Ethical Leadership Scale

- Ethical Leadership Scale (Brown, Treviño & Harrison, 2005).
- Items --- My head coach...
 - sets an example of how to do things the “right way” in terms of ethics
 - defines success not just by winning, but by winning fairly
 - has team members’ best interests in mind
 - can be trusted
 - listens to what members of this team have to say
 - treats all members of the team equally



Average Scale Scores on Ethical Leadership Scale for Head Coaches

(Higher numbers = higher perceived ethical leadership)

Division I							
	Baseball	Men's Basketball	Football		All Other Men's Sports	Women's Basketball	All Other Women's Sports
			FBS	FCS			
N	3.94	4.08	4.21	4.18	3.99	3.66	3.83
Division II							
N	3.93	3.81	4.30		4.05	3.75	3.82
Division III							
N	3.82	4.02	4.34		4.12	3.74	4.05

My head coach defines success not just by winning, but by winning fairly

(% Responding Strongly Agree)

Division I						
	Baseball	Men's Basketball	Football	All Other Men's Sports	Women's Basketball	All Other Women's Sports
N	43%	50%	57%	48%	39%	51%
Division II						
N	47%	44%	58%	51%	34%	48%
Division III						
N	38%	48%	61%	51%	42%	57%

Note: Endorsement of top scale point on 5-point scale

My head coach can be trusted (% Responding Strongly Agree)

Division I						
	Baseball	Men's Basketball	Football	All Other Men's Sports	Women's Basketball	All Other Women's Sports
N	52%	50%	56%	51%	39%	48%
Division II						
N	49%	42%	63%	57%	44%	47%
Division III						
N	55%	53%	66%	59%	47%	56%

Note: Endorsement of top scale point on 5-point scale

Abusive Supervision Scale

- Select items from Abusive Supervision Scale (Tepper, 2000)
- Items --- My head coach...
 - puts me down in front of others
 - ridicules me
 - makes negative comments about me to others

Average Scale Scores on Abusive Supervision Scale for Head Coaches

(Higher numbers = Perceived as more disrespectful)

Division I							
	Baseball	Men's Basketball	Football		All Other Men's Sports	Women's Basketball	All Other Women's Sports
			FBS	FCS			
N	2.31	2.64	2.25	2.08	2.12	2.30	2.03
Division II							
N	2.33	2.59	1.97		1.95	2.45	1.91
Division III							
N	2.02	2.33	1.85		1.95	2.22	1.75

My head coach puts me down in front of others

(% Responding Somewhat Agree or Strongly Agree)

Division I						
	Baseball	Men's Basketball	Football	All Other Men's Sports	Women's Basketball	All Other Women's Sports
N	27%	31%	22%	20%	25%	21%
Division II						
N	26%	34%	15%	15%	32%	17%
Division III						
N	16%	26%	12%	16%	27%	14%

Note: Endorsement of top two scale points on 5-point scale

Academic honesty is strongly valued at this college
 (% Responding Strongly Agree)

Division I						
	Baseball	Men's Basketball	Football	All Other Men's Sports	Women's Basketball	All Other Women's Sports
N	63%	65%	61%	70%	68%	77%
Division II						
N	56%	63%	66%	64%	68%	71%
Division III						
N	62%	73%	77%	77%	84%	83%

Note: Endorsement of top scale point on 5-point scale

Winning is more important to me than good sportsmanship
 (% Responding Somewhat Agree or Strongly Agree)

Division I						
	Baseball	Men's Basketball	Football	All Other Men's Sports	Women's Basketball	All Other Women's Sports
N	48%	47%	50%	36%	25%	15%
Division II						
N	46%	44%	43%	33%	21%	15%
Division III						
N	46%	44%	42%	31%	18%	10%

Note: Endorsement of top two scale points on 5-point scale

Time Demands



Summary

- Although survey self-report of time spent is an imperfect method for assessing time demands, the 2006 GOALS survey indicated that such a process could provide useful national comparison data across sport and division.
- The current GOALS study replicated the time demands questions from 2006.
- Results from 2010 are generally similar to those from 2006, but with a few notable changes.



Summary – Time Spent on Athletics

- With a few exceptions, student-athletes across sport and division spent similar amounts of time on athletic pursuits in 2010 as in 2006. The exceptions:
 - Among men's Olympic sports in Division I, a small decrease in time on athletics was reported.
 - Increases in time on athletic pursuits was reported in Division I baseball, Division I and II men's basketball and Division I FCS football.
- Division I FBS football players still report the highest weekly in-season athletic time commitment (43.3 hours/week). This is similar to what was reported in 2006. Note that Division I baseball and FCS football players also reported more than 40 hours/week on athletics in-season. Even in Division III, student-athletes report spending at least 30 hours/week in-season on their sport.



