REPORT OF THE
NCAA MEN’S AND WOMEN’S TRACK AND FIELD/CROSS COUNTRY
RULES COMMITTEE
JUNE 16-18, 2014, MEETING

ACTION ITEMS.

1. Legislative Items.
   • None.

2. Nonlegislative Items. The NCAA Men’s and Women’s Track and Field/Cross Country Rules Committee agreed to the following rules change proposals for the 2015 and 2016 seasons. The committee requests approval from the NCAA Playing Rules Oversight Panel (PROP) for the following items:

   a. The Track (Rule 1.1.1.a).
      (1) Recommendation. To allow a variance for the maximum lateral inclination permitted for the track.
      (2) Effective Date. December 1, 2014.
      (3) Rationale. Allows for existing and locally desired variations. Consistent with IAAF standards.
      (4) Estimated Budget Impact. None.
      (5) Student-Athlete Impact. None.

   b. The Track (Rule 1.1.2).
      (1) Recommendation. To clarify that an outdoor running track shall not be enclosed within a covered structure.
      (2) Effective Date. December 1, 2014.
      (3) Rationale. To regulate and eliminate using an enclosed facility for outdoor qualifying.
      (4) Estimated Budget Impact. None.
      (5) Student-Athlete Impact. None.
c. Track Surveying (Rule 1.1.3).

(1) **Recommendation.** That beginning December 1, 2015, track survey requirements shall apply to each assembly of an indoor facility and the addition of any new track markings.

(2) **Effective Date.** December 1, 2015.

(3) **Rationale.** To extend the survey requirements of what is normally expected to include indoor facilities. This is normal protocol, but has never been specifically stated in the rule book.

(4) **Estimated Budget Impact.** $500-$1,000.

(5) **Student-Athlete Impact.** None.

d. Visible Starting Line (Rule 1.1.7).

(1) **Recommendation.** To extend the curved start line so that the entire track surface can be used.

(2) **Effective Date.** December 1, 2014.

(3) **Rationale.** To allow for a start line, like the 1500, to extend into an extended back-side alley.

(4) **Estimated Budget Impact.** None.

(5) **Student-Athlete Impact.** None.

e. Equipment (Rule 2.1 - New).

(1) **Recommendation.** To define the desired minimum timing equipment for the running events of a track meet.

(2) **Effective Date.** December 1, 2014.

(3) **Rationale.** To reflect the current evolution of technology and requirements for all meet types and not just championships.
(4) **Estimated Budget Impact.** None.

(5) **Student-Athlete Impact.** None.

**f. The Hammer Handle (Rule 2.10.3).**

(1) **Recommendation.** That the maximum perimeter length for the handle of the hammer be eliminated.

(2) **Effective Date.** December 1, 2014.

(3) **Rationale.** Conforms the hammer handle to the new IAAF specifications whereby overall length is the only length requirement.

(4) **Estimated Budget Impact.** None.

(5) **Student-Athlete Impact.** Enhances student-athlete experience.

**g. The Games Committee (Rule 3.2).**

(1) **Recommendation.** To add the following duty to the games committee: Addressing challenges to any meet procedures, entries or event seedings prior to the start of competition.

(2) **Effective Date.** December 1, 2014.

(3) **Rationale.** To specify who has authority prior to competition to respond to participating institutions’ concerns and challenges regarding how the competition is being contested.

(4) **Estimated Budget Impact.** None.

(5) **Student-Athlete Impact.** None.

**h. The Referee (Rule 3.4.2.a).**

(1) **Recommendation.** To clarify the duties of the referee to include deciding all questions including, but not limited to, those for which the rules make no specific provision.
(2) **Effective Date.** December 1, 2014.

(3) **Rationale.** To clarify current practice.

(4) **Estimated Budget Impact.** None.

(5) **Student-Athlete Impact.** None.

i. **The Referee (Rule 3.4.2.c).**

(1) **Recommendation.** To clarify the duties of the referee to include deciding all questions regarding the re-staging of an event.

(2) **Effective Date.** December 1, 2014.

(3) **Rationale.** To clarify current practice.

(4) **Estimated Budget Impact.** None.

