

#	Type of Equipment	Primary Function	Performance enhancing?	Location of equipment matter?	Approved?	Comments
1	Airex Balance pads	Balance; core strength; rehab equipment	Potentially	Yes	See Comments	If for Rehab/Recovery/Injury Prevention
2	Anti-Gravity Treadmill/Treadmill/Stairmaster/Stationary Bike/Upper arm bike/Spin Bike/Elliptical/Keiser Total Body Trainer	Cardio; strength; Recovery machines. May depend on where they are located (training room vs. weight room).	Potentially	Yes	See Comments	If for Rehab/Recovery/Injury Prevention
3	Biodex Isokinetic Dynamometer	Testing tool for rehab (ex. SA recovering from ACL reconstruction)	No	N/A	Yes	
4	Body board	Floatation device for swimming exercises for recovery	No	N/A	Yes	
5	Bone densitometer	Primarily for stress fracture identification (injury diagnosis)	No	N/A	Yes	
6	Catapult	Heart rate monitoring system; diagnostic information that allows coaches/strength/AT staff to monitor workouts and help prevent overexertion	No	N/A	Yes	
7	Cold water plunge pool/Cryotherm Whirlpools/Hydrotherapy pool/Cryogenic chamber/Whirlpool/Whirlpool Motor	Rehabilitation/recovery	No	N/A	Yes	
8	Compression Unit	Rehabilitation/recovery	No	N/A	Yes	
9	CSMI Injury Software	EMR (Electronic Medical Records); Provides accurate records that can be passed along to future doctors; direct benefit to S.A.s and staff	No	N/A		Benefiting athletic trainer or administrator more?
10	Cybox Ultra3000 Servo and Rockwell Motor	rehab if located in training room; performance if located in weight room	Potentially	Yes	See Comments	If for Rehab/Recovery/Injury Prevention
11	Dexa Total Body Composition (Body Fat & Bone Density) Scanning Machine	Measure body fat and bone density - injury prevention	No	N/A	Yes	
12	Dorsa VI/Cable free motion machine	Rehab if located in the training room; Performance if located in the weight room	Potentially	Yes	See Comments	If for Rehab/Recovery/Injury Prevention
13	Dumbbells	Rehab if located in the training room; Performance if located in the weight room	Potentially	Yes	See Comments	If for Rehab/Recovery/Injury Prevention
14	Dynavision	Vision rehab	No	N/A	Yes	
15	Elite Seat	knee extension device, primarily used for rehabilitation following ACL injury/surgery	No	N/A	Yes	
16	E-Stim	Training modality injury treatment	No	N/A	Yes	
17	Exam Lights	Surgical light for doctors to do suturing in training rooms	No	N/A	Yes	
18	Free Motion Cable Cross Machine	Weight Room piece of equipment - unsure how this is related to a training room	Potentially	Yes	See Comments	If for Rehab/Recovery/Injury Prevention
19	Game Ready System	Cooling and compression unit for treating injuries	No	N/A	Yes	
20	Graston Technique (GT - 1)	Deep tissue massaging tools used for soft tissue injury management	No	N/A	Yes	
21	Hamstring Testing Unit	Would serve the training room in the weight room - can determine hamstring strength to better plan rehab	Potentially	Yes	See Comments	If for Rehab/Recovery/Injury Prevention
22	HUMAC NORM Extremity System	allows for isometric and isokinetic testing of mobility, stability, etc.... through resistance and range of motion movements (knee, shoulder, wrist, elbow, ankle, etc....)	No	N/A	Yes	
23	Hydration Station	Water pumping system for fields - instead of using water bottles for hydration	No	N/A	Yes	
24	Hyperice Raptor	deep tissue massage system used pre and post workout for recovery	No	N/A	Yes	
25	Hydrocollators	Hot packs used for treatment and rehab	No	N/A	Yes	
26	Ice Machines/Freezer/Refrigerator	Ice machines used for treatment and rehab; Freezer/Fridge to store nutritional supplements, food and drink	No	N/A	Yes	
27	Iontophoresis Unit	Treatment and rehab unit	No	N/A	Yes	
28	Ivamat 200	Hivamat 200 - Treatment unit	No	N/A	Yes	
29	Keiser Hydraulic Pulley	Rehab device	No	N/A	Yes	
30	LightForce Therapeutic Laser/Laser Class IV	Treatment unit	No	N/A	Yes	
31	MarcPro Stimulation/Compex Electric Muscle Stimulators/Dynatronics X-5 Plus/Oscillation Unit	Treatment and rehab units	No	N/A	Yes	
32	Massage tools	Same as #20	No	N/A	Yes	
33	Mat Platform	Rehab device	No	N/A	Yes	
34	Medicine balls/Bosu Balance Trainer	Rehab device	No	N/A	Yes	
35	Modality cart/Utility Cart	Cart to put stim and rehab units on	No	N/A	Yes	
36	Normatec Recovery System	Compression gear for rehab and recovery	No	N/A	Yes	
37	Polar Pro heart monitors	Same as #6 - Heart Rate Monitor	No	N/A	Yes	
38	PTS BFR tourniquet	Rehab device	No	N/A	Yes	
39	Pulse Pro leg recovery system	Compressed air massages your limbs, mobilize fluid, and speed recover	No	N/A	Yes	
40	Recover Pumps	Same as #36	No	N/A	Yes	
41	Recovery Boot	Same as #36	No	N/A	Yes	
42	Recovery mini-bands	Stretch bands for recovery, pre- post- practice and game	No	N/A	Yes	
43	Shuttle MVP Elite rehab machine	Rehab	No	N/A	Yes	
44	Taping table/Treatment Table/Split leg table/Rehab Bench	Training room equipment for treatments	No	N/A	Yes	
45	ThermoFlow Max	Cramer ThermoFlo Max Hydration Unit; water cart	No	N/A	Yes	
46	Thumper massage units	Soft tissue massaging unit used for treatments	No	N/A	Yes	
47	Ultrasounds with EMG and cart	Treatment motility	No	N/A	Yes	
48	Urine Refractometer	Drug testing unit; measures hydration	No	N/A	Yes	
49	Vibeplates 3048	recovery if located in sports med area; performance if located in weight room	Potentially	Yes	See Comments	If for Rehab/Recovery/Injury Prevention
50	Web Slide Exercise Rail System	Rehab tool	No	N/A	Yes	