Average Hours Spent Per Week In-Season on Athletic Activities in 2010 (SA Self-Report)

Division I							
	Baseball	Men's Basketball	Football (FBS/FCS)		All Other Men's Sports	Women's Basketball	All Other Women's Sports
Athletic Hrs	42.1	39.2	43.3	41.6	32.0	37.6	33.3
Division II							
Athletic Hrs	39.0	37.7	37.5		31.3	34.2	31.7
Division III							
Athletic Hrs	34.8	30.8	33.1		29.2	29.8	28.9

Note: Green = Decrease of 2+ hours on athletics from 2006;
Red = Increase of 2+ hours on athletics from 2006

Summary – Time Spent on Academics

- The most notable increase in time spent on academic pursuits was in Division I men's basketball.
 - The average number of in-season hours/week spent on academic pursuits (class time and studying) also increased significantly since 2006 for Division I MBB (up 3 hours to 37 per week).
 - In-season academic hours were stable in Division II (36 hours/week) and Division III (35 hours/week) compared to 2006.
- No group studied showed a significant drop in academic time commitments.



Average Hours Spent Per Week In-Season on Academic Activities in 2010 (SA Self-Report)

Division I							
	Baseball	Men's Basketball	Football (FBS/FCS)		All Other Men's Sports	Women's Basketball	All Other Women's Sports
Academic Hrs	31.7	37.3	38.0	38.2	36.0	38.9	40.1
Division II							
Academic Hrs	32.8	35.8	36.8	36.3	37.3	41.4	
Division III							
Academic Hrs	35.6	34.8	37.9	39.7	41.3	43.0	

Note: Green = Increase of 2+ hours on academics from 2006;
Red = Decrease of 2+ hours on academics from 2006

Summary – Academic-Athletic Balance

- Several sport groups reported a slight shift toward time spent on athletics when academics and athletics were viewed as competing time commitments. These groups included:
 - Division I baseball
 - Division I FCS football
 - Division I men’s and women’s track
 - Division II men’s basketball
 - Division II women’s basketball
- Division III men’s Olympic sport participants and Division III women’s basketball players reported a slight shift toward more time spent on academics.
- Relative to other sports within division, baseball in Divisions II and III also showed a differential balance favoring athletics.



Average Difference in Hours Spent Per Week In-Season on Academic Activities vs. Athletic Activities in 2010 (SA Self-Report)

Division I							
	Baseball	Men's Basketball	Football (FBS/FCS)		All Other Men's Sports	Women's Basketball	All Other Women's Sports
Acad - Ath	-10.4	-1.9	-5.3	-3.5	4.0	1.4	6.8
Division II							
Acad - Ath	-6.2	-2.0	-0.7		5.0	3.1	9.7
Division III							
Acad - Ath	0.8	4.0	4.9		10.5	11.5	14.1

Note: Green = 2+ hours more on academics relative to athletics vs. 2006;
Red = 2+ hours more on athletics relative to academics vs. 2006.

Summary – Total Time Spent on Academics and Athletics

- There is some indication that student-athletes more generally are devoting more time to academics and athletics. In 2010, student-athletes in a number of sports (particularly in Divisions I and II) reported spending more time engaged across those two areas than in 2006.
- Football players in Division I reported roughly 80 hours/week in-season engaged in either academics or athletics. Men's and women's basketball players in Division I spent roughly 77 hours per week on those two pursuits.
- In many sports, total academic plus athletics time was similar across division.



Average Sum of Hours Spent Per Week In-Season on Academic Activities and Athletic Activities in 2010 (SA Self-Report)

Division I							
	Baseball	Men's Basketball	Football (FBS/FCS)		All Other Men's Sports	Women's Basketball	All Other Women's Sports
Ave. Sum	73.7	76.5	81.3	79.8	68.0	76.5	73.4
Division II							
Ave. Sum	71.8	73.5	74.2	67.6	71.6	73.1	
Division III							
Ave. Sum	70.4	65.6	71.0	68.8	71.1	72.0	

Note: Green = 2+ hours less on academics/athletic sum vs. 2006;
Red = 2+ hours more on academics/athletic sum vs. 2006.

