

NCAA LEGISLATION INVOLVING HEALTH AND SAFETY ISSUES

June 2017

This chart should be used as a quick reference for NCAA legislation involving health and safety issues that appears in the Legislative Services Database (LSDBi) and the most current NCAA Divisions I, II and III Manuals. The comment section does not capture the full scope of the legislation; users are encouraged to review

the full bylaw in the appropriate divisional manual. Because of the dynamic nature of the NCAA legislative process, the most current information on these and any new legislation should be obtained through the institution's athletics department compliance staff.

REGULATIONS INVOLVING HEALTH AND SAFETY ISSUES

Topic	Issue	NCAA Bylaw Cite	Comments
Banned Drugs	List of Banned Drug Classes	31.2.3.1	Lists all drug classes currently banned by the NCAA.
	Drugs and Procedures Subject to Restrictions	31.2.3.1.1	List of drugs and procedures that are restricted.
	Effect on Eligibility for Use of Banned Drugs	18.4.1.4 (DI and DII); 18.4.1.5 (DIII)	A positive test for substance on the list of banned drug classes, other than illicit drugs, as set forth in Bylaws 31.2.3.1, results in loss of eligibility.
	Effect on Eligibility for Use of Illicit Drugs	18.4.1.4.2 (DI and DII); 18.4.1.5.2 (DIII)	A positive test for an illicit drug will result in a loss of competition during a minimum of 50 percent of the season.
	Transfer While Ineligible Due to Positive Drug Test	13.1.1.3.5 (DI), 13.1.1.2.4 (DII), 13.1.1.2.5 (DIII)	Institution at which student-athlete tested positive for use of a banned substance must report the test result to the institution to which the student-athlete is transferring.
	Knowledge of Use of Banned Drugs	10.2	Athletics department staff members or others employed by intercollegiate athletics department with knowledge of a student-athlete's use of a banned substance must follow institutional policies.
Drug Testing	Banned Drugs and Drug-Testing Methods	18.4.1.4.6 (DI and DII)	The Board of Governors shall adopt a list of banned drug classes and shall authorize methods for drug testing of student-athletes on a year-round basis.
	Methods for Drug Testing	31.2.3.3	The methods and any future modifications authorized by the Board of Governors for drug testing of student-athletes shall be posted to the NCAA website.
	Effect of Non-NCAA Athletics Organization's Positive Drug Test	18.4.1.4.7 (DI and DII); 18.4.1.5.7 (DIII)	A student-athlete under a drug-testing suspension from a national or international sports governing body that has adopted the WADA code shall not participate in NCAA intercollegiate competition for the duration of the suspension.

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Drug Rehabilitation	Drug Rehabilitation Program Expenses	16.4	Permissible for institution to cover the costs of a student-athlete's drug rehabilitation program.
Nutritional Supplements	Permissible Supplements	16.5.2-(g) (DI); 16.5.1-(e) (DII)	Institution may provide only permissible nutritional supplements that do not contain any NCAA banned substances. See bylaw for details.
Tobacco Use	Restricted Advertising and Sponsorship Activities	31.1.14.1 (DI); 31.1.12.1 (DII); 31.1.11.1 (DIII)	No tobacco advertisements in, or sponsorship of, NCAA championships or regular-season events.
	Tobacco Use at Member Institution	11.1.4, 17.1.10 (DI); 11.1.5; 17.1.9 (DII); 11.1.5, 17.1.6.3 (DIII)	Use of tobacco products is prohibited by all game personnel and all student-athletes in all sports during practice and competition.
Medical Expenses	Permissible Medical Expenses	16.4	Permissible medical expenses are outlined.
	Summer Conditioning - Basketball	13.2.7	An institution may finance medical expenses for a prospect who sustains an injury while participating in an on-campus evaluation; a voluntary summer workout conducted by an institution's strength and conditioning coach; or required summer athletic activities.
	Summer Conditioning - Football	13.2.8	Institution may finance medical expenses for a prospect who sustains an injury while participating in nonmandatory summer conditioning activities that are conducted by an institution's strength and conditioning coach.
	Summer Conditioning - Sports Other Than Basketball and Football (DI only)	13.2.9	Institution may finance medical expenses for a prospect who sustains an injury while participating in nonmandatory summer conditioning activities that are conducted by an institution's strength and conditioning coach.
	Certification of Insurance Coverage	3.2.4.8 (DI and DIII); 3.3.4.13 (DII)	Institutions must certify insurance coverage for medical expenses resulting from athletically related injuries sustained while participating in a covered event.
Medical Waivers	Hardship Waiver	12.8.4 (DI); 14.2.5 (DII and DIII)	Under certain circumstances, a student-athlete may be awarded an additional season of competition to compensate for a season that was not completed due to incapacitating injury or illness.
	Five-Year/10-Semester Rule Waiver	12.8.1.5 (DI); 14.2.2.3 (DII); 14.2.2.4 (DIII)	Under certain circumstances, a student-athlete may be awarded an additional year of eligibility if he or she was unable to participate in intercollegiate athletics due to incapacitating physical or mental circumstances.

