Thank you for your participation in this very important study.

The NCAA Research Staff
Thank you for your willingness to participate in the NCAA's National Study on Collegiate Wagering and Social Environments. The first part of this study seeks to assess opinions toward gambling and sports wagering among current student-athletes. The second part asks questions about the social environments of student-athletes. Your opinions and experiences will be used to develop programming and educational initiatives that will assist all of us associated with college sports. For this study to help future student-athletes, it is important that you read all questions carefully and give thoughtful and honest responses.

This information is being collected anonymously. We will not ask you to identify yourself or your school. That means nobody, including the NCAA or the researchers, will know your identity or be able to match your responses to your team or your school. The study protocols were designed specifically to help you maintain complete anonymity. Results that are reported will be in terms of sport trends or national averages; an individual’s responses will never be reported in isolation.

Your participation in this study is completely voluntary so you may choose not to answer specific questions, or to discontinue your participation at any time without penalty. The information about the study provided to you by your campus faculty athletics representative is intended to inform you of the purpose, benefits and risks associated with the study. Your voluntary completion of this survey indicates that you are consenting to participate in this study.

If you are under 18 years of age, or below the age of legal consent to participate in this study in your state, you are excused from further participation in this research study.

If you have questions regarding the study, survey instrument or the survey procedures, please contact the survey administrator, Michael Miranda, at 317-917-6304 or mmiranda@ncaa.org.

Thank you for your participation in this important study on student experiences!
5. How do you describe yourself? *(Mark all that apply)*
   - American Indian or Alaskan Native
   - Asian or Asian American
   - Black or African American
   - Hispanic or Latino
   - Native Hawaiian or Pacific Islander
   - White
   - Multiracial
   - Other

6. Do you rely on the following to help pay for college? *(Please respond to each item)*
   - a. Family contribution ...........................................
   - b. Personal contribution or job ..............................
   - c. Pell Grant ...........................................................
   - d. Need-based financial aid (including state or institutional grants) ...........................................
   - e. Academic scholarship ......................................
   - f. Athletics scholarship ........................................
   - g. Loans .................................................................
   - h. Need-based financial aid (including state or institutional grants) ...........................................
   - i. Academic scholarship ......................................
   - j. Athletics scholarship ........................................
   - k. Loans .................................................................

7. With whom do you currently live during the school year? *(Choose one best response)*
   - I live alone
   - With parents, family or a significant other
   - With teammates or other student-athletes only
   - With a mix of student-athletes and others
   - Only with other students who are not athletes
   - Only with others who are not students at this school

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**PART 2: GAMBLING ACTIVITIES**

In the following questions, the terms “GAMBLING,” “WAGERING” and “BETTING” refer to any activity in which one risks money in an attempt to win money.

8. Listed below are several types of gambling activities. How often have you done each of the listed activities during the past 12 months for money? Enter one response for each type of activity.

   **Activities**
   - a. Played cards for money (such as poker) ............................................
   - b. Gambled in a casino for money ..............................................
   - c. Bet on horses, dogs or other animals for money ..............................
   - d. Bet on sports for money (in any form such as betting on individual games, sport pools, fantasy leagues with money involved, etc.) ..............................................
   - e. Bet on games of personal skill (e.g., pool, golf, bowling, video games) for money ..............................................
   - f. Played dice games or craps for money ..............................................
   - g. Played slots or other gambling machines ........................................
   - h. Played casino games (including poker) on the Internet for money ....
   - i. Bought lottery or scratch tickets ..............................................
   - j. Traded on the stock market for money (e.g., day trading) ................
   - k. Played bingo for money ..............................................

   **Frequency**
   - Less than once a month
   - At least once a month
   - Daily
   - At least once a week
   - Not at all
9. Have you engaged in any of these forms of sports betting for money during the past 12 months?

a. Bets on individual games (e.g., point spread, win/loss, over/under)  
   〇 〇 〇

b. Online daily or weekly fantasy sports contests (e.g., via DraftKings, FanDuel, etc.)  
   〇 〇 〇

c. Season-long fantasy sports contests  
   〇 〇 〇

d. Parlays  
   〇 〇 〇

e. Pools or bracket contests  
   〇 〇 〇

f. Prop bets  
   〇 〇 〇

g. Live in-game betting  
   〇 〇 〇

10. If you indicated in Questions 8d or 9 that you bet on sports for money during the past 12 months, on what sports did you bet? If you did not bet on sports for money in the past 12 months, mark “Not at all” on each row below. Betting on a sport includes brackets, pools and fantasy contests (daily or season-long) in which entry fees are paid and prizes/money given.