Summary – Off-Season Athletics

- Not much change was seen in the percentage of student-athletes reporting that they spend as much or more time on athletics during the off-season as in-season.
- However, substantial numbers of student-athletes do report spending as much or more time off-season. Differences in off-season time spent appear to differ by sport, gender and division.
- One notable increase in 2010 was in Division I baseball where more than three-quarters of respondents reported spending as much or more time on their sport during the off-season. These numbers are lower for females and within Division III.



Percentage of Student-Athletes Reporting As Much or More Time on Athletic Activities in Off-Season than In-Season in 2010 (SA Self-Report)

Division I							
	Baseball	Men's Basketball	Football (FBS/FCS)		All Other Men's Sports	Women's Basketball	All Other Women's Sports
% same/more	77%	69%	70%	70%	61%	46%	57%
Division II							
% same/more	79%	68%	70%		63%	54%	55%
Division III							
% same/more	55%	59%	62%		46%	38%	34%

Note: Green = Decrease of 5% or more from 2006;
Red = Increase of 5% or more from 2006

Summary – Missed Classes and Time Away from Campus

- The average number of classes missed in-season was very similar in 2006 and 2010, with the exception of increases in 2010 in Division I baseball and FBS football.
- Generally, baseball players are missing the most class time within each division, although misses are similarly high in Division I for men's and women's basketball and Division I softball.
- Across division, baseball players reported more time away from campus for athletic competition in 2010. Women's softball in Division I reported similar time away from campus.
- Within Division II, the highest numbers are in baseball and women's sports (about 2/week). In Division III, baseball misses the most (1.8/week vs. 1.2/week in next highest sport).



Average Classes Missed Per Week During the Season in 2010 (SA Self-Report)

Division I							
	Baseball	Men's Basketball	Football (FBS/FCS)		All Other Men's Sports	Women's Basketball	All Other Women's Sports
Ave. Missed	2.3	2.4	1.7	1.5	1.6	2.5	1.9
Miss >3	21%	20%	14%	8%	10%	23%	14%
Division II							
Ave. Missed	2.0	1.5	1.2%		1.6	1.8	1.9
Miss >3	15%	10%	7%		12%	11%	15%
Division III							
Ave. Missed	1.8	1.2	1.0		1.1	0.9	1.2
Miss >3	12%	8%	5%		5%	3%	6%

Note: Green = Decrease of 0.5 classes missed from 2006;
Red = Increase of 0.5 classes missed from 2006.

Average Days Away from Campus for Athletic Competition in 2010 (SA Self-Report)

Division I							
	Baseball	Men's Basketball	Football (FBS/FCS)		All Other Men's Sports	Women's Basketball	All Other Women's Sports
Ave. Away	2.5	1.8	1.2	1.2	1.4	2.3	2.0
3+ days away	55%	26%	5%	3%	12%	42%	30%
Division II							
Ave. Away	2.0	1.5	1.0	1.4	1.8	1.9	
3+ days away	38%	13%	5%	12%	20%	27%	
Division III							
Ave. Away	1.9	1.4	1.0	1.2	1.7	1.6	
3+ days away	27%	8%	4%	6%	14%	13%	

Note: Green = Decrease of 5% or more from 2006;
Red = Increase of 5% or more from 2006

Summary – Satisfaction with Time with Coaches and Time Spent on Athletics

- A new question asked in 2010 queried student-athletes on their satisfaction with time spent with their coaches during the year.
- Particularly high numbers of women basketball players across division expressed a desire to spend less time with coaches (34% in Division I). High numbers wanting to spend less time with coaches was also seen among Division I football players.
- Female student-athletes across division, particularly in women's basketball, expressed that they would prefer less time spent on athletics, in general. This was particularly the case in Division I, where 29 percent expressed a wish to spend less time on athletics. This response was up more than 5 percentage points from the previous survey.

Satisfaction with Amount of Time Spent with Coaches During the Course of the Year in 2010 (SA Self-Report)

Division I							
	Baseball	Men's Basketball	Football (FBS/FCS)		All Other Men's Sports	Women's Basketball	All Other Women's Sports
Want More	6%	18%	18%	11%	13%	7%	7%
Want Less	17%	21%	30%	30%	14%	34%	21%
Division II							
Want More	8%	14%	15%		14%	6%	8%
Want Less	18%	19%	19%		9%	20%	19%
Division III							
Want More	12%	14%	11%		13%	4%	8%
Want Less	16%	12%	11%		8%	18%	9%

Note: Survey administered in spring 2010. Question not asked in 2006 GOALS study. Third response option on question was "Satisfied with amount of time spent with coaches."