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Medical Records and Consent Forms	HIPAA/Buckley Amendment Consent Forms	3.2.4.9, 12.7.4 (DI); 3.2.4.11, 14.1.5 (DII); 3.2.4.7, 14.1.6 (DIII)	The active member institution shall administer annually a statement for each student-athlete to voluntarily sign that authorizes/consents to the institution's physicians, athletics directors and health care personnel to disclose the student-athlete's injury/illness and participation information associated with the student-athlete's training and participation in intercollegiate athletics to the NCAA and to its Injury Surveillance Program, agents and employees for the purpose of conducting research into the reduction of athletics injuries.
	Drug Testing Program and Consent Form	3.2.4.7, 12.7.3, 12.7.3.1 (DI); 3.3.4.10, 14.1.4.1, 14.1.4.2, 20.2.1.2 (DII); 3.2.4.6, 14.1.4.1, 14.1.4.2 (DIII)	An active member shall administer annually, a drug-testing consent form for each student-athlete for the NCAA Drug-Testing Program.
	Drug Testing Consent Form: Exception, 14-Day Grace Period	14.1.4.3 (DI and DII)	Student-athletes who are trying out must sign the form within 14 days of the first athletics-related activity or before they compete, whichever occurs first.
	Failure To Properly Administer Drug-Testing Consent Form (Div. I and Div. III only)	14.1.4.4 (DI); 14.1.4.3 (DIII)	Failure to properly administer drug-testing consent form is considered an institutional violation.
	Medical Examinations During Campus Visits	13.11.2.6.1 (DI and DII)	During a prospective student-athlete's visit to campus, a member institution, through its regular team or other designated physician, may conduct a medical examination to determine the prospective student-athlete's medical qualifications to participate in intercollegiate athletics, provided no athletics department staff member other than the athletic trainer is present.
	Time Restrictions and Time Management	Time Restrictions on Athletics-Related Activities	17.1.7 (DI); 17.1.6 (DII)
Daily/Weekly Hour Limitation – Inside Playing Season (Div. I and Div. II only)		17.1.7.1 (DI); 17.1.6.1 (DII)	During the playing season, a student-athlete cannot engage in more than 20 hours of athletics-related activity (see Bylaw 17.02.1) per week, with not more than four hours of such activity in any one day.
Weekly Hour Limitations – Outside Playing Season (Div. I and Div. II only)		17.1.7.2 (DI); 17.1.6.2 (DII)	Outside the playing season, student-athletes cannot engage in more than eight hours of conditioning activities per week.

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	Skill Instruction Exception (DI and DII only) See Bylaws 17.1.7.2.3 and 17.1.7.2.4 (DI) for additional exceptions.	17.1.7.2.2 (DI); 17.1.6.2.2, 17.1.6.2.2.1 (DII)	Outside the playing season, two of the student-athlete's eight hours of conditioning activity may be skill-related instruction with coaching staff.
	Required Day Off – Playing Season	17.1.7.4, 17.1.7.6 (DI); 17.1.6.4 (DII); 17.1.4.1 (DIII)	During the playing season, each student-athlete must be provided with one day per week on which no athletics-related activities are scheduled.
	Required Days Off– Outside Playing Season (Div. I and Div. II only)	17.1.7.5, 17.1.7.7 (DI); 17.1.6.5 (DII)	Outside the playing season, each student-athlete must be provided with two days per week on which no athletics-related activities are scheduled.
	Voluntary Summer Conditioning- Football (DI Only)	13.11.3.7	Prospective student-athletes, who signed an NLI or enrolled in the institution's summer term before initial, full-time enrollment, may engage in voluntary summer workouts conducted by an institution's strength and conditioning coach with department- wide duties (FBS) or a countable coach who is a certified strength and conditioning coach (FCS).
	Voluntary Summer Conditioning- Sports Other Than Football (DI Only)	13.11.3.8	In sports other than football and basketball, a prospective student-athlete may engage in voluntary summer workouts conducted by an institution's strength and conditioning coach with department-wide duties and may receive workout apparel (on an issuance and retrieval basis), provided he or she is enrolled in the institution's summer term before the student's initial full-time enrollment at the certifying institution. Such a prospective student-athlete may engage in such workouts only during the period of the institution's summer term or terms (opening day of classes through last day of final exams) in which he or she is enrolled.
	Discretionary Time (Div. I only)	17.02.14	Student-athletes may only participate in athletics activities at their initiative during discretionary time.
	Preseason Practice Activities – Football	17.10.2.5 (DI); 17.10.2.3 (DII and DIII)	Preseason practice time limitations and general regulations.
	Out-of-Season Athletics-Related Football Activities	17.10.6 (DI and DIII); 17.10.8(DII)	Permissible summer conditioning activities.