(5) **Student-Athlete Impact.** None.

j. **The Referee (Rule 3.4.3).**

(1) **Recommendation.** To clarify the roles of meet officials whereby the referee’s decisions are final and without appeal, except in those meets in which an appointed jury of appeal has been established. The jury of appeal then will have the final authority.

(2) **Effective Date.** December 1, 2014.
(3) **Rationale.** The games committee is the administrator of the competition and has the responsibility to appoint a jury of appeal if one is so desired, but the games committee is not by default the administrator as well as the jury.

(4) **Estimated Budget Impact.** None.

(5) **Student-Athlete Impact.** None.

**k. The Referee (Rule 3.4).**

(1) **Recommendation.** To clarify the authority and responsibility of the referee by adding that the primary responsibility of a referee shall be to render a ruling on all rules violations reported by meet officials or protests filed by coaches of competing teams once the competition starts until the protest period of the competition has ended. The referee shall not serve as any other official or as a member of the jury of appeals or games committee.

(2) **Effective Date.** December 1, 2014.

(3) **Rationale.** Duties not related to making rulings on possible violations should be handled by other meet personnel so that the referee(s) can focus on the task of ensuring a fair competition. The referee(s) should not be responsible for overseeing events, but rather interpreting rules and making informed rulings on perceived violations and protests.

(4) **Estimated Budget Impact.** None.

(5) **Student-Athlete Impact.** Enhances student-athlete experience by ensuring a fair competition.

**l. The Medical Doctor/Certified Trainer (Rule 3.19).**

(1) **Recommendation.** To require that the games committee appointed/approved medical doctor/certified trainer examine injured or ill competitors and make recommendations to the competitor, the competitor’s coach and the representative of any sponsoring organization as to the advisability of continued participation by the competitor in the meet. Such recommendations shall be considered in the application of the failure-to-participate rule or honest effort rule. Further, if a competitor is to be withdrawn from an event, or abandons an
event, then an evaluation shall occur either prior to the start of the withdrawn event or immediately after the abandoned event. Should the decision be made to withdraw from or abandon an event, the competitor shall be scratched from any subsequent event(s) in the meet. However, a subsequent examination and resulting recommendation by the appointed/approved medical doctor/certified trainer of the competition shall be considered by the referee to determine if continued participation is allowable.

(2) **Effective Date.** December 1, 2014.

(3) **Rationale.** To increase student-athlete safety and include provisions for the honest effort rule and abandoned events.

(4) **Estimated Budget Impact.** None.

(5) **Student-Athlete Impact.** Enhances student-athlete safety.

**m. Responsibility of Competitor (Rule 4.2.1).**

(1) **Recommendation.** That competitors who are found to be in violation of honest effort shall be warned or disqualified by the referee from the event and from the remainder of the meet.

(2) **Effective Date.** December 1, 2014.

(3) **Rationale.** Amend rule to include the reinstated rule for honest effort.

(4) **Estimated Budget Impact.** None.

(5) **Student-Athlete Impact.** None.

**n. Uniform Numbers (Rule 4.3.4.b).**

(1) **Recommendation.** That placement of additional numbers shall be on the hip or outer upper leg. Institution and sponsor logos shall not be obscured and uniform requirements shall be observed.

(2) **Effective Date.** December 1, 2014.
(3) **Rationale.** Hip numbers should not obscure team or sponsorship logos. Specifying the location of additional numbers will ensure consistent placement and can also aide in student-athletes’ familiarity with meet procedures between competitions.

(4) **Estimated Budget Impact.** None.

(5) **Student-Athlete Impact.** None.

### o.  Protests (Rule 4.3.7.a).

1. **Recommendation.** That protests be made at once and not later than 15 minutes after the results have been announced or posted. Current rule allows for 30 minutes.

2. **Effective Date.** December 1, 2014.

3. **Rationale.** With new technologies more readily available, coaches have quicker access to results and therefore have the ability to more quickly file a protest. Previous rules allowed 15 minutes to file a protest for a preliminary round event and that was sufficient time to file a protest.

4. **Estimated Budget Impact.** None.

5. **Student-Athlete Impact.** None.

