

NCAA BEACH VOLLEYBALL RULES MODIFICATIONS

Modifications to the Domestic Competition Regulations as Presented by USA Volleyball Beach Volleyball Rules

Note: Teams shall abide by all USA Volleyball Beach Rules unless stated below in the NCAA Beach Volleyball Rules Modifications.

RULE	MODIFICATION
<p>NCAA Definitions</p> <p>Modified 4/5/17</p>	<p><u>Definitions</u></p> <p>Team (overall):</p> <ol style="list-style-type: none"> a. All players representing a single institution; and b. Is composed of five pairs (two-players) who represent a single institution in an event. <p>Event:</p> <ol style="list-style-type: none"> a. <u>A tournament</u> that includes bracket play is an event in its entirety (i.e., conference tournament, NCAA tournament, etc.). b. <u>A dual</u> in which two teams, represented by five pairs, play each other is an event in its entirety. <ol style="list-style-type: none"> (1) Officially recognized as an NCAA Beach Volleyball match. (2) An event in which each pairs match result counts toward points to determine the result of the dual (a team win or a team loss). <p>Pairs:</p> <ol style="list-style-type: none"> a. A two-player team representing a single institution. b. Identified on the team's <i>NCAA Dual Match Lineup Form</i>, in order of ability. <p>NOTE: For regulations governing Pairs, reference section 4.1, <i>Composition and Registration</i>.</p> <p>Original Player:</p> <ol style="list-style-type: none"> a. A player whose <u>initial</u> entry to the team lineup is as one of the ten (10) players comprising the official team lineup (pairs 1-5) for the team's first countable contest of the season. <p>Alternate Player:</p> <ol style="list-style-type: none"> a. A player not having entered the team lineup as an original player. <ol style="list-style-type: none"> (1) Alternate player names must be submitted on the team's <i>NCAA Dual Match Lineup Form</i>, in the lower left section titled <i>Alternates</i>. (2) May compete at position 6, an exhibition match, which does not count for team's overall score and without losing their alternate player status. <p>NOTE: For regulations governing team lineups and player(s) movement(s), reference the <i>Team Lineups and Player Movement Regulations</i> section.</p> <p>Removed Player:</p> <ol style="list-style-type: none"> a. An original player who is removed from the team lineup, for any reason; and/or, b. An alternate player who initially enters the team lineup in position 1-5, is then moved up one position or down one position, and is subsequently removed from the team lineup (<u>see <i>Player Movement Regulations</i> section, 2.a. EXCEPTION</u>). <p>Thus, an alternate player COULD become a removed player, but a removed player WILL NEVER become an alternate player.</p>

