



**REPORT OF THE
NCAA COMMITTEE ON COMPETITIVE SAFEGUARDS
AND MEDICAL ASPECTS OF SPORTS
MARCH 28, 2017, TELECONFERENCE**

ACTION ITEMS.

- None.

INFORMATIONAL ITEMS.

- 1. Uniform standards of care.** At its December 2016 meeting, CSMAS considered a request from the NCAA Division I Board of Directors for CSMAS' assistance to develop language to capture "unified standards of care" for student-athlete health and safety matters. A working group was established to develop language and created the following statement that was approved by the committee:

"On occasion, an issue of significance arises that not only poses a substantial challenge to the principle of student-athlete well-being, to which the Association has committed, but also requires a uniform, Association-wide response to address that challenge. The committee notes two recent examples of issues that arose to this level of concern: 1) sport-related concussion (2010), and 2) sexual violence prevention (2016). In the case of both issues, the NCAA Board of Governors used its authority to direct and/or compel uniform, Association-wide action in pursuit of a solution. This is consistent with the Governors' stated duties and responsibility to "identify core issues that affect the Association as a whole" [(NCAA Constitution 4.1.2(d)], and to "act on behalf of the Association by adopting and implementing policies to resolve core issues and other Association-wide matters." [Constitution 4.1.2(e)]

This committee reaffirms its responsibility to "provide a health and safety perspective on relevant legislation and policy," [NCAA Bylaw 21.2.2.2(f)] but also recognizes a heightened obligation to assist the Board of Governors in its duties by proactively and preemptively identifying and elevating issues that: 1) rise to the level of Association-wide concern for student-athlete health and safety, and that also 2) require a uniform, Association-wide response.

The committee acknowledges and agrees with the three criteria identified by the Board of Directors to be used in deciding when to elevate a health and safety matter requiring a uniform, Association-wide solution. The committee also recommends an additional fourth criterion. The complete list of criteria is:

- a. The issue involves new scientific evidence with anticipated Association-wide importance.
- b. The issue will impact a core Association-wide value.

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- c. The issue poses a legal risk to the Association.
- d. The issue poses a reputational risk to the Association.

The committee believes that the NCAA Sport Science Institute staff should consider these criteria

when planning future CSMAS meetings to provide the committee an opportunity to apply these criteria to relevant health and safety matters. When an issue is identified to the committee as satisfying one or more of these criteria, the committee will work collaboratively with the SSI staff to develop a proposal for the Board of Governors that will:

1. Explain how the issue(s) satisfies one or more of these criteria.
 2. Demonstrates why an effective solution(s) to the problem requires a uniform, Association-wide approach.
 3. Suggest one or more actions from the Board of Governors that may contribute to the development or implementation of a uniform Association-wide solution.
2. **Overview of governance.** The committee received an overview on how the NCAA Sport Science Institute was formed and its growth in working with the membership and medical and sports organizations to create interassociation documents. Included in the overview was information pertaining to the difference between interassociation recommendations and legislation. Looking to the future, the SSI is looking to formalize its relationship with the Board of Governors and move forward with its nine strategic priorities. Additionally, it was suggested that a CSMAS subcommittee should be formed that would review documents, present thoughts to the full committee and then seek formal approval from the committee.
 3. **Injury Surveillance Program participation issues.** The same working group for the uniform standards of care discussed the participation issues related to the Injury Surveillance Program. During the discussion, the group agreed to table the issue due to pending leadership changes at the Datalys Center. The issue will be revisited at the June CSMAS meeting.
 4. **Drug working group recommendations.** The committee received a report from the February 23 Drug Working Group teleconference during which the group recommended the NCAA align its banned drug classes with World Anti-Doping Association. Several questions were raised regarding the addition of new classes and implications for testing and medical exceptions. The committee recommended staff develop further details regarding these implications and agreed to send the recommendation back to the working group. The committee suggested adding the Divisions II and III Management Council representatives to the CSMAS to the working group, which will meet prior to the June CSMAS meeting.
 5. **Interassociation task force on sleep and wellness.** The committee approved the SSI's plan to hold a student-athlete sleep and wellness task force in May 2017. The goals of the task force are to review the current state of student-athletes' sleep and the impact on their health and

performance, as well as facilitate recommendations for creating guiding principles and education resources endorsed by key constituencies.