### p.  Appeals (Rule 4.3.8).

1. **Recommendation.** That the referee must be interviewed by the appointed jury of appeal as part of the protest process when the referee’s decision is appealed.

2. **Effective Date.** December 1, 2014.

3. **Rationale.** Since the evidence to overturn a referee’s decision must be conclusive, the jury of appeal must be aware of the process used by the referee in making the original decision.

4. **Estimated Budget Impact.** None.

5. **Student-Athlete Impact.** None.
q. Correctable Error (Rule 4.3.9).

  (1) **Recommendation.** That results can be corrected without the need for formal protest if administrative errors are detected. A correctable error shall include a coach’s request to review the order of finish from an FAT system.

  (2) **Effective Date.** December 1, 2014.

  (3) **Rationale.** This is current practice at the majority of competitions. This change would allow the protest period for cross country to be shortened, thus allowing a more fan friendly time period between the conclusion of competition and the awards ceremony.

  (4) **Estimated Budget Impact.** None.

  (5) **Student-Athlete Impact.** None.

r. Events (Rule 4.4.2 - New).

  (1) **Recommendation.** That track and field championship events be as follows: **Indoor** – 60 Meters, 60 Meter Hurdles, 200 Meters, 400 Meters, 800 Meters, Mile, 3000 Meters, 5000 Meters, 4x400 Meter Relay, Distance Medley Relay, High Jump, Pole Vault, Long Jump, Triple Jump, Shot Put, Weight Throw, Pentathlon, Heptathlon. **Outdoor** – 100 Meters, 200 Meters, 400 Meters, 800 Meters, 1500 Meters, 3000 Meter Steeplechase, 5000 Meters, 10,000 Meters, 100/110 Meter Hurdles, 400 Meter Hurdles, 4x100 Meter Relay, 4x400 Meter Relay, High Jump, Pole Vault, Long Jump, Triple Jump, Shot Put, Discus Throw, Hammer Throw, Javelin Throw, Decathlon, Heptathlon.

The 55 Meters and 55 Meter Hurdles may only be used as replacements for the respective 60 Meter events within facilities unable to be configured for the 60 Meter events. Outdoor facilities, where the full oval is surveyed for 440 yards, may contest the imperial equivalent of the 4x100 Meter Relay and the 4x400 Meter Relay as replacement events. Indoor facilities, where the full oval is surveyed in yards, may contest the imperial equivalent of the 4x400 Meter Relay and the Distance Medley Relay as replacement events.

The events listed above may be altered at the discretion of the games committee.
s. Intervals (Rule 4.4.2).

(1) **Recommendation.** That the interval between the starting times of track events shall not exceed 10 minutes, except for the 3000 Meters, 3000 Meter Steeplechase, 5000 Meters and the 10,000 Meters where the interval shall be minimized to allow the continued flow of the track meet.

(2) **Effective Date.** December 1, 2014.

(3) **Rationale.** The interval specified for the distance races between starts of races is impossible to adhere to in most competitions. The rule should give the Meet Director and Games Committee a reasonable chance to follow a prescribed and legitimate schedule.

(4) **Estimated Budget Impact.** None.

(5) **Student-Athlete Impact.** None.

t. Order of Events (Rule 4.4.4).

(1) **Recommendation.** That for running events, the games committee shall schedule additional events in a manner most appropriate for weather and facility considerations. The order of field events for all competitions shall be determined by the games committee so that efficient use is made of the available time and facilities. The scheduling of the Hammer Throw and Javelin Throw shall be made with an awareness of the special needs of those events. Mixed gender competition is permitted in any field event. Mixed gender competition is permitted in any Combined Event. Mixed gender competition is not permitted in any running event except the 10,000 Meters.
(2) **Effective Date.** December 1, 2014.

(3) **Rationale.** The current order of events, with and without preliminaries, is not realistic and has an option for change built into the rule. The proposed change includes the most common historical order of events for running, as well as guidelines for field events which never before existed. The mixed gender procedure is currently in the Qualifying Regulations.

(4) **Estimated Budget Impact.** None.

(5) **Student-Athlete Impact.** Enhances student-athlete experience.

u. **Definition of Event (4.4.5).**

(1) **Recommendation.** That all rounds of a running event shall be contested using the same physical configuration, except running direction, for events of 200 meters or less.

