NCAA Study of Substance Use Habits of College Student-Athletes

Questionnaire Cumulative Results

Presented to:
The National Collegiate Athletic Association Committee on Competitive Safeguards and Medical Aspects of Sports
January 2006

by:
The NCAA Research Staff
STUDENT-ATHLETE QUESTIONNAIRE

This questionnaire is part of a nationwide study of college student-athletes. The questions ask about your opinions and experiences with alcohol and other drugs.

If this study is to be helpful, it is important that you answer each question thoughtfully and honestly. If you find a question that you feel you cannot answer honestly, we would prefer that you leave it blank. **All your answers will be kept strictly confidential and anonymous.** Only the researchers will see the completed questionnaires. Also, only national questionnaire results will be reported -- no individual athlete, team, or school results. **It will be impossible for anyone to identify your answers.**

Your participation in this study is voluntary. You can omit answers to any question or discontinue your participation in the study at any time without penalty. Your voluntary completion of this questionnaire constitutes your informed consent to participate in the study.

Be sure to read the instructions carefully before you begin. If you have any questions, ask the individual administering the survey. Thank you for your help in this important national study.
SECTION 1 – Institutional and Background Information

The following section of questions asks for information about your college athletic and academic career.

1. What is your school’s NCAA Division?
   - I-A: 33.8%
   - II: 6.6%
   - I-AA: 3.7%
   - I-AAA: 2.9%

2. What year of eligibility are you in? (Mark one)
   - First year: 36.9%
   - Second year: 25.4%
   - Third year: 21.3%
   - Fourth year: 13.8%
   - Fifth year: 2.6%

3. On a 4.0 grading scale what is your overall college grade point average? (Mark one)
   - 3.0-4.0: 58.0%
   - 2.0-2.9: 40.5%
   - 1.0-1.9: 1.3%
   - 0-0.9: 0.1%

   (If you are a freshman, what was your overall high school grade point average?) ________

4. In which sports do you participate? (Check all that apply)

   **Men**          **Women**
   - Baseball: 11.3  Basketball: 6.8
   - Basketball: 6.5  Bowling: 0.0
   - Cross Country: 2.9  Cross Country: 3.5
   - Fencing: 0.1  Fencing: 0.0
   - Football: 19.0  Field Hockey: 1.7
   - Golf: 2.1  Golf: 1.3
   - Gymnastics: 0.0  Gymnastics: 0.5
   - Ice Hockey: 1.7  Ice Hockey: 0.2
   - Lacrosse: 2.3  Lacrosse: 2.3
   - Rifle: 0.0  Rowing: 0.0
   - Skiing: 0.0  Skiing: 0.1
   - Soccer: 6.2  Soccer: 6.4
   - Swimming/Diving: 2.0  Softball: 5.1
   - Tennis: 1.9  Swimming/Diving: 3.4
   - Track and field, Indoor: 4.6  Tennis: 2.6
   - Track and field, Outdoor: 5.1  Track and field, Indoor: 5.5
   - Volleyball: 0.1  Track and field, Outdoor: 5.9
   - Water Polo: 0.2  Volleyball: 4.3
   - Wrestling: 3.0  Water Polo: 0.0

The following questions ask background information about you. We are asking these questions so that we can better compare college athletes to other college students.

1. How old are you? _______ years
   - 17 years: 0.1%
   - 18 years: 18.0%
   - 19 years: 21%
   - 20 years: 7.7%
   - 21 years: 2.6%
   - 22 years: 1.9%
   - 23 years: 23%
   - 24 years or above: 1.0%
   - Not answered or answer out of range: 0.7%

2. What is your gender? (Mark one)
   - Female: 38.7%
   - Male: 61.3%
3. What is your ethnicity? (Mark one)
   - 0.8 American Indian/Alaskan Native
   - 2.0 Asian/Pacific Islander
   - 14.3 Black, Non-Hispanic
   - 4.0 Hispanic
   - 75.6 White, Non-Hispanic
   - 3.2 Other

4. Where do you live now? (Mark one)
   - 57.1 Residence Hall
   - 1.2 Fraternity/Sorority house
   - 36.3 Apartment/house (other than a fraternity/sorority)
   - 4.3 Parent's Home
   - 1.1 Other

5. Does your college or university have a drug testing program for student-athletes? (separate from NCAA drug testing program)
   - 41.2 No —> Go to Question 9
   - 58.8 Yes

6. Have you ever been tested in your college’s drug testing program?
   - 68.3 No
   - 31.7 Yes

7. To your knowledge, have other members of your team been tested in your college’s drug testing program?
   - 35.6 No
   - 64.4 Yes

8. Has the possibility of drug testing by your college discouraged you from using banned substances?
   - 11.1 No
   - 30.6 Yes
   - 58.3 I would not have used banned substances regardless

9. To your knowledge, has the NCAA conducted drug testing on student athletes at your college (separate from your college’s drug testing program)?
   - 45.8 No —> Go to Section 2
   - 54.2 Yes

10. Has the possibility of drug testing by the NCAA discouraged you from using banned substances?
    - 9.6 No
    - 31.0 Yes
    - 59.4 I would not have used banned substances regardless

11. Have you ever been tested by the NCAA drug testing program?
    - 72.9 No
    - 20.8 Yes

12. Do you know anyone who has been drug tested by the NCAA?
    - 35.0 No
    - 65.0 Yes

13. Have you ever been tested by a national or international sports governing body drug testing program (not the NCAA)?
    - 92.6 No
    - 7.4 Yes
14. There has been a lot of discussion about whether athletes should be physically tested for drug use. Do you agree or disagree with the following?

(Mark one for each line)  
<table>
<thead>
<tr>
<th>Agree</th>
<th>Disagree</th>
<th>No Opinion</th>
</tr>
</thead>
<tbody>
<tr>
<td>a. All professional athletes should be tested.</td>
<td>78.0</td>
<td>11.1</td>
</tr>
<tr>
<td>b. All Olympic athletes should be tested.</td>
<td>89.3</td>
<td>4.5</td>
</tr>
<tr>
<td>c. All college athletes should be tested by their school.</td>
<td>58.7</td>
<td>24.2</td>
</tr>
<tr>
<td>d. All college athletes should be tested by the NCAA.</td>
<td>63.7</td>
<td>20.8</td>
</tr>
<tr>
<td>e. Drug testing by individual colleges has deterred college athletes from using drugs.</td>
<td>54.6</td>
<td>22.1</td>
</tr>
<tr>
<td>f. Drug testing by the NCAA has deterred college athletes from using drugs.</td>
<td>60.3</td>
<td>20.8</td>
</tr>
<tr>
<td>g. Imposing team penalties (such as disqualification of an entire team when a member tests positive for banned drugs) would be fair and appropriate.</td>
<td>43.7</td>
<td>43.8</td>
</tr>
</tbody>
</table>

SECTION 2

The following questions are about ANABOLIC STEROIDS (Not purchased over the counter as nutritional supplements).