- 6. Mental health task force meeting.** Following the release of the Mental Health Best Practices document in 2016, it has been determined that there is a need for more materials to operationalize best practices. The goal is to convene the mental health task force in November 2017 to identify the kinds of tools that will best help the membership implement the best practices. A statement will be shared with the committee for support prior to any movement forward.
- 7. Hazing prevention for athletes.** The organization HazingPrevention.org approached the Sport Science Institute seeking support for a student-athlete hazing prevention guide. The committee indicated support for the development of such a resource, and recommended it be more broad-based and speak to collaborative efforts across campus.
- 8. Discuss athletics health care administrator outreach.** The committee received an overview of the current efforts in gathering the names of athletics health care administrators across all divisions and future plans on how to engage and educate those in this role. Additionally, the SSI is currently forecasting different models for athletics health care administrators to attend an in-person conference, and will conduct a survey in the summer to gather feedback before starting any event plans.
- 9. Updates.** The SSI staff provided the following updates.

 - a. The NCAA Commission to Combat Campus Sexual Violence will meet again in April. The commission is evaluating utilization of the Sexual Violence Prevention Tool Kit, as well as discussing the possibility of Association-wide policy. The commission has charged the Sexual Assault Task Force with recommending strategy to advance utilization of the tool kit, evaluation of myPlaybook and other tools, and recommendations on engaging coaches. The task force will report to the commission in its upcoming April meeting.
 - b. Since the committee last met in December 2016, three interassociation documents were released. The most controversial was the Year-Round Football Practice Contact Recommendations and the proposed elimination of traditional two-a-day practices in football. In response to this recommendation, each division has been working within their own legislative process to make decisions related to possible changes in preseason practice legislation that would better align with the practice guidelines. Each division has pledged to more comprehensively explore the football playing and practice season schedule for future years.
 - c. An agreement is close to being made to provide online modules in myPlaybook for all incoming freshmen by fall 2017. This would include adding four new modules to the existing modules in myPlaybook.

- d. The Substance Abuse Prevention Tool Kit is undergoing a few minor revisions and will be released in summer 2017.
- e. The National Athletic Trainers' Association and NCAA hosted an interassociation summit in January in Dallas. Three writing groups have been established to draft major portions of a best practices document, which is currently slated to be released in late fall or winter 2017.

10. Future meeting dates.

- a. June 7-9, 2017, Indianapolis, Indiana.
- b. December 2017, Indianapolis, Indiana.

Committee Chair: Forrest Karr, Northern Michigan University, Great Lakes Intercollegiate Athletic Conference
Staff Liaison(s): Brian Hainline, NCAA
John Parsons, NCAA
Mary Wilfert, NCAA

Committee on Competitive Safeguards and Medical Aspects of Sport March 28, 2017, Teleconference
Attendees:
Stevie Baker-Watson, DePauw University.
Randy Bird, University of Virginia.
Larry Bowman, Clemson University.
Robert Casmus, Catawba College.
John Chandler, DePauw University.
LaGwyn Durden, University of Texas.
Joshua Ellow, Swarthmore College.
Gabe Feldman, Tulane University.
Joseph Hannant, University of North Carolina, Pembroke.
Kelly Helm, Valparaiso University.
Forrest Karr, Northern Michigan University.
Jessica Koch, California State University.
Roger Kruse, University of Toledo.
Jessica Mohler, U.S. Naval Academy.
Douglas Ramos, Creighton University.
Amy Schafer, Thiel College.

Maureen White, U.S. Merchant Marine Academy.
Absentees:
Abbey Miklitsch, University of Rhode Island.
Steve Murray, Pennsylvania State Athletic Conference.
Kimberly Patterson Walpert, University of Georgia.
Megan Warren, Defiance College.
Guests in Attendance:
None.
NCAA Staff Support in Attendance:
Dawn Buth, Brian Hainline, Cassie Langdon, John Parsons, Mary Wilfert
Other NCAA Staff Members in Attendance:
Brian Burnsed, Jackie Campbell, Jared Tidemann