(2) **Effective Date.** December 1, 2014.

(3) **Rationale.** To clarify the current definition of an event.

(4) **Estimated Budget Impact.** None.

(5) **Student-Athlete Impact.** None.

v. **The Start (Rule 5.1.2).**

(1) **Recommendation.** That the start signal shall be the report of a pistol that can be cocked, or an electronic tone of at least 112dB at 15 feet. The pistol shall be not less than .32-caliber, together with a simultaneous flash/smoke generated by a pistol or an electronic flash/strobe, clearly visible to the timers whenever Manual Timing is used. A .22-caliber pistol may be used for Fully Automatic Timing and for indoor events.

(2) **Effective Date.** December 1, 2014.

(3) **Rationale.** It is not necessary to have the flash or smoke with automatic timing.
(4) Estimated Budget Impact. None.

(5) Student-Athlete Impact. None.

w. Starting Races (Rule 5.1.4).

(1) Recommendation. That when runners take the “On your marks” position, no part of the body touches the track outside their assigned lane.

(2) Effective Date. December 1, 2014.

(3) Rationale. To comply with other rules books and eliminate the confusion caused by the implication in Rule 5-4.

(4) Estimated Budget Impact. None.

(5) Student-Athlete Impact. Enhances student-athlete experience.

x. Running Violations (Rule 5.5.2.a).

(1) Recommendation. That a competitor who flagrantly impedes another runner shall be disqualified.

(2) Effective Date. December 1, 2014.

(3) Rationale. Just impeding in any manner is not a violation. Current international rules use the term “deliberately” impede. There should be something other than an inadvertent action.

(4) Estimated Budget Impact. None.

(5) Student-Athlete Impact. Enhances student-athlete experience.

y. Running Violations (Rule 5.5.2.b).

(1) Recommendation. That a competitor who, in a race run on a curve, steps on or over the lane line to the left with two consecutive steps of either both feet or a single foot shall be disqualified.
(2) **Effective Date.** December 1, 2014.

(3) **Rationale.** Any two violations of the lane line should result in a penalty. Judges have ruled that a left-right combination is not a violation. Any crossing of a foul line in the field events is a penalty.

(4) **Estimated Budget Impact.** None.

(5) **Student-Athlete Impact.** None

z. **Running Violations (Rule 5.5.3).**

(1) **Recommendation.** That a competitor who flagrantly jostles or flagrantly veers to the right or left so as to impede a challenging runner shall be disqualified.

(2) **Effective Date.** December 1, 2014.

(3) **Rationale.** To add a degree of action to the violation.

(4) **Estimated Budget Impact.** None.

(5) **Student-Athlete Impact.** Enhances student-athlete experience.

aa. **Hurdling Violations (Rule 5.6).**

(1) **Recommendation.** That a referee shall disqualify a competitor who advances or trails a leg or foot outside the hurdle width, does not hurdle each hurdle within the competitor’s lane or deliberately knocks down any hurdle.

(2) **Effective Date.** December 1, 2014.

(3) **Rationale.** To clearly identify that the violation is not in hitting the hurdle below the top plane during a race. Any deliberate knocking down of a hurdle is a violation.

(4) **Estimated Budget Impact.** None.

(5) **Student-Athlete Impact.** None.
bb. **The Steeplechase (Rule 5.7).**

1. **Recommendation.** That a referee shall disqualify a competitor who advances or trails a leg or foot outside the hurdle width and does not traverse over each hurdle.

2. **Effective Date.** December 1, 2014.

3. **Rationale.** To clarify the violations of the steeplechase. This is consistent with the new hurdle violations in Rule 5.6.

4. **Estimated Budget Impact.** None.

5. **Student-Athlete Impact.** None.

cc. **Positions for Receiving the Baton (Rule 5.8.4).**

1. **Recommendation.** That outgoing runners in the sprint relays, while waiting for the baton, may use the international zone if the incoming runner is running a leg of 200 meters or less and each leg is lane specific. Receivers for relay exchanges that do not occur in assigned lanes shall line up, as instructed by an official, in the same relative position as their incoming teammates. This line-up position is determined and should be maintained when the leader is at the beginning of the straight before the pass. When interference is not possible, receivers may move to the inside and should maintain the same relative positions.