Examples: boldenone  nandrolone  stanozolol  testosterone

1. When, if ever, did you start using anabolic steroids? (Mark one)
   - 97.9 Have never used
   - 0.8 High school
   - 0.2 Before junior high
   - 0.3 Freshman year of college
   - 0.1 Junior high
   - 0.6 After freshman year of college

2. Have you recently used any anabolic steroids? (Mark one)
   - 0.5 Yes, in the last month
   - 0.7 Yes, in the last 12 months.
   - 98.8 No —> Go to Question 7

3. What is the ONE MAIN REASON you use anabolic steroids? (Mark one)
   - 18.9 For a sports-related injury or illness
   - 6.3 To prevent injury
   - 7.7 For a non-sports related injury or illness
   - 12.2 To improve physical appearance
   - 44.4 To improve athletic performance
   - 10.6 For weight loss/weight gain

4. Where do you get your anabolic steroids? (Mark all that apply)
   - 7.3 Coach
   - 10.5 Teammate or other athlete
   - 13.9 Internet
   - 5.6 Athletic Trainer
   - 17.4 Friend or family
   - 12.1 Retail store
   - 4.9 Team physician
   - 3.4 Pro scout or agent
   - 3.9 Magazine or catalogue
   - 8.3 Other physician
   - 2.2 Strength coach
   - 23.3 Other
   - 2.0 Dietician

5. During the competitive season of your sport, do you use anabolic steroids more or less than during the off-season? (Mark one)
   - 71.7 I don't use anabolic steroids during the competitive season
   - 10.2 Less during the competitive season
   - 13.7 No difference between competitive season and off-season
   - 4.4 More during the competitive season

6. Do the members of your coaching staff know you use anabolic steroids? (Mark one)
   - 24.1 I'm certain they know
   - 29.3 I'm not sure if they know or not
   - 46.6 I'm certain they don't know
7. If you have never used or have stopped using anabolic steroids, mark the ONE MAIN REASON why.

- 35.3 Concerned about what it might do to my health
- 19.3 Against my beliefs
- 0.4 Others would disapprove
- 0.7 Hard to get
- 0.1 Had a bad experience with it
- 0.2 Didn't get the desired effects
- 2.1 Afraid of the consequences of being caught
- 2.2 Don't like it
- 0.2 Coach's rules

- 23.7 No desire to experience the effects
- 6.2 Illegal
- 1.2 Costs too much
- 0.6 Hurt my athletic performance
- 0.3 Afraid of becoming addicted
- 2.3 Fear of losing my eligibility
- 5.1 Other

8. Which of the following other substances, if any, have you used in the last 12 months: (Mark all that apply)

- 1.2 Human growth hormone
- 0.2 Human chorionic gonadotrophin (HCG)
- 0.3 Epitestosterone
- 0.3 Clenbuterol
- 0.1 Erythropoietin (EPO)
- 0.2 GHB (gamma hydroxybutyrate)
- 0.5 THG (tetrahydrogestrinone)

SECTION 3

The following questions are about Ephedrine (Ephedra or Ma Huang).

1. When, if ever, did you start using Ephedrine? (Mark one)

- 90.7 Have never used
- 6.2 High school
- 0.2 Before junior high
- 1.5 Freshman year of college
- 0.4 Junior high
- 1.0 After freshman year of college

2. Have you recently used any Ephedrine? (Mark one)

- 0.8 Yes, in the last month
- 1.7 Yes, in the last 12 months.
- 97.5 No —> Go to Question 7

3. What is the ONE MAIN REASON you use Ephedrine? (Mark one)

- 14.4 For health reasons in general
- 5.9 To recover from any injury or illness
- 10.1 To improve physical appearance
- 27.3 To improve athletic performance
- 37.6 For weight loss

4. Where do you get your Ephedrine? (Mark all that apply)

- 6.4 Coach
- 1.6 Other physician
- 8.2 Nutritionist/dietician
- 3.8 Athletic Trainer
- 5.5 Teammate or other athlete
- 6.0 Internet
- 2.7 Team physician
- 8.6 Friend or family
- 2.4 Magazine or catalogue
- 1.3 Strength coach
- 0.9 Pro scout or agent
- 56.0 Retail Store
- 8.4 Other

5. During the competitive season of your sport, do you use Ephedrine more or less than during the off-season? (Mark one)

- 63.6 I don't use Ephedrine during the competitive season
- 11.4 Less during the competitive season
- 15.8 No difference between competitive season and off-season
- 9.3 More during the competitive season

6. Do the members of your coaching staff know you use Ephedrine? (Mark one)

- 12.9 I'm certain they know
- 29.9 I'm not sure if they know or not
- 57.2 I'm certain they don't know
7. If you have never used or have stopped using Ephedrine, mark the **ONE MAIN REASON why**.

- 38.9 Concerned about what it might do to my health
- 16.2 Against my beliefs
- 0.3 Others would disapprove
- 0.7 Hard to get
- 0.5 Had a bad experience with it
- 0.6 Didn't get the desired effects
- 1.1 Afraid of the consequences of being caught
- 2.9 Don't like it
- 0.2 Coach's rules
- 23.8 No desire to experience the effects
- 5.4 Illegal
- 0.6 Costs too much
- 0.7 Hurt my athletic performance
- 0.2 Afraid of becoming addicted
- 1.8 Fear of losing my eligibility
- 6.1 Other

8. Which of the following are your sources of information for taking Ephedrine: **(Mark all that apply)**

- 22.5 Nutritionist/dietician
- 15.9 Coach
- 23.5 Athletic trainer
- 7.2 Strength coach
- 11.2 Teammate or other athlete
- 4.7 Team physician
- 7.4 Other physician
- 12.3 Parent
- 17.2 Friend
- 21.8 Internet
- 32.4 Other

**SECTION 4**

The following questions are about **NUTRITIONAL/DIETARY SUPPLEMENTS (other than Ephedrine)**.

