

# NCAA<sup>®</sup> Banned Substances

## Drug Classes with some examples

### Anabolic Agents (steroids)

Androstenedione  
Boldenone  
DHEA  
Nandrolone  
Testosterone  
THG (tetrahydrogestrinone)  
19-norandrostenedione  
and related compounds

### Stimulants

Cocaine  
Ephedrine (ma huang)  
Methamphetamine  
Synephrine (citrus aurantium, zhi shi, bitter orange)  
and related compounds

### Street Drugs

Heroin  
Marijuana  
THC (tetrahydrocannabinol )

### Diuretics and Urine Manipulators

Bumetanide  
Probenicid  
Finasteride (Propecia)  
and related compounds

### Peptide Hormones and Analogues

Erythropoietin (EPO)  
Human growth hormone (HGH)  
and related compounds

### Anti-Estrogens

Clomiphene (Clomid)  
Tamoxifen  
and related compounds

### Beta-2 Agonists (Permitted by Inhalation)

Formoterol  
Salmeterol  
and related compounds

## Common Products Containing Banned Substances

### Prescription Medicines\*

Adderall  
Anadrol  
Androgel  
Cylert  
Dexedrine  
Epogen  
Lasix  
Oxandrin  
Ritalin  
Testoderm

*\*Medical exception may be granted for required use with proper prescription.*

### Non-prescription Medications

Bronkaid (ephedrine)  
Primatene tablets (ephedrine)

### Banned Substances found in Nutritional/Dietary Supplements

Androstenediol  
Androstenedione  
Caffeine  
Citrus aurantium  
DHEA  
Ephedrine (ma huang)  
Norandrostenediol  
Norandrostenedione  
Synephrine

Contact Resource Exchange Center (REC):  
[www.drugfreesport.com/rec](http://www.drugfreesport.com/rec) with questions about nutritional supplements – password: ncaa1, ncaa2 or ncaa3. Or call toll free 877/202-0769.

**Check with your athletics staff before using any substances!**

[www.NCAA.org/health-safety](http://www.NCAA.org/health-safety)