2. **Effective Date.** December 1, 2014.

3. **Rationale.** To provide a better procedure to eliminate confusion during the exchange. The international zone interpretation is added for clarity.

4. **Estimated Budget Impact.** None.

5. **Student-Athlete Impact.** Enhances student-athlete experience.

dd. **After Passing the Baton (Rule 5.8.6).**

1. **Recommendation.** That when interference is no longer possible, incoming and outgoing runners should move to the inside.
(2) **Effective Date.** December 1, 2014.

(3) **Rationale.** To provide a better procedure during the exchange.

(4) **Estimated Budget Impact.** None.

(5) **Student-Athlete Impact.** Enhances student-athlete experience.

### ee. Relay Racing Violations (Rule 5.9.g)

(1) **Recommendation.** That a relay team shall be disqualified when, after passing the baton, a runner veers out of the passing lanes or from a straight course and flagrantly impedes an opposing runner.

(2) **Effective Date.** December 1, 2014.

(3) **Rationale.** To provide better clarity as to what is a violation during the exchange of a baton. There must be more than an impedance. Coordinates with previous rules changes.

(4) **Estimated Budget Impact.** None.

(5) **Student-Athlete Impact.** Enhances student-athlete experience.

### ff. Running Event Procedure and Qualifying (Rule 5.10.1).

(1) **Recommendation.** To standardize the methods used to administer running events.

(2) **Effective Date.** December 1, 2014.

(3) **Rationale.** Current procedure in Rule 5.11 indicates three rounds for large fields, but has an exception for scheduling constraints. Three rounds is seldom chosen. The change from “may” to “shall” disallows all other non-listed creative methods of administering running events.

(4) **Estimated Budget Impact.** None.

(5) **Student-Athlete Impact.** None.
gg. Tie for Last Qualifying Position (Rule 5.10.5).

(1) **Recommendation.** That in the event of a tie for the last qualifying position based on place for a subsequent race, the number of advancers based on time shall be reduced. If there are no advancers by time, advancement for the last qualifier shall be as if those tied were advancing by time. In the event of a tie for the last qualifying position based on time for a subsequent race, all tying runners shall qualify.

(2) **Effective Date.** December 1, 2014.

(3) **Rationale.** To provide guidance for advancing when a tie for the last qualifying place occurs.

(4) **Estimated Budget Impact.** None.

(5) **Student-Athlete Impact.** Enhances student-athlete experience.

hh. Throwing Aids (Rule 6.1.8).

(1) **Recommendation.** That for the purposes of this rule, the following shall be considered assistance, and therefore not allowed: a. The use of gloves except in the Hammer Throw and the Weight Throw. For these two events, the gloves shall be smooth on the back and on the front and the tips of the glove fingers, other than the thumb, shall be open. An additional layer of leather may be affixed to the palm of the glove for additional protection. b. The taping of two or more fingers together. If taping is used on the hands and fingers, it may be continuous provided that as a result no two or more fingers are taped together in such a way that the fingers cannot move individually. The taping must be shown to the head event judge before the event starts. c. The spraying or spreading by a competitor of any substance onto the throwing surface of the circle or onto the bottom of their shoes, except for water as a cleaning agent, nor the roughening of the surface of the circle. The following shall not be considered assistance, and therefore allowed: a. The use, in order to obtain a better grip, of a suitable substance on the hands only or in the case of the Hammer Throw and Weight Throw, on the gloves. Such substances may be used on the neck in the Shot Put. b. The use of chalk or a similar substance applied directly on the implement. Any such substance shall be easily removable using a wet cloth and shall not leave
any residue. c. The use of taping on the hands and fingers that is not in contravention of the previous section of this rule.

(2) **Effective Date.** December 1, 2014.

(3) **Rationale.** To make all taping allowances and restrictions the same across all rules books (IAAF and USATF) and have consistency in all cases where competitions involving NCAA competitors may occur. Wound protection and support belts are already allowed by rule.

(4) **Estimated Budget Impact.** None.