**Examples:** Amino acids, creatine, DHEA, Andro or Norandro products, thermogenics, chromium, protein products

1. When, if ever, did you start using nutritional supplements/dietary supplements? **(Mark one)**

- 56.2 Have never used
- 1.4 Before junior high
- 2.6 Junior high
- 28.9 High school
- 6.5 Freshman year of college
- 4.3 After freshman year of college

2. Have you recently used any nutritional supplements/dietary supplements (excluding multi-vitamins): **(Mark one)**

- 69.7 No —> Go to Question 7
- 16.4 Yes, in the last 12 months
- 13.9 Yes, in the last month —> Please check all that currently apply:

  - 20.4 Amino acids
  - 39.6 Creatine
  - 1.2 DHEA
  - 3.5 Andro or norandro products
  - 1.9 HMB
  - 5.1 Thermogenics (weight loss)
  - 1.6 Chromium
  - 70.4 Protein products
  - 2.4 Sexual Performance Enhancer
  - 17.3 Other supplement products

3. What is the **ONE MAIN REASON** you use nutritional supplements/dietary supplements? **(Mark one)**

- 23.4 For health reasons in general
- 4.0 To recover from any injury or illness
- 38.3 To improve athletic performance
- 2.4 To prevent injury
- 9.5 To improve physical appearance
- 22.4 For weight loss/weight gain

4. Where do you usually get your nutritional supplement/dietary supplements s? **(Mark all that apply)**

- 3.7 Coach
- 5.5 Athletic Trainer
- 0.7 Team physician
- 7.7 Strength coach
- 1.7 Other physician
- 2.8 Other
- 2.8 Teammate or other athlete
- 11.1 Friend or family
- 0.5 Pro scout or agent
- 11.7 Nutritionist/dietician
- 9.6 Internet
- 3.2 Magazine or catalogue
- 67.3 Retail Store

5. During the competitive season of your sport, do you use nutritional supplements/dietary supplements more or less than during the off-season? **(Mark one)**

- 30.9 I don't use nutritional supplements during the competitive season
- 29.2 Less during the competitive season
- 30.3 No difference between competitive season and off-season
- 9.6 More during the competitive season
6. Do the members of your coaching staff know you use nutritional supplements/dietary supplements? (Mark one)
   32.5 I'm certain they know
   49.3 I'm not sure if they know or not
   18.1 I'm certain they don't know

7. If you have never used or have stopped using nutritional supplements/dietary supplements, mark the ONE MAIN REASON why.
   17.9 Don't like it
   22.1 Concerned about what it might do to my health
   9.3 Against my beliefs
   0.5 Others would disapprove
   0.7 Had a bad experience with it
   5.8 Didn't get the desired effects
   0.9 Afraid of the consequences of being caught
   0.5 Coach's rules
   25.0 No desire to experience the effects
   7.4 Costs too much
   0.9 Hurt my athletic performance
   2.1 Fear of losing my eligibility
   6.9 Other

8. Which of the following are your sources of information for taking nutritional supplements/dietary supplements: (Mark all that apply)
   27.5 Nutritionist/dietician
   17.2 Coach
   23.2 Athletic trainer
   14.3 Strength coach
   16.6 Teammate or other athlete
   3.8 Team physician
   8.8 Other physician
   20.6 Internet
   7.1 Resource Exchange Center (REC)
   3.8 Team physician
   20.2 Parent
   24.9 Friend
   17.2 Retail store

9. Does your college or university educate you about the potential risks of testing positive from using nutritional supplements/dietary supplements?
   33.9 No
   66.1 Yes

**SECTION 5**

The following questions are about SPIT TOBACCO (both leaf and snuff):
   Examples: Copenhagen, Skoal, Red Man

1. When, if ever, did you start using spit tobacco? (Mark one)
   78.9 Have never used
   0.9 Before junior high
   2.4 Junior high
   12.2 High school
   3.6 Freshman year of college
   2.0 After freshman year of college

2. Have you recently used any spit tobacco: (Mark all that apply)
   12.3 Yes, in the last month
   4.0 Yes, in the last 12 months
   83.7 No —> Go to Question 8

3. What is the ONE MAIN REASON you use spit tobacco? (Mark one)
   47.5 Recreational or social purposes
   20.6 Helps me deal with the stresses of college life and college athletics
   2.3 Improves my athletic performance
   27.5 Makes me feel good
   2.1 Helps me fit in with the team

4. During the competitive season of your sport, do you use spit tobacco more or less than during the off-season? (Mark one)
   25.6 I don't use spit tobacco during the competitive season
   15.8 Less during the competitive season
   38.8 No difference between competitive season and off-season
   19.9 More during the competitive season

5. Do the members of your coaching staff know you use spit tobacco? (Mark one)
   34.7 I'm certain they know
   36.6 I'm not sure if they know or not
   28.7 I'm certain they don't know
6. How often do you use spit tobacco? (Mark one)
   52.1 Less than once per day
   39.6 1 to 5 times per day
   6.3 6 to 10 times per day
   2.0 More than 10 times per day

7. Do you use spit tobacco at the following times? (Mark all that apply)
   54.9 Before practice
   15.4 During competition
   39.1 Before competition
   77.2 After practice
   23.4 During practice
   65.7 After competition

8. If you have never used or have stopped using spit tobacco, mark the ONE MAIN REASON why.
   50.2 Concerned about what it might do to my health
   25.4 Don't like it
   9.8 Against my beliefs
   0.9 Prohibited by NCAA in practice and competition
   0.3 Coach's rules
   0.8 Costs too much
   1.4 Afraid of becoming addicted
   1.3 Hurt my athletic performance
   7.8 Other

9. Which of the following personnel uses spit tobacco? (Mark all that apply)
   23.3 Head coach
   23.3 Other athletic department staff
   11.2 Athletic trainer
   11.0 Officials
   12.3 Strength coach
   21.2 Umpires
   56.8 Other coach

SECTION 6

The following questions are about CIGARETTES:

1. When, if ever, did you start using cigarettes? (Mark one)
   78.5 Have never used
   1.7 Before junior high
   3.9 Junior high
   11.6 High school
   2.6 Freshman year of college
   1.7 After freshman year of college

2. Have you recently smoked any cigarettes? (Mark one)
   9.2 Yes, in the last month
   4.9 Yes, in the last 12 months
   85.9 No —> Go to Question 7

3. What is the ONE MAIN REASON you smoke cigarettes? (Mark one)
   65.2 Recreational or social purposes
   18.8 Helps me deal with the stresses of college life and college athletics
   1.8 Improves my athletic performance
   14.1 Makes me feel good

4. During the competitive season of your sport, do you smoke cigarettes more or less than during the off-season? (Mark one)
   56.2 I don't smoke cigarettes during the competitive season
   28.4 Less during the competitive season
   13.6 No difference between competitive season and off-season
   1.8 More during the competitive season

5. Do the members of your coaching staff know you smoke cigarettes? (Mark one)
   7.0 I'm certain they know
   25.9 I'm not sure if they know or not
   67.1 I'm certain they don't know

6. How often do you smoke cigarettes? (Mark one)
   11.7 Daily; If so, please specify: (see below)
   11.9 Couple times a week
   9.6 Weekends only
   66.7 At social occasions with friends only

Of the respondents who smoked cigarettes daily
   79.6 ½ pack or less
   15.6 1 pack
   4.8 More than one pack
7. If you **have never used** or have **stopped smoking cigarettes**, mark the **ONE MAIN REASON** why.