   Frequency  
   (in the past 12 months)

   Yes, at least once a month when the sport is in-season
   Yes, but less than once a month
   No

Sports

a. NFL  
   〇 〇 〇

b. NBA  
   〇 〇 〇

c. Major League Baseball  
   〇 〇 〇

d. College football  
   〇 〇 〇

e. NCAA men’s basketball (including pools or bracket contests with an entry fee)  
   〇 〇 〇

f. NHL  
   〇 〇 〇

g. Soccer  
   〇 〇 〇

h. UFC / MMA or Boxing  
   〇 〇 〇

i. Golf  
   〇 〇 〇

j. Tennis  
   〇 〇 〇

k. Auto racing  
   〇 〇 〇

l. Other pro or college sports (e.g., WNBA, college baseball, lacrosse)  
   〇 〇 〇

m. High school or youth sports  
   〇 〇 〇
11. Listed below are several ways to place bets on sports. If you indicated in Questions 8d or 9 that you have bet on sports for money during the past 12 months, how did you typically place your bets? If you did not bet on sports for money in the past 12 months, mark “Not at all” on each row below.

<table>
<thead>
<tr>
<th>Methods for Placing Bets</th>
<th>Frequency (in the past 12 months)</th>
</tr>
</thead>
<tbody>
<tr>
<td>a. With a bookie</td>
<td>Not at all, Yes, at least once a month, Yes but less than once a month</td>
</tr>
<tr>
<td>b. With friends</td>
<td>Not at all, Yes, at least once a month, Yes but less than once a month</td>
</tr>
<tr>
<td>c. Electronically via an Internet site or an app on your phone/tablet</td>
<td>Not at all, Yes, at least once a month, Yes but less than once a month</td>
</tr>
<tr>
<td>d. At a casino, sports book or sports lottery</td>
<td>Not at all, Yes, at least once a month, Yes but less than once a month</td>
</tr>
</tbody>
</table>

12. In the past 12 months when you have bet on sports electronically over the internet or using an app on your phone/tablet, how have you paid for the bet? (Mark all that apply)

- I’ve never placed a sports bet electronically in the past 12 months
- Credit card or debit card
- Pre-paid debit, phone or gift card
- PayPal, Bitcoin, NETELLER or other third-party electronic funds transfer company
- Cash or check
- Direct transfer from a bank account
- Other

13. What is the total largest amount of money you have ever lost wagering on sports in a single day?

- I’ve never bet on sports for money
- Less than $10
- $10 to $49
- $50 to $99
- $100 to $299
- $300 to $499
- $500 to $999
- $1,000 or more

14. What is the total largest amount of money you have ever lost gambling in any form in a single day?

- I’ve never gambled for money
- Less than $10
- $10 to $49
- $50 to $99
- $100 to $299
- $300 to $499
- $500 to $999
- $1,000 or more

15. The following questions are specifically about fantasy sports and NCAA men’s basketball tournament pools (including bracket contests):

a. Have you ever participated in a free fantasy sports league?

- Yes
- No

b. Do you consider participation in a fantasy sports league with an entry fee and a prize to be gambling?

- Yes
- No

c. Have you ever participated in a free NCAA men’s basketball tournament pool?

- Yes
- No

d. Have you ever participated in an NCAA men’s basketball tournament pool with an entry fee and a prize offered?

- Yes
- No

e. Do you consider participation in an NCAA men’s basketball tournament pool with an entry fee and a prize to be gambling?

- Yes
- No

16. What is the highest entry fee you have ever paid for an NCAA men’s basketball tournament pool or bracket contest?

- I’ve never participated in such a pool
- There was no fee
- Less than $10
- $10 to $49
- $50 to $99
- More than $100

17. How much total money have you spent in the past 12 months on fantasy sports?

- $0
- Less than $10
- $10 to $49
- $50 to $99
- $100 to $499
- $500 to $999
- $1,000 or more
18. There are many simulated forms of gambling that are played for free. Most often these are in the form of social casino games (e.g., slots, poker, blackjack, etc.). During the past 12 months, how often have you:

**Activities**

- a. Played a simulated gambling activity on a video game console? 
- b. Played a simulated gambling activity on a social media site (e.g., Facebook)?
- c. Played a simulated gambling activity on an Internet gambling website or on a specific app on your cell phone/tablet?
- d. Played a free simulated sports betting or bracket game on the Internet?