(5) **Student-Athlete Impact.** None.

### ii. Warm-Up Restrictions (Rule 6.1.9).

(1) **Recommendation.** That once a competition has begun, except as scheduled, competitors are not allowed to use for practice purposes the runway, ring, takeoff area or throwing implements associated with competition.

(2) **Effective Date.** December 1, 2014.

(3) **Rationale.** To provide better clarity regarding the warm-up procedure, eliminating the possibility of using equipment within the competition area except for the actual competition.

(4) **Estimated Budget Impact.** None.

(5) **Student-Athlete Impact.** None.


(1) **Recommendation.** That performances on a scorecard shall be a distance of an ‘O’ for a successful trial, an ‘X’ for any type of foul/failure or a dash (-) to indicate a pass (replacing P=Pass and F=Foul).

(2) **Effective Date.** December 1, 2014.

(3) **Rationale.** To standardize officiating notations with the IAAF and USATF.
(4) **Estimated Budget Impact.** None.

(5) **Student-Athlete Impact.** None.

### kk. Competition Procedures (Rule 6.2).

(1) **Recommendation.** That the procedure and criteria for conducting field events shall be used for all competition unless extraordinary circumstances exist, normally not controllable, which require alteration by the games committee. Field event competitors who first report to the event, or flight if checked-in by flight, after the first competitive attempt has been made in the event/flight, shall not be allowed to compete in the event.

(2) **Effective Date.** December 1, 2014.

(3) **Rationale.** To clarify existing provisions, add a currently used option and replicate the rule format for the running event procedure.

(4) **Estimated Budget Impact.** None.

(5) **Student-Athlete Impact.** None.

### ll. High Jump, Pole Vault Procedure (Rule 6.4.3).

(1) **Recommendation.** That when the number of competitors exceeds 20, the games committee shall select one of the following options: a. Utilize a qualifying competition, Rule 6.2.2, following the normal order of competition. b. Utilize two flights following the normal order of competition. The overall placing is determined by combining the results of both flights. Ties for first place shall not be broken. c. Rotating flights (five-alive method) may be used until there are nine or fewer competitors remaining at a bar height. For rotating flights, once a competitor has cleared or missed three attempts at a height, another athlete shall be added to that position in the continuing flight, moving down the listed order of competition until all competitors have completed attempts at each height.

(2) **Effective Date.** December 1, 2014.

(3) **Rationale.** To provide options for administering the vertical jump events.

(4) **Estimated Budget Impact.** None.
(5) **Student-Athlete Impact.** Enhances student-athlete experience.

### mm. Scoring (Rule 7.1.4 – New).

(1) **Recommendation.** That at the conclusion of the competition, any institution that has not had a scoring competitor shall be listed with a team score of zero (0).

(2) **Effective Date.** December 1, 2014.

(3) **Rationale.** By assigning each institution a score of zero, team scores throughout the competition will more accurately reflect the score for each competing institution. Likewise, indicating a score of zero for an institution that fails to score during the competition more accurately reflects the total team scores and placing of teams at the conclusion of the competition. The current scoring system does not accurately reflect team places if an institution scores a single point and another institution scores zero points.

(4) **Estimated Budget Impact.** None.

(5) **Student-Athlete Impact.** None.

### nn. Course Layout – Cross Country (Rule 8.2.2).

(1) **Recommendation.** That the optimal width of a championship course should not be less than 10 meters throughout. The optimal first turn of a championship course should not be less than 600 meters and preferably not less than 800 meters from the start.

(2) **Effective Date.** December 1, 2014.

(3) **Rationale.** The stated requirements are the most desired, but frequently not possible to attain due to available bids or other circumstances, thus using courses that are in violation of the rule.

(4) **Estimated Budget Impact.** None.

(5) **Student-Athlete Impact.** None.
oo. Referee Duties – Cross Country (Rule 8.5.2 – Delete).

(1) Recommendation. That the following duties for cross country referees be deleted: 
a. Oversee the inspection of the course, start and finish. b. Review and approve all final meet results.

(2) Effective Date. December 1, 2014.