	<p>NOTE: For regulations governing team lineups and player(s) movement(s), reference the <i>Team Lineups and Player Movement Regulations</i> section.</p>
1.2.4 COURTS	1.2.4 Grass courts are prohibited in NCAA competition.
1.2.6 COURTS	<p>1.2.6 <u>Number of Courts</u>: Two courts are required, three recommended to conduct an NCAA Team Match. If a match needs to be moved indoors to accommodate inclement weather, it may be played on one court, if there is only one court available.</p> <p><u>Adjacent Courts</u>: When building courts side by side, it is recommended that the free space be six meters. If adjacent courts are situated end line to end line, the recommendation is 9 meters of free space.</p> <p><u>Playing Surface</u>: If the beach courts are man-made, it is recommended that the sand be washed, screened and clean, round, sub-round or sub-angular in shape, and intermediate in sizing, at least 18 inches deep on the court and at least 12 inches deep in the free space. The sand should drain adequately for the site, a general guideline being 30 minutes from weather incident. If the courts are outdoors, the whiter the sand the more it will reduce relative heat gain. It is recommended that schools allow volleyball athletes to evaluate the sand prior to purchase.</p> <p><u>Net System</u>: In permanent court setups, it is recommended that the poles anchoring the nets be free from guide wires and that the poles be padded.</p> <p>Note: Many Beach Volleyball courts will be built to accommodate both doubles play (16m x 8 m court) and fours or sixes (18m x 9 m court). Buried line anchors for two sets of lines can be placed at the corners of the court, but only one set of lines should be visible during play.</p>
1.5 WEATHER	<p>The weather must not present any danger of injury to the players.</p> <p><i>Inclement weather.</i> Collegiate beach volleyball is an outdoor sport. Matches shall be played outdoors unless weather or court conditions threaten the health and safety of student-athletes. In the event of inclement weather, a team match shall be conducted indoors provided a regulation beach volleyball court(s) is available.</p> <p><i>1.5.1 Determining playable outdoor weather conditions.</i> When on site within one hour before game time, the coaches of both teams and/or the on-site administrator shall decide whether a game shall not be started because of unsatisfactory conditions of weather or competition court.</p> <p>Note: Guidelines for inclement weather conditions are outlined in the <u>NCAA Sports Medicine Handbook</u> under <i>Lightning Safety and Cold Stress and Cold Exposure</i>.</p> <p><i>1.5.2 Decision to suspend play.</i> Should bad weather or unfit conditions exist during a match, the referee shall be the final judge as to the suspension, resumption or termination of play.</p> <p>If play is suspended due to weather conditions, it is suggested that play resume as soon as conditions allow.</p> <p>If a postponed match can be scheduled within a 48 hour period, the match shall resume at the point of suspension. Otherwise, the match is not replayed or continued at a later date unless both coaches agree to do so or unless conference rules dictate otherwise.</p>
2.1 NET	2.1 The net is 8.5 m (27'10 1/2") long and 1 m (39") +/- 3 cm (+-11/8") wide when it is hung taut, placed vertically over the axis of the center of the court. It is made of 10 cm (4") square mesh. At its top and bottom there are two 7-10 cm (2 1/2-4") wide horizontal bands made of two-fold canvas, preferably in dark blue or bright colors, sewn along its full length. Each extremity of the upper band has a hole through which passes a cord fastening the upper band to the posts to keep the top of the net stretched. Within the bands, there are: a flexible cable in the upper one and a cord in the bottom one for

	<p>fastening the net to the posts and keeping its top and bottom taut. It is permissible to have advertising on the horizontal bands of the net.</p> <p>Note: At the prerogative of the host institution, advertising (print or decal) may be placed on the top tape, top net sleeve, bottom tape and/or tape outside the antenna. Institutional logos and NCAA logo are also permitted. During NCAA championship events, commercial advertising is prohibited.</p>
2.3 SIDE BANDS	<p>2.3 Two color bands, 5-8 cm (2-31/8") wide (same width as the court lines) and 1 m (39") long, are fastened vertically to the net and placed above each sideline. They are considered part of the net. Advertising is permitted on the side bands.</p> <p>Note: At the prerogative of the host institution, advertising (print or decal) may be placed on the top tape, top net sleeve, bottom tape and/or tape outside the antenna. Institutional logos and NCAA logo are also permitted. During NCAA championship events, commercial advertising is prohibited.</p> <p>Vertical tape markers are optional. If used, bands of white material 5 centimeters (2 inches) wide and 1 meter (39 inches) in length are fastened to the net at each end, over and perpendicular to each sideline and the center line. Vertical tape side markers are part of the net. If vertical tape markers are used, logos, markings and advertising are permitted.</p>
2.5 POSTS	<p>2.5 Posts</p> <p>The posts supporting the net may be placed at an upright spread of 36'-37' to accommodate both collegiate beach doubles play and recreational play. If courts are built only for beach doubles play, the posts should be between 27½" – 39" from the side line.</p>
4.1 COMPOSITION AND REGISTRATION	<p>4.1.1 A team is composed of five doubles (two-player) teams.</p> <p>4.1.1 A Coach and no more than one Assistant Coach are permitted to participate in the match to promote athletic development.</p> <p>Only five doubles teams count in the scoring of a match, either a dual or a tournament. Others may participate in exhibition matches or brackets but their points do not count toward the team score for determining the winner of a competition.</p> <p>Only the two players recorded on the scoresheet may participate in that doubles match.</p>
4.1.4 NCAA MATCH STANDARDS	<p><i>Coaching is permitted under the following guidelines, Coaches:</i></p> <p>4.1.4.1 <i>must be identified as a coach and dress professionally, in shirt and shorts as a minimum requirement.</i></p> <p>4.1.4.2 <i>may not address the officials or attempt to influence their decisions at any time.</i></p> <p>4.1.4.3 <i>may perform drills with their team on court prior to their official warm up.</i></p> <p>4.1.4.4 <i>must leave the playing court at the start of the official timed warm up and may only instruct from the sideline during the shared team warm up.</i></p> <p>4.1.4.5 <i>may not give instructions during play, may give instruction only during all time outs, side changes and between sets.</i></p> <p>4.1.4.6 while coaching a specific match, <i>must remain in the players area during the entire match and will switch sides with their team.</i></p> <p>4.1.4.8 <i>are subject to sanction for delay of the match, coaching from the sideline, or inappropriate behavior.</i></p>
4.2	<p><u>Location of Participants</u></p> <p>The players' chairs must be at least 3 meters (9'10") from the sideline. If two courts are side-by-side, the participant chairs shall be placed on the outside of each court. If multiple courts are placed side-by-side, the participant chairs shall be placed in the end zone free space unless there is at least 6 meters of free space between the courts. Participant chairs may be removed during play and only used during breaks if necessitated by space constraints.</p>