Percentage of Student-Athletes Who Say They Would Prefer Less Time In College on... (2010 Self-Report)

Division I							
	Baseball	Men's Basketball	Football (FBS/FCS)		All Other Men's Sports	Women's Basketball	All Other Women's Sports
Athletics	18%	10%	23%	20%	15%	29%	26%
Division II							
Athletics	10%	9%	15%		7%	20%	18%
Division III							
Athletics	8%	10%	11%		8%	15%	10%

Note: Green = Decrease of 5% or more from 2006;
Red = Increase of 5% or more from 2006

Percentage of Student-Athletes Who Say They Would Prefer More Time In College on... (2010 Self-Report)

Division I							
	Baseball	Men's Basketball	Football (FBS/FCS)		All Other Men's Sports	Women's Basketball	All Other Women's Sports
Academics	52%	55%	60%	55%	53%	62%	64%
Athletics	36%	48%	34%	34%	41%	26%	24%
Extracurric. Activities	45%	41%	48%	45%	45%	55%	62%
Family	47%	56%	55%	51%	37%	64%	46%
Job	28%	30%	33%	38%	33%	37%	40%
Socializing	59%	55%	66%	55%	57%	70%	71%
Relaxing	63%	66%	68%	61%	56%	78%	76%
Sleeping	70%	72%	72%	69%	69%	82%	79%

Note: Green = Decrease of 5% or more from 2006;
Red = Increase of 5% or more from 2006

If you had one extra hour each day, on what one activity (other than sleeping) would you most want to spend it? (2010 Self-Report)

Division I							
	Baseball	Men's Basketball	Football (FBS/FCS)		All Other Men's Sports	Women's Basketball	All Other Women's Sports
Academics	11%	15%	15%	15%	19%	13%	21%
Athletics	19%	27%	12%	14%	18%	8%	7%
Extracurric. Activities	7%	3%	7%	6%	7%	6%	6%
Family	11%	15%	12%	11%	7%	19%	11%
Job	3%	3%	6%	8%	4%	4%	5%
Socializing	24%	14%	20%	16%	25%	21%	26%
Relaxing	25%	23%	29%	30%	21%	29%	25%

Note: Green = Decrease of 5% or more from 2006;
Red = Increase of 5% or more from 2006

Summary – Time Spent at a Job

- Although fewer student-athletes in several sport groups (Division II baseball, Division II and III women's basketball, Division I women's Olympic sports) reported working during the school year, employment rates went up in a number of other sports.
- Average time spent at a job by those employed decreased from 8.6 hours/week to 8.1 hours/week.



Percent of Student-Athletes Working at a Job for Pay in 2010 (SA Self-Report)

Division I							
	Baseball	Men's Basketball	Football (FBS/FCS)		All Other Men's Sports	Women's Basketball	All Other Women's Sports
% with job	8%	15%	21%	19%	18%	13%	17%
Ave Hrs for those w/job	6	8	8	8	8	8	7
Division II							
% with job	17%	24%	28%	35%	14%	37%	
Ave Hrs for those w/job	6	8	10	9	8	9	
Division III							
% with job	37%	42%	44%	42%	40%	48%	
Ave Hrs for those w/job	8	8	9	8	8	8	

Note: Green = Decrease of 5% or more in those with job from 2006;

Red = Increase of 5% or more in those with job from 2006

* Overall, average hours worked among those with job down from 8.6 to 8.1 hrs/week.

Percentage of Student-Athletes Who Say They are at Least Somewhat Dissatisfied with How Often They are Able to Visit Home / Family while at College (2010 Self-Report)

Division I Males							
	Track / XC	Basketball	Baseball	Soccer	Swimming	Football	
% Dissatisfied	24%	37%	31%	32%	34%	37%	31%
Division I Females							
	Track / XC	Basketball	Softball	Soccer	Swimming		
% Dissatisfied	26%	48%	36%	28%	46%		

Note: % represents participants endorsing lowest 2 scale points on a 5-point scale

Academic Experience

Feelings about Classes Taken by Division I Student-Athletes

**How do you feel about the classes that you have taken this year?
(% saying they enjoyed most or all)**

Baseball	Men's Basketball	Football		All Other Men's Sports	Women's Basketball	All Other Women's Sports
53%	60%	49%	55%	59%	66%	70%