<table>
<thead>
<tr>
<th>Reason</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Concerned about what it might do to my health</td>
<td>56.8</td>
</tr>
<tr>
<td>Others would disapprove</td>
<td>0.6</td>
</tr>
<tr>
<td>Afraid of the consequences of being caught</td>
<td>0.2</td>
</tr>
<tr>
<td>No desire to experience the effects</td>
<td>7.2</td>
</tr>
<tr>
<td>Afraid of becoming addicted</td>
<td>1.3</td>
</tr>
<tr>
<td>Didn’t get the desired effects</td>
<td>0.5</td>
</tr>
<tr>
<td>Other</td>
<td>0.2</td>
</tr>
</tbody>
</table>

56.8 Concerned about what it might do to my health  17.4 Don’t like it  7.5 Against my beliefs  0.3 Coach’s rules  0.8 Costs too much  4.0 Hurt my athletic performance  0.3 Prohibited by NCAA in practice and competition  3.1 Other

8. Which of the following, if any, have you smoked in the last **12** months: (**Mark all that apply**)  

<table>
<thead>
<tr>
<th>Type</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pipe</td>
<td>11.4</td>
</tr>
<tr>
<td>Cigar</td>
<td>82.3</td>
</tr>
<tr>
<td>Clove cigarettes</td>
<td>27.4</td>
</tr>
</tbody>
</table>

**SECTION 7**

The following questions are about **ALCOHOL** use:

One drink = A 12 ounce can (or bottle) of beer  
A 4-ounce glass of wine  
A drink with one shot of liquor  
A 12-ounce bottle of wine cooler

1. When, if ever, did you start using alcoholic beverages? (**Mark one**)  

<table>
<thead>
<tr>
<th>Time</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Have never used</td>
<td>16.3</td>
</tr>
<tr>
<td>Before junior high</td>
<td>3.1</td>
</tr>
<tr>
<td>Junior high</td>
<td>11.1</td>
</tr>
<tr>
<td>High school</td>
<td>50.8</td>
</tr>
<tr>
<td>Freshman year of college</td>
<td>14.2</td>
</tr>
<tr>
<td>After freshman year of college</td>
<td>4.5</td>
</tr>
</tbody>
</table>

2. Have you recently used any alcoholic beverages? (**Mark one**)  

<table>
<thead>
<tr>
<th>Time</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Yes, in the last month</td>
<td>65.4</td>
</tr>
<tr>
<td>Yes, in the last 12 months</td>
<td>11.5</td>
</tr>
<tr>
<td>No</td>
<td>23.1</td>
</tr>
</tbody>
</table>

3. What is the **ONE MAIN REASON** you use alcoholic beverages? (**Mark one**)  

<table>
<thead>
<tr>
<th>Reason</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Recreational or social purposes</td>
<td>82.5</td>
</tr>
<tr>
<td>Helps me deal with the stresses of college life and college athletics</td>
<td>3.4</td>
</tr>
<tr>
<td>Improves my athletic performance</td>
<td>0.5</td>
</tr>
<tr>
<td>Makes me feel good</td>
<td>13.7</td>
</tr>
</tbody>
</table>

4. During the competitive season of your sport, do you use alcoholic beverages more or less than during the off-season? (**Mark one**)  

<table>
<thead>
<tr>
<th>Difference</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>I don't use alcoholic beverages during the competitive season</td>
<td>26.7</td>
</tr>
<tr>
<td>Less during the competitive season</td>
<td>59.4</td>
</tr>
<tr>
<td>No difference between competitive season and off-season</td>
<td>12.6</td>
</tr>
<tr>
<td>More during the competitive season</td>
<td>1.3</td>
</tr>
</tbody>
</table>

5. Do you drink alcoholic beverages at the following times? (**Mark all that apply**)  

<table>
<thead>
<tr>
<th>Time</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Before practice</td>
<td>0.7</td>
</tr>
<tr>
<td>Before competition</td>
<td>1.7</td>
</tr>
<tr>
<td>During practice</td>
<td>1.0</td>
</tr>
<tr>
<td>During competition</td>
<td>92.1</td>
</tr>
</tbody>
</table>

6. During a typical school week (7 days), on how many occasions do you usually use alcoholic beverages? (**Mark one**)  

<table>
<thead>
<tr>
<th>Occasions</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>None</td>
<td>20.6</td>
</tr>
<tr>
<td>1 to 2</td>
<td>65.0</td>
</tr>
<tr>
<td>3 to 4</td>
<td>11.6</td>
</tr>
<tr>
<td>5 or more</td>
<td>2.8</td>
</tr>
</tbody>
</table>
7. When you drink alcohol, how many drinks do you usually have at one sitting? (Mark one)
   5.9 1  12.8 6
   10.6 2  6.1 7
   12.0 3  8.0 8
   12.1 4  2.9 9
   11.5 5  18.1 10 or more

8. Do the members of your coaching staff know you use alcohol? (Mark one)
   37.6 I’m certain they know
   50.1 I’m not sure if they know or not
   12.3 I’m certain they don’t know

9. If you have never used or have stopped using alcohol, mark the ONE MAIN REASON why.
   25.9 Concerned about what it might do to my health
   14.2 Against my beliefs
   1.5 Others would disapprove
   5.0 Had a bad experience with it
   0.8 Didn't get the desired effects
   3.4 Afraid of the consequences of being caught
   9.5 Don't like it
   1.8 Fear of losing my eligibility
   4.2 Coach's rules
   7.5 No desire to experience the effects
   7.5 I am under 21 years old
   2.9 Costs too much
   10.2 Hurt my athletic performance
   1.4 Afraid of becoming addicted
   4.1 Other

SECTION 8

The following questions are about AMPHETAMINES (Excluding Ecstasy). These are sometimes used to lose weight or to gain energy. Examples: Adderall Benzedrine Preludin Dexedrine Methamphetamine
   Also called: Speed Dexies Uppers Black Beauties Bennies Stackers Yellow Jackets Mini-Thins