(3) Rationale. The games committee and meet director should be responsible for overseeing the course, as they are currently prescribed in Rule 3, leaving the referee free to rule on perceived rules violations and/or protests. The referee should not be part of the process of compiling and reporting results. They should be free of the process so that if the results are protested, their views will not be tainted and they will be free to make an impartial ruling.

(4) Estimated Budget Impact. None.

(5) Student-Athlete Impact. None.

pp. Starters – Cross Country (Rule 8.5.6.e – New).

(1) Recommendation. That an assistant starter should be placed behind the starting line near the middle of the field to initiate and/or affect a recall as required within this rule for the first 100 meters of the race.

(2) Effective Date. December 1, 2014.

(3) Rationale. In 2014, two additional starters were added to be placed at appropriate distances from the start to fire the pistol in case of a false start within the first 100 meters of the race. However, an athlete in the middle of the field, especially a large field such as at regional and national championship competitions, could be unseen by all three current recall starters. An additional recall starter placed behind the starting line, near the middle of the field, would not have his or her line of sight blocked by other competitors should an athlete fall to the ground within the first 100 meters of the race. This is not a required position, but rather a recommended one.

(4) Estimated Budget Impact. None.

(5) Student-Athlete Impact. Enhances student-athlete experience.
qq. Team Scoring – Cross Country (Rule 8.6.3.d).

(1) **Recommendation.** That ties in team scoring shall be broken by comparing in order the place finish of each of the five scoring members of the tied teams. The team with the majority of winning comparisons shall be awarded the higher place.

(2) **Effective Date.** December 1, 2014.

(3) **Rationale.** To clarify the tie breaking procedure so that no mistakes are made.

(4) **Estimated Budget Impact.** None.

(5) **Student-Athlete Impact.** None.

rr. Team Scoring – Cross Country (Rule 8.6.3.e – New).

(1) **Recommendation.** That teams that start at least five runners and have fewer than five runners finish the race shall be listed alphabetically at the end of the team results as did not finish.

(2) **Effective Date.** December 1, 2014.

(3) **Rationale.** The current scoring system does not accurately reflect all team places or which teams actually competed. By assigning a DNF to each institution that begins the competition as a team, starts five runners or more, but does not have at least five runners complete the race, it more accurately reflects the total team scores and placing of teams at the conclusion of the competition.

(4) **Estimated Budget Impact.** None.

(5) **Student-Athlete Impact.** None.

ss. Running Event Procedure and Qualifying – Indoor Track and Field (Rule 10.4).

(1) **Recommendation.** To clarify and reorganize the rules pertaining to running event procedures and qualifying regulations for indoor track and field. The specific changes are outlined in the additional track and field supplement (Supplement 7c).
tt. Race Conduct – Indoor Track and Field (Rule 10.4).

(1) Recommendation. That the 800 Meters, 1000 Meters and 4x800 Meter Relay shall start and continue in lanes or alleys until at least the end of the second turn. On tracks of more than 200 meters, these events shall start and continue in lanes or alleys until the end of the first turn. After such start, the race shall continue in lane one. In individual races longer than 1000 meters and the Distance Medley Relay, if the number of competitors or teams exceeds the number of lanes on the track, all groups shall use a waterfall start, which may be staggered. After such start, the race shall continue in lane one.

(2) Effective Date. December 1, 2014.

(3) Rationale. Accompanies the proposal for Rule 5.4.2.e so that where an event is staged is defined.

(4) Estimated Budget Impact. None.

(5) Student-Athlete Impact. Enhance student-athlete experience.

uu. Formation of Heats/Assignment of Lanes – Indoor Track and Field (Rule 10.5).

(1) Recommendation. That the games committee shall be responsible for the original formation of heats and the assignment of lanes. In all running events that do not have advancement to the final based on time only, the preliminary round heats shall be formed according to Rule 5.11.2.a. Rule 5.11.2.c shall apply for the second and subsequent rounds. A final round, contested as a result of Rule 10.4.6.d, eight competitors advancing when the facility has fewer than eight usable lanes, shall be contested in two sections formed by seeding competitors
from the ranked advancement list, in groups of two, left to right only for the two sections.

(2) **Effective Date.** December 1, 2014.