**Frequency** (in the past 12 months)

- Yes, but less than once a month
- Yes, at least once a month
- Not at all
- Not at all

19. When did you first wager on sports?

- Before high school
- High school
- College
- I’ve never wagered on sports

20. When did you gamble in any form for money for the first time?

- Before high school
- High school
- College
- I’ve never gambled for money

21. When you gambled that first time for money, which of the following did you do? (Mark one)

- Played cards (including poker)
- Bet on horses, dogs or other animals
- Bet on sports (including pools or fantasy leagues)
- Bet on a game of personal skill (e.g., bowling or video games)
- Played dice games or craps
- Played slots or other gambling machines
- Bought/received lottery or scratch tickets
- Traded on the stock market (e.g., day trading)
- Played bingo
- Other
- I’ve never gambled for money

22. Have you ever:

- a. Bet on a college game that involved your team?
- b. Bet on a college game that involved another team at your school?
- c. Bet on a college game in your sport, but not involving your school?

23. Who are you most likely to gamble with? (Mark one)

- I have never gambled
- Alone (including online gambling)
- Boyfriend, girlfriend, spouse or family member(s)
- Teammates or other people I know through sports
- Friends outside of sports

24. Have you ever:

- a. Been contacted by an outside source to share inside information about your team?
- b. Been asked to influence the outcome of a game in which you played?
- c. Been asked by a team member for help in influencing the outcome of a game?
- d. Known of a teammate who has been asked to try to influence the outcome of a game in which he or she played?
- e. Known of a teammate who accepted money or other reward for playing poorly?
- f. Known a bookie?
- g. Known of a student-athlete at your school who was a bookie?
25. Have you ever:

a. Provided confidential (inside) information about a college game to an outside source? 
   
   Yes [ ] No [ ]

b. Asked a teammate to influence the outcome of a game?  
   
   Yes [ ] No [ ]

c. Accepted money or other reward for playing poorly in a game?  
   
   Yes [ ] No [ ]

d. Been helped by anyone to pay a gambling debt?  
   
   Yes [ ] No [ ]

e. Received help for a gambling problem?  
   
   Yes [ ] No [ ]

f. Posted information during the season on social media about how you or your teammates are feeling, how the team is looking in practice or how you're preparing for an upcoming game?  
   
   Yes [ ] No [ ]

g. Been told by a coach not to post certain information about you or your team on social media?  
   
   Yes [ ] No [ ]

The next question is a standard measurement scale that is used in wagering studies throughout North America. There are no right or wrong answers to the questions that follow. Please try to be as honest as possible, and remember that all information is anonymous.

26. In the past 12 months...

a. Have there been periods in the past year where you spent a lot of time thinking about past gambling experiences, thinking about future gambling experiences or thinking about ways of getting money with which to gamble?  
   
   Yes [ ] No [ ]

b. During the past year, have you needed to gamble with larger amounts of money or with larger bets in order to obtain the same feeling of excitement?  
   
   Yes [ ] No [ ]

c. Have you tried to cut down or stop your gambling several times in the past year and been unsuccessful?  
   
   Yes [ ] No [ ]

d. Did you feel quite restless or irritable after you tried to cut down or stop gambling?  
   
   Yes [ ] No [ ]

e. Do you feel that you gamble as a way to run away from personal problems, or to relieve uncomfortable emotions such as nervousness or sadness?  
   
   Yes [ ] No [ ]

f. After you lose money gambling, do you often return another day to try to win back your losses?  
   
   Yes [ ] No [ ]

g. Have you lied to family members, friends or others in order to hide your gambling?  
   
   Yes [ ] No [ ]

h. Have you committed any illegal acts (such as theft, forgery, embezzlement or fraud) to finance your gambling?  
   
   Yes [ ] No [ ]

i. Have you almost lost, or actually lost, a relationship with someone important to you, or a job, school or career opportunity because of your gambling?  
   