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Athletic Personnel	Strength and Conditioning Coach First Aid/CPR Certification and Authority of Sports Medicine Staff	13.11.3.8.2	A strength and conditioning coach who conducts voluntary weight-training or conditioning activities is required to maintain certification in first aid and cardiopulmonary resuscitation. If a member of the institution's sports medicine staff (e.g., athletic trainer, physician) is present during voluntary conditioning activities conducted by a strength and conditioning coach, the sports medicine staff member must be empowered with the unchallengeable authority to cancel or modify the workout for health and safety reasons, as he or she deems appropriate.
	Strength and Conditioning Coach Certification	11.1.5 (DI); 11.1.7, 17.02.14.1 (DII); 17.02.1.1.1.4 (DIII)	Requirements for strength and conditioning coach certification.
	Sports-Safety Training	11.1.6 (DII)	Each head coach and all other coaches who are employed full time at an institution shall maintain current certification in first aid, cardiopulmonary resuscitation (CPR) and automatic external defibrillator (AED) use.
	Sports-Safety Training	11.1.6 (DIII)	Each head coach shall maintain current certification in first aid, cardiopulmonary resuscitation (CPR) and automatic external defibrillator (AED) use.
	Sports-Specific Safety Exceptions (Equestrian; Fencing; Gymnastics; Rifle; Women's Rowing; Skiing; Swimming; Track and Field; Water Polo; and Wrestling) (DI and DII only)	17.7.7 (Equestrian), 17.8.7 (Fencing), 17.12.7 (Gymnastics), 17.15.7 (Rifle), 17.16.7 (DI); 17.16.9 (DII) (Women's Rowing); 17.18.7 (Skiing); 17.21.7 (DI); 17.21.8 (DII) (Swimming); 17.23.7 (DI); 17.23.8 (DII) (Track and Field); 17.24.7 (Women's Triathlon); 17.26.8 (Water Polo), 17.27.7 (DI); 17.27.8 (DII) (Wrestling)	A coach may be present during voluntary individual workouts in the institution's regular practice facility (without the workouts being considered as countable athletics-related activities) when the student-athlete uses sport-specific equipment. The coach may provide safety or skill instruction but cannot conduct the individual's workouts.

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Medical Examination	Mandatory Medical Examinations	17.1.5 (DI and DII), 17.1.6.4 (DIII)	All student-athletes beginning their initial season of eligibility and students who are trying out for a team must undergo a medical exam before they are permitted to engage in any physical activity. The exam must take place within six months before the physical activity. Each subsequent year, an updated medical history must be administered by an institutional medical staff member.
	Sickle Cell Solubility Test	17.1.5.1 (DI and DII)	The examination or evaluation of student-athletes who are beginning their initial season of eligibility and students who are trying out for a team shall include a sickle cell solubility test, unless documented results of a prior test are provided to the institution or the prospective student-athlete or student-athlete declines the test and signs a written release.
	Confirmation of Sickle Cell Trait Status	17.1.6.4.1 (DIII)	An institution shall confirm the sickle cell trait status of student-athletes, before participation in intercollegiate athletics in one of the following manners: (a) Documentation; (b) Pending Documentation; or (c) Waiver.
	Mandatory Sickle Cell Trait Status Education	17.1.6.4.1.1 (DIII)	Each student-athlete shall be provided education regarding sickle cell trait status. Student-athletes who have been tested, but do not have confirmed results documented, or have signed a waiver per Bylaw 17.1.6.4.1-(c), shall be provided additional education regarding the risks, impact and precautions associated with sickle cell trait.
Student-Athlete Welfare and Safety	Five-Day Acclimatization Period – Football	17.10.2.4 (DI); 17.10.2.2 (DII and DIII)	Five-day acclimatization for conducting administrative and initial practices is required for first-time participants (freshmen and transfers) and continuing student-athletes.
	Concussion Management Plan	3.2.4.17 (DI and DII); 3.2.4.16 (DIII)	Institutions must have a concussion management plan for student-athletes.
	Concussion Safety Protocol	3.2.4.18.1 (D1 Autonomy)	An institution shall submit its Concussion Safety Protocol to the Concussion Safety Protocol Committee, and that protocol shall be consistent with the Interassociation Consensus: Diagnosis and Management of Sport-Related Concussion Best Practices.
	Designated Team Physician	3.2.4.16 (DI); 3.3.4.17 (DII); 3.2.4.18 (DIII)	A team physician shall be designated for all or each of an institution's intercollegiate teams, and shall be authorized to oversee the medical services for injuries and illnesses incidental to a student-athlete's participation in intercollegiate athletics.

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	Independent Medical Care	3.2.4.17 (DI Autonomy and DII); 3.2.4.19 (DIII)	An active member institution shall establish an administrative structure that provides independent medical care and affirms the unchallengeable autonomous authority of primary athletics health care providers (team physicians and athletic trainers) to determine medical management and return-to-play decisions related to student-athletes.
	Independent Medical Care	3.2.4.17 (DI Autonomy and DII); 3.2.4.19 (DIII)	An active institution shall designate an athletics health care administrator to oversee the institution's athletic health care administration and delivery.
	Catastrophic Sport Injury Report	3.2.4.19	An active member institution shall submit data detailing student-athlete catastrophic fatalities, near fatalities and catastrophic injuries (e.g., injuries and illnesses related to head, neck, spine, cardiac, pulmonary, heat, sickle cell trait, eyes) to the NCAA on an annual basis pursuant to policies and procedures that govern such data as determined by the Committee on Competitive Safeguards and Medical Aspects of Sports.