1. When, if ever, did you start using amphetamines? (Mark one)
   93.4 Have never used
   0.4 Before junior high
   0.5 Junior high
   3.4 High school
   1.3 Freshman year of college
   1.0 After freshman year of college

2. Have you recently used any amphetamines? (Mark one)
   2.5 Yes, in the last month
   1.6 Yes, in the last 12 months
   95.9 No  —>  Go to Question 9

3. What is the ONE MAIN REASON you use amphetamines? (Mark one)
   9.7 To improve athletic performance
   27.9 For the treatment of attention deficit disorder
   4.1 For a non-sports related injury or illness
   14.2 For social or personal reasons
   25.9 To give me more energy
   4.4 As an appetite suppressant to lose weight
   13.9 Other

4. Where do you get your amphetamines? (Mark all that apply)
   5.0 Coach
   1.8 Strength Coach
   2.5 Athletic trainer
   3.9 Team physician
   23.6 Other physician
   8.2 Teammate or other athlete
   43.6 Friend or relative
   0.9 Pro scout or agent
   3.9 Internet / mail order
   13.6 Other source
5. During the competitive season of your sport, do you use amphetamines more or less than during the off-season? (Mark one)
   - 38.7 I don't use amphetamines during the competitive season
   - 17.8 Less during the competitive season
   - 35.8 No difference between competitive season and off-season
   - 7.6 More during the competitive season

6. Do you use amphetamines at the following times? (Mark all that apply)
   - 45.5 Before practice
   - 41.6 Before competition
   - 14.2 During practice
   - 34.9 After practice
   - 35.1 After competition

7. On how many different occasions have you used amphetamines during the last 12 months? (Mark one)
   - 36.3 1 to 2 times
   - 26.1 3 to 9 times
   - 37.6 10 or more times

8. Do the members of your coaching staff know you use amphetamines? (Mark one)
   - 21.2 I'm certain they know
   - 26.3 I'm not sure if they know or not
   - 52.4 I'm certain they don't know

9. If you have never used or have stopped using amphetamines, mark the ONE MAIN REASON why.
   - 48.4 Concerned about what it might do to my health
   - 14.3 Against my beliefs
   - 0.2 Others would disapprove
   - 0.7 Hard to get
   - 0.3 Had a bad experience with it
   - 0.6 Didn't get the desired effects
   - 0.7 Afraid of the consequences of being caught
   - 6.4 Don't like it
   - 0.2 Coach's rules

   18.3 No desire to experience the effects
   4.1 Illegal
   0.5 Costs too much
   1.0 Hurt my athletic performance
   0.4 Afraid of becoming addicted
   0.7 Fear of losing my eligibility
   3.1 Other

10. Adderall and Ritalin are sometimes prescribed for attention deficit-hyperactivity disorders (ADHD). During the last 12 months has your physician prescribed either of these drugs to you for the treatment of this condition? (Mark all that apply)
    - 2.7 Adderall
    - 1.5 Ritalin

11. In the last 12 months have you used either Adderall or Ritalin without a prescription? (Mark all that apply)
    - 4.5 Adderall
    - 1.7 Ritalin

SECTION 9

The following questions are about MARIJUANA OR HASHISH.

1. When, if ever, did you start using marijuana or hashish? (Mark one)
   - 63.0 Have never used
   - 1.1 Before junior high
   - 5.0 Junior high
   - 24.3 High school
   - 4.4 Freshman year of college
   - 2.2 After freshman year of college

2. Have you recently used any marijuana or hashish? (Mark one)
   - 9.2 Yes, in the last month
   - 11.1 Yes, in the last 12 months
   - 79.7 No —> Go to Question 11
3. What is the **ONE MAIN REASON** you use marijuana or hashish? *(Mark one)*
   - 63.5% Recreational or social purposes
   - 5.9% Helps me deal with the stresses of college life and college athletics
   - 1.1% Improves my athletic performance
   - 29.5% Makes me feel good

4. Where do you usually get your marijuana or hashish? *(Mark all that apply)*
   - 19.5% Teammate or other athlete
   - 2.1% Pro scout or agent
   - 75.5% Friend or family
   - 2.1% Other source

5. During the competitive season of your sport, do you use marijuana or hashish more or less than during the off-season? *(Mark one)*
   - 65.3% I don't use marijuana or hashish during the competitive season
   - 23.8% Less during the competitive season
   - 9.7% No difference between competitive season and off-season
   - 1.2% More during the competitive season

6. Do you use marijuana or hashish at the following times? *(Mark all that apply)*
   - 12.2% Before practice
   - 2.5% During competition
   - 7.2% Before competition
   - 58.7% After practice
   - 4.0% During practice
   - 81.2% After competition

7. With whom do you use marijuana or hashish? *(Mark all that apply)*
   - 9.5% Alone
   - 45.1% With teammates
   - 88.0% With friends (other than teammates)
   - 15.0% With significant other
   - 5.9% With parents or relatives

8. On how many different occasions have you used marijuana or hashish during the last 12 months? *(Mark one)*
   - 42.8% 1 to 2 times
   - 4.0% Before practice
   - 58.7% After practice
   - 72.5% During competition
   - 7.1% Daily

9. When you use marijuana, how many cigarettes (joints, reefers) or equivalent do you usually smoke? *(Mark one)*
   - 44.5% Less than 1
   - 44.2% 1 to 2
   - 8.1% 3 to 4
   - 3.1% 5 or more
   - 3.1% 5 or more

10. Do the members of your coaching staff know you use marijuana or hashish? *(Mark one)*
    - 5.3% I'm certain they know
    - 24.6% I'm not sure if they know or not
    - 70.1% I'm certain they don't know

11. If you **have never used** or have stopped using marijuana or hashish, mark the **ONE MAIN REASON** why.
    - 36.5% Concerned about what it might do to my health
    - 1.4% Others would disapprove
    - 5.5% Afraid of the consequences of being caught
    - 0.5% Hard to get
    - 1.3% Had a bad experience with it
    - 15.2% No desire to experience the effects
    - 1.0% Afraid of becoming addicted
    - 1.0% Didn't get the desired effects
    - 2.9% Fear of losing my eligibility
    - 8.9% Don't like it
    - 11.5% Against my beliefs
    - 7.5% Illegal
    - 0.4% Coach's rules
    - 0.7% Costs too much
    - 2.9% Hurt my athletic performance
    - 2.8% Other
SECTION 10

The following questions are about ECSTASY.