   Yes [ ] No [ ]

j. Have you relied on others to bail you out and pay your gambling debts, or to pay your bills when you have financial problems because of gambling?  
   
   Yes [ ] No [ ]

k. Has gambling negatively impacted your academic performance?  
   
   Yes [ ] No [ ]

l. Has gambling negatively impacted your athletics performance?  
   
   Yes [ ] No [ ]

m. Have you ever felt you had a problem with gambling?  
   
   Yes [ ] No [ ]
27. Have you received information on the NCAA rules concerning gambling?
   ○ Yes
   ○ No

28. How did you receive information on NCAA gambling rules? (Please mark all that apply)
   ○ Coach
   ○ Athletics department presentation or information
   ○ Teammate
   ○ Through an NCAA presentation or educational materials
   ○ Law enforcement or other outside presenter
   ○ Other source
   ○ I don’t remember
   ○ I’ve never received information on NCAA rules about gambling

29. Would your coaches generally be aware of whether your teammates are gambling on sports?
   ○ Yes
   ○ No

30. Would your teammates generally be aware of whether a particular teammate was gambling on sports?
   ○ Yes
   ○ No

31. Do you agree or disagree that the following people, educational initiatives or events can be effective in influencing student-athletes not to wager on sports?

   a. Coach
   b. Athletics department presentation or information
   c. Teammates
   d. NCAA presentation or educational materials
   e. NCAA penalties
   f. Law enforcement presentation
   g. Former bookie/gambler presentation
   h. Presentation from former athlete who had a gambling problem
   i. Parents

32. How much do you agree or disagree with each statement?

   a. Most college student-athletes violate NCAA rules that prohibit sports wagering
   b. Sports wagering is acceptable so long as you wager on a sport other than the one in which you participate
   c. I think sports wagering is a harmless pastime
   d. If I chose to wager on sports, I could consistently make a lot of money
   e. Coaches take NCAA rules against sports wagering seriously
   f. It makes me uncomfortable that people bet on college sports
   g. I don’t think gambling entities (e.g., casinos, daily fantasy sports companies) should advertise at college sporting events or during college sports telecasts
### Part 3: Social Environments

33. How comfortable do you feel in each of these environments (that is, you feel respected and cared about; you fit in)?

<table>
<thead>
<tr>
<th>Environment</th>
<th>Extremely Comfortable</th>
<th>Very Comfortable</th>
<th>Somewhat Comfortable</th>
<th>Not at All Comfortable</th>
</tr>
</thead>
<tbody>
<tr>
<td>With my team</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Among other student-athletes at the school</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>With other students at this college who aren’t athletes</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Among members of the off-campus community near your school</td>
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<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>With fans of your team</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>In your classes</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>In social areas on campus outside of athletic facilities (e.g., at the dining hall or student union)</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

34. How much do you agree or disagree with the following statements about how other students perceive student-athletes?

<table>
<thead>
<tr>
<th>Statement</th>
<th>Strongly Agree</th>
<th>Somewhat Agree</th>
<th>Agree</th>
<th>Disagree</th>
<th>Strongly Disagree</th>
</tr>
</thead>
<tbody>
<tr>
<td>I feel like I can be myself around other students on this campus...........</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Students on this campus assume I’m not a good student because I’m also an athlete..........</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Students on this campus are jealous of the treatment that athletes receive ................................</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Generally, students at this college hold stereotypes about athletes that negatively impact my daily experiences here................................</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

35. How much do you agree or disagree with the following statements about how professors perceive student-athletes?

<table>
<thead>
<tr>
<th>Statement</th>
<th>Strongly Agree</th>
<th>Somewhat Agree</th>
<th>Agree</th>
<th>Disagree</th>
<th>Strongly Disagree</th>
</tr>
</thead>
<tbody>
<tr>
<td>Professors at this school are understanding of my dual roles as student and athlete........</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Professors on this campus assume I’m not a good student because I’m also an athlete ..........</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Generally, professors at this college hold stereotypes about athletes that negatively impact my daily experiences here........................</td>
<td></td>
<td></td>
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</tr>
</tbody>
</table>

36. How much do you agree or disagree with the following statements about how students at your college are treated by community members outside of your campus?