<p>4.3 PLAYERS' EQUIPMENT</p>	<p>4.3 A player's equipment consists of shorts with at least a one-inch inseam. A jersey or "tank-top" is required. Players may wear a hat.</p> <p>NCAA: When engaged in competition, each competitor must wear an official team uniform with components governed by these rules or be subject to disqualification. Wearing any part of the official team uniform illegally (i.e., top off or intentionally shortened, shoulder straps lowered) while in the area of competition shall lead to a warning by the official that repeated violations may result in disciplinary action. A report of uncorrected violations shall be made to the referee and offending competitor's coach. The referee will submit a NCAA Incident Report within 48 hours of the completion of the match in which the violation occurred.</p> <ol style="list-style-type: none"> a. A uniform consists of two school-issued components—shorts and a top. A one-piece body suit is acceptable as a combination of the two components. Any outer garment (i.e. sweatpants) that is school-issued becomes the official uniform, when worn. b. The uniform must be of a material and design deemed to not be objectionable or offensive by the athletics department of the issuing institution. c. The uniform top must, by design and size, cover the full length of the torso, meeting or hanging below the waistband of the bottoms, while the competitor is standing. d. Additional visible clothing is an undergarment. It must be worn under the uniform and be of a solid color. <p>In addition to 4.3 the following will apply:</p> <ol style="list-style-type: none"> a. All players from a school should be dressed in similar school uniforms so that they are readily recognizable across the venue. All players should be in matching jersey tops (sleeve length may vary, but color must be the same). Tops must cover the midriff when players are still. All players should be in identical colored shorts/capris (length may vary). b. The two members of a doubles team on court together must be dressed identically in all respects (i.e., length of sleeves, length and type of bottom). All tops worn during competition must be legally numbered, using only 1, 2, 3, 4, 5 combinations. <p><u>Penalty:</u> Prior to the first serve if teams are not in the proper uniform the match may be forfeited.</p> <ol style="list-style-type: none"> c. Personal Items: <ol style="list-style-type: none"> (1) "Personal/Cold-Weather" clothing may be worn in conjunction with the uniform. Outer wear, if worn on court, should be of school issue and color, and must display player number. (2) Undergarments should fit snugly under the team uniform. Dark or neutral colors only. (3) Hats, visors, sunglasses and sand-socks are considered optional personal items. Hats or visors should be of school issue and color. (4) No display of any advertisement, slogan, etc. is allowed on any personal item at any time. <p>Logo Policy</p> <p>An institution's official uniform and all other items of apparel (e.g., socks, headbands, T-shirts, wristbands, visors or hats, swim caps and towels) that are worn by student-athletes in competition, practice and official championship functions may bear a single manufacturer's or distributor's normal trademark, not to exceed 2¼ square inches, including any additional material (e.g., patch) surrounding the normal trademark or logo. The logo or trademark must be contained within a four-sided geometrical figure (i.e., rectangle, square, parallelogram).</p>
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	<p>In addition, an institution’s official uniform cannot bear a design element similar to the manufacturer’s that is in addition to another logo or that is contrary to the size restriction. These restrictions apply to all apparel worn by student-athletes during the conduct of competition, which includes any practice, pregame or postgame activities.</p> <p>The logo restrictions on student-athletes’ apparel set forth in Bylaw 12.5.4 shall apply during NCAA championships to all personnel (e.g., coaches, trainers, managers) who are on the team bench for practices and games or who participate in NCAA news conferences. Please note that contracts between institutions and apparel manufacturers or distributors that include logo specifications may be honored, provided such contracts were in effect before August 11, 1998. The logo restrictions on student-athletes’ apparel set forth in 12.5.4 shall apply to commercial logos on uniforms worn by band members, cheerleaders, dance team members and the institution’s mascot during NCAA championship events.</p>
4.3.3	<p>4.3.3.1 Player’s jerseys must be numbered on the front and back of the jersey.</p> <p>4.3.3.2 A player number with Arabic numerals.</p> <ul style="list-style-type: none"> a. Each team member’s game jersey shall be numbered on the front and back. The number shall be centered on the back of the jersey. In the front, the number must be either centered or placed on one shoulder with the top of the number no more than 5 inches down from the shoulder seam. b. The following numbers are legal: 1, 2, 3, 4, 5, 10, 11, 12, 13, 14, 15, 20, 21, 22, 23, 24, 25, 30, 31, 32, 33, 34, 35, 40, 41, 42, 43, 44, 45, 50, 51, 52, 53, 54, and 55. c. The number shall be at least 6 inches high on the back and at least 4 inches high on the front and not less than 1-inch wide. d. Duplicate numbers are not permitted to be worn by members of the same team. e. The number shall be one single solid color that contrasts the jersey color and may be bordered by no more than a ½-inch border of any color(s).
5.1 CAPTAIN	<p>The team captain shall be indicated on the scoresheet. There shall be a captain designated for each doubles team.</p>
6.3	<p><u>To Win a Match</u></p> <p>6.3.1 A doubles team match is won by the doubles team that wins two sets.</p> <p>6.3.2 In case of a 1-1 tie, the deciding set (the 3rd) is played to 15 points with a minimum lead of 2 points.</p> <p>6.3.3 Dual Team Matches. The format is five best-of-three set doubles matches. Each doubles match is worth one point. The team dual is won by the team that wins the majority of doubles matches (i.e. best 3 of 5 doubles matches). Three or more points are required to win a team match.</p> <ul style="list-style-type: none"> 6.3.3.1 All doubles matches should be played to completion, unless there are extenuating circumstances. 6.3.3.2 An unfinished match will be treated as a default by the withdrawing team, unless the decision not to finish is mutually made by both coaches. <p>6.3.4 For a tournament to count toward the sport sponsorship minimum, a school must field five doubles teams. All schools in the tournament do not need to field five teams, but only those schools fielding five teams may count the dates toward minimum requirements. Those schools fielding less than five teams must still count all dates of the tournament toward the maximum requirement. (Per NCAA bylaw 20.9.6.3)</p>
19.1	<p>19.1- Sportsmanlike Conduct- Both Players and Coaches</p> <p>19.1.1 Participants must know the Beach Volleyball Domestic Competition Regulations and the NCAA modifications and abide by them.</p> <p>19.1.2 Participants must accept referees’ decision with respectful conduct, without disputing them. In case of doubt, clarification may be requested.</p> <p>19.1.2.1 Either player may make this request.</p>
20	<p><u>Coaching</u></p> <ul style="list-style-type: none"> a. <i>When coaching is allowed.</i> Coaches shall be designated before the doubles matches and listed on the lineup sheet. A coach may not interfere with play or