(3) **Rationale.** To clarify and reorganize the heat and lane assignments for indoor track and field. Most items are not new, but restated in this rule for clarity.

(4) **Estimated Budget Impact.** None.

(5) **Student-Athlete Impact.** Enhance student-athlete experience.

**v. Formation of Heats/Assignment of Lanes – Indoor Track and Field (Rule 10.5.1.b).**

(1) **Recommendation.** That when eight competitors advance to the final in the races listed in this article, the competitors shall qualify to a two-section final on the basis of time from preliminary rounds. Two sections shall be formed by seeding competitors from the ranked list of times using the following assignments:

<table>
<thead>
<tr>
<th>Heat 1</th>
<th>Heat 2</th>
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<tbody>
<tr>
<td>3</td>
<td>1</td>
</tr>
<tr>
<td>4</td>
<td>2</td>
</tr>
<tr>
<td>6</td>
<td>5</td>
</tr>
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<td>8</td>
<td>7</td>
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</table>

(2) **Effective Date.** December 1, 2014.

(3) **Rationale.** The top two qualifiers in the finals of the 200 Meters, 300 Meters, 400 Meters, 500 Meters, 600 Meters, 4x200 and 4x400 Meter Relays should have the opportunity to compete head to head against each other in the final.

(4) **Estimated Budget Impact.** None.

(5) **Student-Athlete Impact.** Enhance student-athlete experience
INFORMATIONAL ITEMS.

1. Welcome, Introductions and Announcements. Committee members introduced themselves and were welcomed to the meeting.


3. Approve Reports from 2013-14 Teleconferences. The committee approved the 2013-14 teleconference reports as written.

4. NCAA Injury Surveillance Data and Report. The committee reviewed the most recent injury data for men’s and women’s track and field and cross country. The committee requested additional injury data for the pole vault.

5. Review Playing Rules Oversight Panel (PROP) Directive. The committee reviewed the PROP directive to all rules committees to strongly consider providing a minimum one-year delay for any rule change that has either a financial or facility impact.

6. Secretary-Rules Editor Report. The committee reviewed the June rules report, as well as all monthly interpretations and clarifications issued by the secretary-rules editor during the 2013-14 academic year.

7. Review of 2013-14 Rules Survey. The committee reviewed and discussed the results from the bona fide competition survey, focusing on the qualitative feedback that was received from the membership. The committee noted several items and topics for inclusion on next year’s survey.

8. Rules Proposals. The committee reviewed 90 rules change proposals and discussed each item at length. Proposals that were approved by the committee are included at the beginning of this report.
9. **Future Meeting Dates and Conference Calls.** Next year’s annual meeting will take place June 16-18, 2015. Monthly conference calls will begin in September and will occur the first Tuesday of every month at 11 a.m. Eastern time.

10. **Election of New Chair.** The committee re-elected John McNichols, Indiana State University, as chair for the 2014-15 academic year.

11. **Other Business.** The committee determined that a point of emphasis for next year will be that all rules outlined in the rule book should be followed as written.

12. **Adjournment.** The committee adjourned at 11:05 a.m. on Wednesday, June 18, 2014.

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**Committee Chair:** John McNichols, Indiana State University  
**Staff Liaison:** Rachel Seewald, Championships and Alliances

<table>
<thead>
<tr>
<th>Attendees</th>
<th>Absentees</th>
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<tbody>
<tr>
<td>Lou Andreadis, Grand Valley State University</td>
<td>Rick Witt, University of Wisconsin, Stevens Point</td>
</tr>
<tr>
<td>Chaunte Baldwin, University of North Texas</td>
<td></td>
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<tr>
<td>Andy Eggerth, Kennesaw State University</td>
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<tr>
<td>G. Anthony Grant, Millersville University of Pennsylvania</td>
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<td>John McNichols, Indiana State University</td>
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<td>Jim Nichols, Ithaca College</td>
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<td>Bob Podkaminer, secretary-rules editor</td>
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<tr>
<td>John Weaver, Appalachian State University</td>
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<tr>
<td>Other Attendees:</td>
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<td>Dan Calandro, NCAA</td>
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<td>Greg Johnson, NCAA</td>
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<tr>
<td>Rachel Seewald, NCAA</td>
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