1. When, if ever, did you start using ecstasy? (Mark one)
   - 96.3 Have never used
   - 0.1 Before junior high
   - 0.2 Junior high
   - 2.5 High school
   - 0.4 Freshman year of college
   - 0.5 After freshman year of college

2. Have you recently used any ecstasy? (Mark one)
   - 0.4 Yes, in the last month
   - 0.8 Yes, in the last 12 months
   - 98.9 No —> Go to Question 8

3. What is the ONE MAIN REASON you use ecstasy? (Mark one)
   - 44.5 Recreational or social purposes
   - 8.7 Helps me deal with the stresses of college life and college athletics
   - 10.7 Improves my athletic performance
   - 36.1 Makes me feel good

4. Where do you usually get your ecstasy? (Mark all that apply)
   - 15.0 Teammate or other athlete
   - 68.9 Friend or family
   - 6.2 Pro scout or agent
   - 20.9 Other source

5. During the competitive season of your sport, do you use ecstasy more or less than during the off-season? (Mark one)
   - 70.7 I don't use ecstasy during the competitive season
   - 12.5 Less during the competitive season
   - 12.0 No difference between competitive season and off-season
   - 4.8 More during the competitive season

6. On how many different occasions have you used ecstasy during the last 12 months? (Mark one)
   - 72.3 1 to 2 times
   - 18.5 3 to 9 times
   - 9.2 10 or more

7. Do the members of your coaching staff know you use ecstasy? (Mark one)
   - 22.9 I'm certain they know
   - 18.4 I'm not sure if they know or not
   - 58.7 I'm certain they don't know

8. If you have never used or have stopped using ecstasy, mark the ONE MAIN REASON why.
   - 47.5 Concerned about what it might do to my health
   - 14.0 Against my beliefs
   - 0.3 Others would disapprove
   - 0.7 Hard to get
   - 0.4 Had a bad experience with it
   - 0.2 Didn't get the desired effects
   - 0.7 Afraid of the consequences of being caught
   - 4.7 Don't like it
   - 0.2 Coach's rules
   - 19.9 No desire to experience the effects
   - 6.5 Illegal
   - 0.6 Costs too much
   - 0.8 Hurt my athletic performance
   - 0.5 Afraid of becoming addicted
   - 0.4 Fear of losing my eligibility
   - 2.6 Other
SECTION 11

The following questions are about **PSYCHEDELICS**, also called **HALLUCINOGENS (Excluding ECSTASY)**.
Examples: Mescaline  LSD  Peyote  Acid  Psilocybin  Mushrooms  PCP  Ketamine (Special K)  DXM  Foxy

1. When, if ever, did you start using psychedelics? (Mark one)
   
   94.9 Have never used
   0.2 Before junior high
   0.4 Junior high
   3.0 High school
   0.7 Freshman year of college
   0.8 After freshman year of college

2. Have you recently used any psychedelics? (Mark one)
   
   0.6 Yes, in the last month
   1.9 Yes, in the last 12 months
   97.6 No —> Go to Question 8

3. What is the **ONE MAIN REASON** you use psychedelics? (Mark one)
   
   52.4 Recreational or social purposes
   6.4 Helps me deal with the stresses of college life and college athletics
   3.2 Improves my athletic performance
   38.0 Makes me feel good

4. Where do you usually get your psychedelics? (Mark all that apply)
   
   11.3 Teammate or other athlete
   6.2 Pro scout or agent
   68.9 Friend or relative
   6.2 Pro scout or agent
   20.9 Other source

5. During the competitive season of your sport, do you use psychedelics more or less than during the off-season? (Mark one)
   
   67.3 I don't use psychedelics during the competitive season
   15.4 Less during the competitive season
   14.2 No difference between competitive season and off-season
   3.1 More during the competitive season

6. On how many different occasions have you used psychedelics during the last 12 months? (Mark one)
   
   69.7 1 to 2 times
   24.0 3 to 9 times
   6.3 10 or more

7. Do the members of your coaching staff know you use psychedelics? (Mark one)
   
   8.9 I'm certain they know
   18.2 I'm not sure if they know or not
   72.9 I'm certain they don't know

8. If you **have never used** or have **stopped using psychedelics**, mark the **ONE MAIN REASON** why.
   
   46.6 Concerned about what it might do to my health
   14.8 Against my beliefs
   0.3 Others would disapprove
   1.0 Hard to get
   0.5 Had a bad experience with it
   0.3 Didn't get the desired effects
   0.6 Afraid of the consequences of being caught
   5.0 Don't like it
   0.1 Coach's rules
   20.6 No desire to experience the effects
   5.8 Illegal
   0.4 Costs too much
   0.7 Hurt my athletic performance
   0.3 Afraid of becoming addicted
   0.5 Fear of losing my eligibility
   2.6 Other
SECTION 12

The following questions are about COCAINE/CRACK

1. When, if ever, did you start using cocaine/crack? (Mark one)
   - 96.5 Have never used
   - 0.2 Before junior high
   - 0.1 Junior high
   - 1.6 High school
   - 0.7 Freshman year of college
   - 0.8 After freshman year of college

2. Have you recently used any cocaine/crack? (Mark one)
   - 0.9 Yes, in the last month
   - 1.2 Yes, in the last 12 months
   - 97.9 No —> Go to Question 10

3. What is the ONE MAIN REASON you use cocaine/crack? (Mark one)
   - 52.8 Recreational or social purposes
   - 6.7 Helps me deal with the stresses of college life and college athletics
   - 6.3 Improves my athletic performance
   - 34.3 Makes me feel good

4. Where do you usually get your cocaine/crack? (Mark all that apply)
   - 17.1 Teammate or other athlete
   - 69.2 Friend or relative
   - 8.6 Pro scout or agent
   - 13.2 Other source

5. During the competitive season of your sport, do you use cocaine/crack more or less than during the off-season? (Mark one)
   - 63.3 I don't use cocaine/crack during the competitive season
   - 19.8 Less during the competitive season
   - 12.4 No difference between competitive season and off-season
   - 4.5 More during the competitive season

6. Do you use cocaine/crack at the following times? (Mark all that apply)
   - 28.6 Before practice
   - 6.2 During competition
   - 16.7 Before competition
   - 39.5 After practice
   - 9.0 During practice
   - 55.2 After competition

7. When you use cocaine/crack, with whom do you use it? (Mark all that apply)
   - 16.3 Alone
   - 26.2 With teammates
   - 72.4 With friends (other than teammates)
   - 10.6 With significant other
   - 7.5 With parents or relatives

8. On how many different occasions have you used cocaine/crack during the last 12 months? (Mark one)
   - 47.8 1 to 2 times
   - 29.7 3 to 9 times
   - 22.5 10 or more times

9. Do the members of your coaching staff know you use cocaine/crack? (Mark one)
   - 13.8 I'm certain they know
   - 14.0 I'm not sure if they know or not
   - 72.2 I'm certain they don't know
10. If you have never used or have stopped using cocaine/crack, mark the ONE MAIN REASON why.

