Model decision flow chart on how to respond to pregnancy (contributed by Wright State University, Dayton, Ohio).

Student-athlete suspects pregnancy: sexual activity + missed menstrual period

Pregnancy test confirms

2nd pregnancy test confirms

Student-athlete seeks counsel

Decision-making team forms: e.g., student-athlete, coach, obstetrician, team physician, athletics director, FAR, family members, psychological counselor, faith counselor

Pregnancy test disconfirms

Team assists student-athlete to access campus & local pregnancy support resources

Student-athlete elects to carry

Student-athlete elects to abort

Decision-making team decides on and monitors length of athletics participation up to/past 14 weeks, develops plan for return to sport and continued academic progress

Student-athlete begins prenatal care

Delivery of baby at 40 weeks

Spontaneous abortion (miscarriage) in first 12-20 weeks: 10-15% of normal pregnancies

2-4 weeks post-pregnancy, returns to athletics training

6-8 week postpartum, returns to athletics training

Return to sport

Academic progress continues throughout pregnancy