	<p>coach verbally or by signaling during other times than specified above. Use of electronic communication devices (e.g. walkie-talkies and cell phones) is prohibited.</p> <p>b. <i>Penalties for inappropriate coaching.</i></p> <ol style="list-style-type: none"> (1) Language between rallies that involves instructional content is subject to sanction by the referee (First instance = verbal reminder; Second instance = Yellow card; Third instance = Red card, loss of rally and a point for the opponent). (2) Language during a rally that offers instructional content or that might affect the rally in play is immediately sanctioned (First instance = Yellow; Second instance = Red). (3) Coaches are <u>NOT</u> allowed to interact directly with the officials during a match (First instance = Yellow; Second instance = Red). (4) <i>Captains</i> should know that they have the right to occasionally ask referees for explanations of decisions, or clarifications of rules. <p>c. <i>Who may coach? Two coaches, plus one coach designated by the institution as a volunteer per Bylaw 11.7.6.2.3, may be active during an event.</i></p> <p>d. <i>Conversations of coach with opposing player banned.</i> A coach shall not initiate a conversation with the opposing player or in any way get involved with an on-court problem, except at the request of the referee, or the player or the coach of the player involved. At no time should a player initiate a conversation with an opposing coach. Violations of these provisions by the coach are subject to misconduct.</p>
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**TEAM LINEUPS and
PLAYER MOVEMENT
REGULATIONS**