**47.4** Concerned about what it might do to my health

**15.4** Against my beliefs

**0.2** Others would disapprove

**0.3** Hard to get

**0.2** Had a bad experience with it

**0.2** Didn't get the desired effects

**0.5** Afraid of the consequences of being caught

**4.4** Don't like it

**0.1** Coach's rules

**19.8** No desire to experience the effects

**6.5** Illegal

**0.7** Costs too much

**0.7** Hurt my athletic performance

**0.9** Afraid of becoming addicted

**0.4** Fear of losing my eligibility

**2.4** Other

**SECTION 13**

1. What effect has your use of the following had on your athletic performance? (Mark one for each line)

<table>
<thead>
<tr>
<th>(Mark one for each line)</th>
<th>Have Used</th>
<th>Harmful</th>
<th>No Effect</th>
<th>Helpful</th>
</tr>
</thead>
<tbody>
<tr>
<td>a. Spit tobacco</td>
<td>77.2</td>
<td>1.6</td>
<td>20.2</td>
<td>1.0</td>
</tr>
<tr>
<td>b. Alcoholic beverages</td>
<td>19.3</td>
<td>20.3</td>
<td>59.1</td>
<td>1.4</td>
</tr>
<tr>
<td>c. Marijuana or hashish</td>
<td>65.9</td>
<td>9.1</td>
<td>23.7</td>
<td>1.3</td>
</tr>
<tr>
<td>d. Anabolic steroids</td>
<td>94.8</td>
<td>.8</td>
<td>2.8</td>
<td>1.6</td>
</tr>
<tr>
<td>e. Cocaine/crack</td>
<td>94.0</td>
<td>1.5</td>
<td>4.1</td>
<td>0.4</td>
</tr>
<tr>
<td>f. Amphetamines (uppers)</td>
<td>92.6</td>
<td>1.3</td>
<td>4.6</td>
<td>1.4</td>
</tr>
<tr>
<td>g. Psychedelics (hallucinogens/LSD)</td>
<td>93.3</td>
<td>1.5</td>
<td>4.8</td>
<td>0.3</td>
</tr>
<tr>
<td>h. Ephedrine (ephedra/ ma huang)</td>
<td>89.3</td>
<td>1.7</td>
<td>4.8</td>
<td>4.2</td>
</tr>
<tr>
<td>i. Protein</td>
<td>46.1</td>
<td>0.6</td>
<td>11.9</td>
<td>41.4</td>
</tr>
<tr>
<td>j. Vitamins and minerals</td>
<td>32.3</td>
<td>0.7</td>
<td>16.3</td>
<td>50.7</td>
</tr>
<tr>
<td>k. Cigarettes</td>
<td>76.9</td>
<td>11.6</td>
<td>10.7</td>
<td>0.8</td>
</tr>
<tr>
<td>l. Creatine</td>
<td>76.2</td>
<td>1.3</td>
<td>6.0</td>
<td>16.5</td>
</tr>
<tr>
<td>m. Andro products or DHEA</td>
<td>93.6</td>
<td>0.8</td>
<td>3.1</td>
<td>2.5</td>
</tr>
<tr>
<td>n. Caffeine</td>
<td>39.1</td>
<td>8.7</td>
<td>40.9</td>
<td>11.3</td>
</tr>
</tbody>
</table>

2. What effect has your use of the following had on your general health? (Mark one for each line)

<table>
<thead>
<tr>
<th>Have Never Used</th>
<th>Harmful</th>
<th>No Effect</th>
<th>Helpful</th>
</tr>
</thead>
<tbody>
<tr>
<td>a. Spit tobacco</td>
<td>77.6</td>
<td>7.4</td>
<td>14.7</td>
</tr>
<tr>
<td>b. Alcoholic beverages</td>
<td>21.6</td>
<td>21.2</td>
<td>56.0</td>
</tr>
<tr>
<td>c. Marijuana or hashish</td>
<td>66.3</td>
<td>10.2</td>
<td>22.5</td>
</tr>
<tr>
<td>d. Anabolic steroids</td>
<td>94.6</td>
<td>1.6</td>
<td>3.3</td>
</tr>
<tr>
<td>e. Cocaine/crack</td>
<td>93.7</td>
<td>2.3</td>
<td>3.8</td>
</tr>
<tr>
<td>f. Amphetamines (uppers)</td>
<td>92.5</td>
<td>2.1</td>
<td>4.4</td>
</tr>
<tr>
<td>g. Psychedelics (hallucinogens/LSD)</td>
<td>93.1</td>
<td>2.2</td>
<td>4.4</td>
</tr>
<tr>
<td>h. Ephedrine (ephedra/ ma huang)</td>
<td>89.6</td>
<td>3.1</td>
<td>5.4</td>
</tr>
<tr>
<td>i. Protein</td>
<td>47.6</td>
<td>0.7</td>
<td>13.1</td>
</tr>
<tr>
<td>j. Vitamins and minerals</td>
<td>34.4</td>
<td>0.8</td>
<td>10.7</td>
</tr>
<tr>
<td>k. Cigarettes</td>
<td>77.5</td>
<td>12.0</td>
<td>9.7</td>
</tr>
<tr>
<td>l. Creatine</td>
<td>78.0</td>
<td>2.1</td>
<td>9.4</td>
</tr>
<tr>
<td>m. Andro products or DHEA</td>
<td>93.5</td>
<td>1.5</td>
<td>3.8</td>
</tr>
<tr>
<td>n. Caffeine</td>
<td>44.4</td>
<td>9.5</td>
<td>39.6</td>
</tr>
</tbody>
</table>
3. How many of your teammates would you estimate have used any of these substances in the last 12 months? (Mark one for each line)