**If you weren't a student-athlete would you have taken the same
classes this year?
(% saying definitely or probably would)**

Baseball	Men's Basketball	Football		All Other Men's Sports	Women's Basketball	All Other Women's Sports
76%	80%	72%	80%	83%	83%	89%

Note: For both items, % describes top two scale points on a 4-point scale

Division I Student-Athlete Self-Reported Reasons for Taking Current Classes

My coaches recommended I take these classes

Baseball	Men's Basketball	Football		All Other Men's Sports	Women's Basketball	All Other Women's Sports
14%	27%	17%	23%	12%	16%	6%

I took these classes primarily to stay eligible to compete

Baseball	Men's Basketball	Football		All Other Men's Sports	Women's Basketball	All Other Women's Sports
27%	31%	30%	30%	18%	24%	12%

I took these classes because they fit with my practice schedule

Baseball	Men's Basketball	Football		All Other Men's Sports	Women's Basketball	All Other Women's Sports
49%	44%	47%	49%	49%	45%	45%

Note: % endorsing agree or strongly agree on a 6-point scale

Division I Student-Athlete Self-Report of Issues with Taking Certain Classes

Have your coaches or others in the athletics department (e.g., athletics advisors) discouraged you from choosing certain classes?

	Baseball	Men's Basketball	Football		All Other Men's Sports	Women's Basketball	All Other Women's Sports
Once or more	33%	35%	43%	34%	34%	48%	44%

Has your athletics participation prevented you from taking classes that you wanted to take?

	Baseball	Men's Basketball	Football		All Other Men's Sports	Women's Basketball	All Other Women's Sports
Yes, but no regrets	42%	34%	36%	39%	40%	42%	49%
Yes and I regret	7%	8%	16%	11%	10%	17%	17%

Division I Student-Athlete Self-Report of Issues with Major Choice

(among those who have selected a major)

If you weren't a college athlete, would you still choose your current major?

	Baseball	Men's Basketball	Football		All Other Men's Sports	Women's Basketball	All Other Women's Sports
Probably / Definitely Not	16%	15%	16%	10%	7%	9%	7%

Has athletics participation prevented you from majoring in what you really want?

	Baseball	Men's Basketball	Football		All Other Men's Sports	Women's Basketball	All Other Women's Sports
Yes, but no regrets	24%	18%	20%	13%	11%	18%	13%
Yes and I regret	5%	6%	12%	5%	5%	7%	6%

Self-Identity among Division I Student-Athletes

Percentage of Student-Athletes with High <u>Athletic</u> Self-Identity						
Baseball	Men's Basketball	Football		All Other Men's Sports	Women's Basketball	All Other Women's Sports
87%	80%	79%	78%	79%	65%	78%

Percentage of Student-Athletes with High <u>Academic</u> Self-Identity						
Baseball	Men's Basketball	Football		All Other Men's Sports	Women's Basketball	All Other Women's Sports
51%	60%	61%	64%	62%	64%	77%

Note: % indicating an average scale score of 5 or higher on 6-point scale

How likely do you think it is that you will become a professional and/or Olympic athlete in your sport?
(% responding at least 'somewhat likely')

Division I						
Baseball	Men's Basketball	Football		All Other Men's Sports	Women's Basketball	All Other Women's Sports
60%	76%	58%	46%	37%	44%	16%
Division II						
43%	48%	41%	30%	25%	10%	
Division III						
19%	21%	15%	13%	5%	5%	

Note: Endorsement of top three scale points on 6-point scale

Social Experiences



Have your coaches or others in the athletics department ever discouraged you from participating in an extracurricular activity that interested you?

(% Responding Yes)

Division I					
Baseball	Men's Basketball	Football	All Other Men's Sports	Women's Basketball	All Other Women's Sports
17%	14%	21%	19%	18%	20%
Division II					
18%	14%	15%	19%	13%	18%
Division III					
19%	11%	13%	15%	11%	13%

Feelings of Belonging on Campus
 (% Responding Agree or Strongly Agree – Division I)

I see myself as part of the campus community...					
Baseball	Men's Basketball	Football	All Other Men's Sports	Women's Basketball	All Other Women's Sports
82%	87%	77%	85%	73%	86%
I have a sense of belonging to this campus...					
86%	86%	76%	87%	77%	90%

Note: Endorsement of top two scale points on 4-point scale

**Percent of Student-Athletes Reporting that All of their
 Closest Friends at this College are on their Team**
 (Most extreme option on 5-point scale)