<table>
<thead>
<tr>
<th>Statement</th>
<th>Strongly Agree</th>
<th>Somewhat Agree</th>
<th>Agree</th>
<th>Disagree</th>
<th>Strongly Disagree</th>
</tr>
</thead>
<tbody>
<tr>
<td>There are generally good relations here between students and community members........................</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Generally, community members hold stereotypes that negatively impact my daily experiences here................................</td>
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</tr>
<tr>
<td>Student-athletes have a responsibility to participate in volunteer or service activities within the local community........................</td>
<td></td>
<td></td>
<td></td>
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<td></td>
</tr>
</tbody>
</table>
37. How much do you agree or disagree with the following statements?

<table>
<thead>
<tr>
<th>Statement</th>
<th>Strongly Agree</th>
<th>Somewhat Agree</th>
<th>Agree</th>
<th>Disagree</th>
<th>Strongly Disagree</th>
</tr>
</thead>
<tbody>
<tr>
<td>a. Faculty are accessible to me when I need their help</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>b. I am satisfied with my current living situation</td>
<td></td>
<td></td>
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<td></td>
</tr>
<tr>
<td>c. I am satisfied with my current social environment at this school</td>
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<tr>
<td>d. I would like to be more involved on campus outside of athletics</td>
<td></td>
<td></td>
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<td></td>
<td></td>
</tr>
<tr>
<td>e. I have friends here who share my interests and values</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>f. I am sometimes lonely at this school</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>g. It is easy to find people on campus with similar cultural backgrounds</td>
<td></td>
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</tr>
<tr>
<td>h. In general, people on campus value the experiences of people in my</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>i. This school’s traditions and celebrations play an important role in</td>
<td></td>
<td></td>
<td></td>
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</tr>
<tr>
<td>j. I am proud of this school’s history and culture</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

38. Do you consider yourself to be:

- [ ] Heterosexual or straight
- [ ] Gay or lesbian
- [ ] Bisexual
- [ ] Prefer not to answer

39. How much do you agree or disagree with the following statements about social media and fans?

<table>
<thead>
<tr>
<th>Statement</th>
<th>Strongly Agree</th>
<th>Somewhat Agree</th>
<th>Agree</th>
<th>Disagree</th>
<th>Strongly Disagree</th>
</tr>
</thead>
<tbody>
<tr>
<td>a. I am active on social media (e.g., Instagram, Facebook, Twitter, Snapchat, etc.)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>b. I pay a lot of attention to what’s said about me and my team on social media</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>c. I receive positive wishes and encouragement from fans via social media</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>d. I sometimes receive negative or threatening messages from fans via social media</td>
<td></td>
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</tr>
<tr>
<td>e. My coaches don’t want us posting on social media</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>f. Social media distracts me from doing the things I need to do each day</td>
<td></td>
<td></td>
<td></td>
<td></td>
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</tr>
<tr>
<td>g. I feel pressure to live up to the expectations of my team’s fans</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
40. How much do you agree or disagree with the following statements?

a. I am willing to admit that I feel I am due more in life than other people .............................................

b. I deserve more success in my life than others who have had it easy................................................

c. I am entitled to get into the career that I want .............................................

d. I deserve the best things in life........

e. If I am struggling in a class, the professor should approach me and offer to help .............................................

f. Grades in a class often have more to do with how much a professor likes you than with how much work you do .............................................

g. If I miss a class, it is my responsibility to get the notes........

h. The professor is responsible for how well I do in class ......................

i. It's a professor's obligation to be flexible when student-athletes have conflicts due to games or practices .............................................

j. This school provides me with the resources I need to succeed academically here .................................

41. How much do you agree or disagree with the following statements?

a. I always feel safe in my team locker room.............................................

b. I always feel safe on campus ........

c. I always feel safe when my teammates and I socialize out in the community .............................................

d. If I get into trouble with the police, it is certain that I will be disciplined by my coach or the athletics department....................

e. My coach would strongly discipline my teammates and I for poor off-field behavior .............................................

42. How much do you agree or disagree with the following statements?

a. I have trouble controlling my temper .............................................

b. Some of my friends think I get angry easily .............................................

c. I have become so mad that I have broken things .................................
43. How much do you agree or disagree with the following statements?

   a. I've been trained to compete with aggression ........................................
   b. Winning is more important to me than good sportsmanship......................
   c. I perform better in competition if angry ...............................................
   d. If an athlete in a contact sport is fouled hard, they are justified in retaliating physically ........................................