<table>
<thead>
<tr>
<th>Substance</th>
<th>None</th>
<th>Almost None</th>
<th>Less than Half</th>
<th>More than Half</th>
</tr>
</thead>
<tbody>
<tr>
<td>Spittle tobacco</td>
<td>46.0</td>
<td>17.9</td>
<td>22.1</td>
<td>14.0</td>
</tr>
<tr>
<td>Alcoholic beverages</td>
<td>7.6</td>
<td>4.7</td>
<td>12.5</td>
<td>75.2</td>
</tr>
<tr>
<td>Marijuana or hashish</td>
<td>29.3</td>
<td>29.2</td>
<td>32.1</td>
<td>9.5</td>
</tr>
<tr>
<td>Anabolic steroids</td>
<td>76.2</td>
<td>19.2</td>
<td>4.1</td>
<td>0.6</td>
</tr>
<tr>
<td>Cocaine/crack</td>
<td>83.0</td>
<td>14.2</td>
<td>2.3</td>
<td>0.5</td>
</tr>
<tr>
<td>Amphetamines (uppers)</td>
<td>80.6</td>
<td>15.4</td>
<td>3.3</td>
<td>0.7</td>
</tr>
<tr>
<td>Psychedelics (hallucinogens/LSD)</td>
<td>83.4</td>
<td>13.7</td>
<td>2.3</td>
<td>0.5</td>
</tr>
<tr>
<td>Ephedrine (ephedra/ma huang)</td>
<td>78.3</td>
<td>16.0</td>
<td>4.3</td>
<td>1.4</td>
</tr>
<tr>
<td>Protein</td>
<td>31.6</td>
<td>17.1</td>
<td>23.7</td>
<td>27.6</td>
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<td>Vitamins and minerals</td>
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<td>Cigarettes</td>
<td>35.2</td>
<td>33.1</td>
<td>24.9</td>
<td>6.7</td>
</tr>
<tr>
<td>Creatine</td>
<td>56.5</td>
<td>19.1</td>
<td>17.0</td>
<td>7.4</td>
</tr>
<tr>
<td>Andro products or DHEA</td>
<td>79.8</td>
<td>14.6</td>
<td>4.5</td>
<td>1.1</td>
</tr>
<tr>
<td>Caffeine</td>
<td>31.6</td>
<td>14.9</td>
<td>16.0</td>
<td>37.5</td>
</tr>
</tbody>
</table>

4. Please indicate how often you have experienced the following due to your drinking or drug use during the last 12 months.

<table>
<thead>
<tr>
<th>Experience</th>
<th>Never</th>
<th>Once or Twice</th>
<th>3-5 Times</th>
<th>6 or More Times</th>
</tr>
</thead>
<tbody>
<tr>
<td>Had a hangover</td>
<td>33.6</td>
<td>28.6</td>
<td>14.8</td>
<td>23.1</td>
</tr>
<tr>
<td>Performed poorly on a test or important project</td>
<td>67.6</td>
<td>22.5</td>
<td>6.6</td>
<td>3.3</td>
</tr>
<tr>
<td>Been in trouble with police, residence hall, or other college authorities</td>
<td>82.3</td>
<td>15.2</td>
<td>1.7</td>
<td>0.8</td>
</tr>
<tr>
<td>Damaged property, pulled fire alarm, etc.</td>
<td>89.9</td>
<td>7.2</td>
<td>1.7</td>
<td>1.2</td>
</tr>
<tr>
<td>Got into an argument or a fight</td>
<td>62.4</td>
<td>26.5</td>
<td>7.5</td>
<td>3.7</td>
</tr>
<tr>
<td>Got nauseated or vomited</td>
<td>48.0</td>
<td>34.1</td>
<td>12.2</td>
<td>5.7</td>
</tr>
<tr>
<td>Drove a car while under the influence</td>
<td>72.9</td>
<td>17.2</td>
<td>4.9</td>
<td>5.0</td>
</tr>
<tr>
<td>Missed a class</td>
<td>59.5</td>
<td>21.9</td>
<td>10.3</td>
<td>8.3</td>
</tr>
<tr>
<td>Performed poorly in practice or game</td>
<td>71.5</td>
<td>20.6</td>
<td>5.6</td>
<td>2.3</td>
</tr>
<tr>
<td>Showed up late or missed practice or game</td>
<td>90.0</td>
<td>7.6</td>
<td>1.5</td>
<td>0.9</td>
</tr>
<tr>
<td>Been criticized by someone I know</td>
<td>68.4</td>
<td>22.1</td>
<td>5.8</td>
<td>3.7</td>
</tr>
<tr>
<td>Thought I might have a drinking or other drug problem</td>
<td>91.4</td>
<td>5.7</td>
<td>1.7</td>
<td>1.2</td>
</tr>
<tr>
<td>Had a memory loss</td>
<td>70.5</td>
<td>18.4</td>
<td>6.6</td>
<td>4.4</td>
</tr>
<tr>
<td>Done something I later regretted</td>
<td>59.9</td>
<td>27.4</td>
<td>8.2</td>
<td>4.5</td>
</tr>
<tr>
<td>Been arrested for DWI/DUI</td>
<td>97.7</td>
<td>1.7</td>
<td>0.3</td>
<td>0.3</td>
</tr>
<tr>
<td>Have been taken advantage of sexually</td>
<td>88.8</td>
<td>8.4</td>
<td>1.3</td>
<td>1.5</td>
</tr>
<tr>
<td>Have taken advantage of another sexually</td>
<td>95.1</td>
<td>3.5</td>
<td>0.6</td>
<td>0.7</td>
</tr>
<tr>
<td>Tried unsuccessfully to stop using</td>
<td>94.9</td>
<td>3.7</td>
<td>0.8</td>
<td>0.6</td>
</tr>
<tr>
<td>Had feelings of depression, feeling sad for two weeks or longer</td>
<td>89.6</td>
<td>7.0</td>
<td>1.9</td>
<td>1.4</td>
</tr>
<tr>
<td>Been hurt or injured</td>
<td>79.6</td>
<td>15.6</td>
<td>3.4</td>
<td>1.4</td>
</tr>
</tbody>
</table>
5. Defining “hazing” as any activity expected of someone joining a group (or to maintain full status in a group) that humiliates, degrades or risks emotional and/or physical harm regardless of the person’s willingness to participate:
   a. Have you been a victim of hazing in your college sports program?
      - 91.9% No
      - 8.1% Yes
         - If yes, was alcohol involved? 50.6% Yes 49.4% No
   b. Have you participated in hazing of teammates?
      - 92.4% No
      - 7.6% Yes
         - If yes, was alcohol involved? 50.6% Yes 49.4% No

6. Please indicate how long it took you to complete this survey.
   - 34.1% Less than 15 minutes
   - 55.5% 16 to 25 minutes
   - 8.5% 26 to 35 minutes
   - 1.0% 36 to 45 minutes
   - 0.9% Longer than 45 minutes

Thank you for taking the time to participate in this important study.

The NCAA Committee on Competitive Safeguards and Medical Aspects of Sports
The National Collegiate Athletic Association
May 24, 2004 Research Staff: DMD