Modified 4/5/17

Team Lineups
The team's completed *Dual Match Lineup Form* (team lineup) should be submitted to the Head Referee one hour before the start of play, or 15 minutes before the start of the next dual, if playing back-to-back duals, at which time, the lineup is official.

Coaches are responsible to position their pairs (positions 1-5) in order of ability for ALL matches from the first match of the season to the last match of the season. Within this guideline:

- a. Player movement within the team lineup is restricted to one position up or down from one event to another.

Examples:

- (1) A player currently listed in a 3 position may be moved up one position in the lineup to a 2 position, or may be moved down one position in the lineup to a 4 position.
- (2) A player currently listed in a 1 position may be moved down one position in the lineup to 2 position.

- b. Changes to the official lineup must be reported immediately to the Head Referee. The Head Referee will share the lineup changes with the opponent's head coach as soon as possible.
 - (1) For purposes of lineup changes, a dual, a tournament that includes bracket play, and a bracketed pair's tournament are different events, even if played on the same day or at the same site on simultaneous days.
 - (2) A coach may make lineup changes from one event to another as long as they stay within the one position parameter for moving players.

Player Movement Regulations:
A player may initially enter the team lineup in one of two (2) ways:

1. **As an original player.**

Furthermore, an original player who is removed from the team lineup:

	<p>a. Is immediately added to the <i>Removed Players</i> section located on the bottom right of the team's <i>NCAA Dual Match Lineup Form</i>, and</p> <p>b. May ONLY re-enter the team lineup into the position which she last played. She may be moved from there in subsequent matches (see <i>a.</i> in <i>Team Lineups</i> section above).</p> <p>2. From the alternate player list.</p> <p>An alternate may <u>initially</u> enter the lineup in any position, 1-5.</p> <p>Furthermore, <u>an alternate player who is removed from the team lineup:</u></p> <p>a. Is returned to the <i>Alternate Players</i> list, thus retaining the status of alternate player.</p> <p><i>EXCEPTION: an alternate player who initially enters the team lineup in position 1-5, is then;</i></p> <p><i>(1) moved up one position, in the case of initial entry into positions 2-5, or</i></p> <p><i>(2) moved down one position, in the case of initial entry into positions 1-4, and is subsequently removed from the team lineup. In these cases, if/when this player is removed from the team lineup, she loses her alternate player status, is now considered a Removed Player, and is subject to the re-entry guidelines in 1.b immediately above.</i></p> <p>b. Is then limited to returning to the team lineup in either of the following two scenarios:</p> <p>(1) She may return to the position into which she last played, and may be moved from there in subsequent matches (<u>see EXCEPTION above</u>); or</p> <p>(2) She may return in the five (5) position, and may be moved from there in subsequent matches (<u>see EXCEPTION above</u>).</p>
21.1 COMPOSITION	<p>One referee required.</p> <p>Players from non-competing teams may keep score, serve as a line judge or serve as the second referee.</p>