44. How much do you agree or disagree with the following statements?

   a. If you're not careful, people will take advantage of you..............................
   b. People mostly just look out for themselves ...........................................
   c. I trust my teammates as much as anybody in my life...............................
   d. My teammates have my back regardless of the situation...........................
   e. My coaches can be trusted .................................................................
   f. I'm satisfied with my friendships outside of athletics ..............................
   g. In general, people on this campus support each other ...............................
   h. There are people on campus I can trust to give me support when I need it  ........................................
   i. I know where to go on campus if I have mental health concerns ...............

45. If the following situations came up, how likely do you think you would be to engage in the following behaviors?

   a. Accompany a teammate home if they've had a lot to drink at a party ..........
   b. Seek help to stop a fight that involves a teammate ..................................
   c. Walk away from a confrontation even if your toughness is being questioned .......................
   d. Confront a teammate if you think they are treating a boyfriend/girlfriend inappropriately ........................................
   e. Report a teammate’s involvement in academic misconduct .......................
   f. Report a teammate’s involvement if they have committed a crime ..........
   g. Stop a teammate from driving after consuming alcohol ..........................
   h. Intervene in a situation that could lead to unwanted sexual behavior ..........

46. Have you received training on your campus (e.g., bystander intervention training) to prepare yourself to help someone in trouble?

   ○ Yes
   ○ No
47. How often do you ask a family member...

a. To contact one of your professors? ...........

b. To contact one of your coaches? ...........

c. For help with a bill or money problem? ........................................

d. To help you make academic decisions (e.g., choose classes)? ..........

e. For advice on athletics issues (e.g., advice on training or how to deal with coaches)? ........................................

f. For help dealing with stress or other mental well-being issues? .............

48. How often do you typically communicate with your parents/guardians (talk, text, use social media)? (Mark only one circle)

- Multiple times daily
- Once a day
- A few times a week
- Once a week
- Less than weekly

49. In your opinion, how involved are your family members in these areas of your life?

a. Academics........................................

b. Career preparations .....................

c. Athletics........................................

d. How you spend your free time...........

e. Your nutrition ...............................  
f. Your mental well-being....................

g. Your finances...............................  
h. Your housing arrangements .......... 
i. Your friendships............................

j. Your romantic relationships .........

k. Visiting you at college.....................
50. How much do you agree or disagree with the following statements about your family?

a. Giving back to my family is a priority to me ........................................

b. I feel a lot of pressure to live up to my family’s expectations of me ........................................

c. My family is very interested in my academic progress ..........................

d. My family and I struggle to make ends meet ........................................

e. My family can relate to my experiences as a college student-athlete ..........................

51. How much do you agree with the following statements about your coaches and teammates from high school?

a. I am still in close contact with teammates from high school ............

b. I am still in close contact with coaches from high school ..............

c. I reach out to a former coach when I am having problems or need advice ........................

d. A former coach played a big role in my college choice .............

52. How much do you agree or disagree that the following conditions would make it easier for student-athletes to seek out support for mental health concerns (e.g., depression, anxiety, eating disorders)?

a. Flexible hours (e.g., early morning, evening, weekend) ..............

b. Ability to schedule same-day appointments ....................................

c. Access to online mental health resources .................................

d. Having mental health professionals located within the athletics facilities ..................................

e. Anonymity in seeking mental health support .............................

f. Mental health providers who understand the college athletics experience ..........................

g. Having services in a low-traffic (less visible) area ...........................

h. Ability to schedule appointments online ......................................

i. Having mental health services be free .......................................  

j. Availability of a 24-hour hotline .............
53. What is the highest level of education your parent(s) have completed? (Mark one circle per column)

- a. Did not finish high school ......................................
- b. Graduated from high school ........................................
- c. Attended college but did not complete degree .................
- d. Completed an associate’s degree (A.A., A.S., etc.) ...........
- e. Completed a bachelor’s degree (B.A., B.S., etc.) ..............
- f. Completed a master’s degree (M.A., M.S., etc.) ..............
- g. Completed a doctoral degree (PhD., J.D., M.D., etc.) .........
- h. Don’t know ................................................................

Thank you for your participation in this important study on student experiences!

Results of previous student-athlete surveys are available on the NCAA Research website:

http://www.ncaa.org/research