

# DECLARATION OF PLAYING SEASON

**WOMEN'S INDOOR TRACK**  
**WOMEN'S OUTDOOR TRACK**

SPORT

YEAR

In accordance with NCAA Bylaw 17.1.3, I hereby declare my playing season as follows:

Championship Segment:

156 Day Season:

Segment 1 Dates:

Segment 2 Dates:

Number of Dates of Competition:

Preseason Practice Begins:

Number of Exemptions: (Bylaws 17.23.6.3 and 17.23.6.4)

First Practice Date:

First Date of Competition:

Last Practice Date / Competition Date:

Please enclose with this document:

- **A schedule of your dates of competition for the upcoming season.**
- **A roster of your returning players.**
- **A list of all incoming transfers and freshman who have applied.**
- **A practice schedule for the academic year, including skill instruction, team activities, weight training and conditioning.**

Coach's Signature

Date