Division I					
Baseball	Men's Basketball	Football	All Other Men's Sports	Women's Basketball	All Other Women's Sports
36%	19%	29%	27%	24%	29%
Division II					
36%	27%	26%	25%	29%	22%
Division III					
24%	16%	26%	16%	19%	16%

Effect of Athletics Participation on Social Experience

Athletics provides me a connection to this campus...*					
Baseball	Men's Basketball	Football	All Other Men's Sports	Women's Basketball	All Other Women's Sports
94%	92%	83%	91%	90%	94%
Being an athlete impacted my ability to fit in socially...**					
83%	85%	73%	81%	73%	80%

Note: *Endorsement of top two scale points on 4-point scale (strongly agree or agree)

**Endorsement of top two scale points on 6-point scale (greatly helped or somewhat helped)

Community Service with Athletics Team

(% Responding they had opportunities for community service with team)

Division I						
	Baseball	Men's Basketball	Football	All Other Men's Sports	Women's Basketball	All Other Women's Sports
	84%	88%	86%	76%	94%	83%
Division II						
	81%	88%	81%	72%	86%	76%
Division III						
	62%	81%	83%	62%	85%	66%

Comments from Current Student-Athletes



Student-Athlete Comments from GOALS

- In the 2010 version of GOALS, student-athletes were asked two open-ended questions:
 1. What has been the best part of your student-athlete experience so far?
 2. If you could change one thing about your student-athlete experience, what would it be?
- We have thematically coded these comments and are currently still analyzing for further insight.
- Numbers shown on the following pages represent the primary themes noted in the student-athlete comments.



**Primary theme endorsement in open ended question
“What has been the best part of your student-athlete
experience so far?”**

Division I Males							
	Track / XC	Basketball	Baseball	Soccer	Swimming	Football	
Social	20%	19%	27%	19%	30%	20%	21%
Team	24%	11%	16%	28%	35%	14%	15%
Sport	24%	40%	43%	33%	16%	38%	37%
Traveling	16%	11%	4%	5%	3%	4%	4%
Division I Females							
	Track / XC	Basketball	Softball	Soccer	Swimming	Crew	
Social	24%	25%	25%	30%	19%	14%	
Team	24%	21%	39%	37%	42%	40%	
Sport	23%	19%	16%	19%	22%	22%	
Traveling	13%	16%	8%	4%	2%	4%	

**Primary theme endorsement in open ended question “If
you could change one thing about your student-athlete
experience, what would it be?”**

Division I Males							
	Track / XC	Basketball	Baseball	Soccer	Swimming	Football	
Nothing	22%	24%	23%	16%	13%	14%	21%
School Choice	3%	4%	3%	3%	6%	5%	7%
Major/classes	2%	4%	4%	2%	1%	4%	1%
Work Ethic	13%	7%	8%	6%	9%	5%	11%
Coaches	4%	5%	7%	10%	18%	5%	3%
Time Demands	20%	17%	27%	27%	25%	31%	24%
Health	4%	4%	1%	3%	1%	1%	2%
Facilities	2%	3%	3%	2%	4%	1%	2%
Finances	9%	9%	3%	6%	12%	16%	10%
Success	4%	8%	7%	12%	1%	3%	4%

Primary theme endorsement in open ended question “If you could change one thing about your student-athlete experience, what would it be?”

Division I Females						
	Track / XC	Basketball	Softball	Soccer	Swimming	Crew
Nothing	12%	13%	10%	12%	12%	15%
School Choice	2%	5%	5%	6%	1%	1%
Major/classes	1%	4%	2%	1%	2%	1%
Work Ethic	7%	5%	5%	8%	5%	4%
Coaches	16%	11%	16%	12%	16%	14%
Time Demands	23%	25%	36%	30%	31%	44%
Health	8%	5%	5%	4%	2%	1%
Facilities	1%	1%	1%	3%	2%	1%
Finances	8%	2%	3%	4%	3%	1%
Success	5%	10%	3%	6%	2%	2%

Contact Information

- Todd Petr, NCAA Managing Director of Research
– tpetr@ncaa.org
- Tom Paskus, NCAA Principal Research Scientist
(Study Principal Investigator)
– tpaskus@ncaa.org
- Michael Miranda, NCAA Associate Director of
Research for Academic Policy and Administration
(Study Administrator)
– mmiranda@ncaa.org

