



# Division I Proposals adopted April 2014



<b>Proposal</b>	<b>Intent</b>	<b>Previous Rule</b>	<b>Current Rule</b>
<p>2014-1 FBS and FCS RECRUITING -- OFFICIAL (PAID) VISIT -- COMPLIMENTARY ADMISSIONS -- EXCEPTION -- UP TO TWO ADDITIONAL FOR FAMILY MEMBERS</p> <p>Effective Immediately</p>	<p>In football, to specify that an institution may provide up to two additional complimentary admissions to a prospective student-athlete in order to accommodate family members accompanying the prospective student-athlete to attend a home athletics event.</p>	<p>During the official visit, a maximum of three complimentary admissions to a home athletics event at any facility within a 30-mile radius of the institution's main campus in which the institution's intercollegiate team practices or competes may be provided to a prospective student-athlete.</p>	<p>An institution may provide up to two additional complimentary admissions to the PSA in order to accommodate family members accompanying the PSA on the official visit. This aligns the number of complimentary admissions with the number of family members permitted to have their meals paid for by the institution.</p>



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<b>Proposal</b>	<b>Intent</b>	<b>Current Rule</b>	<b>As of August 1, 2014</b>
<p>2013-17-1 PLAYING AND PRACTICE SEASONS -- FIRST AID, CPR AND AED CERTIFICATION -- SPORTS-SAFETY CERTIFIED STAFF MEMBER PRESENCE DURING COUNTABLE PHYSICAL ACTIVITIES</p> <p>Effective August 1, 2014</p>	<p>An institutional staff member with current certification in first aid, CPR and AED use must be present any time a SA participates in a physical countable athletically related activity.</p>	<p>No certification requirements other than for S/C coach who conducts voluntary summer workouts for football and basketball.</p>	<p>An institutional staff member with current certification in first aid, CPR and AED use must be present any time a SA participates in a physical, countable athletically related activity.</p>



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<b>Proposal</b>	<b>Intent</b>	<b>Previous Rule</b>	<b>Current Rule</b>
<p>2013-19 FBS and FCS PLAYING AND PRACTICE SEASONS -- FOOTBALL -- PRESEASON PRACTICE -- AFTER FIVE-DAY ACCLIMATIZATION PERIOD -- THREE- HOURS OF RECOVERY TIME BETWEEN ANY SESSIONS</p> <p>Effective Immediately</p>	<p>In football, to require at least three continuous hours of recovery time for student-athletes between any sessions (e.g., practices, walk-throughs) occurring during the preseason practice period and after the five-day acclimatization period; further, to specify that meetings and film review may occur during recovery time.</p>	<p>On days that institutions conduct multiple practice sessions, student-athletes must be provided with at least three continuous hours of recovery time between the end of the first practice and the start of the last practice that day. A walk-through is not considered an on-field activity.</p>	<p>Student-athletes must be provided with at least three continuous hours of recovery time between any sessions (e.g., practices, walk-throughs). During this time, SAs may not engage in physical athletically related activities (e.g., weight lifting). Time spent in team meetings and film review may be included as part of the recovery time.</p>



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<b>Proposal</b>	<b>Intent</b>	<b>Current Rule</b>	<b>As of August 1, 2014</b>
<p>2013-20 CHAMPIONSHIPS AND POSTSEASON FOOTBALL -- ELIGIBILITY FOR CHAMPIONSHIPS -- STUDENT- ATHLETE ELIGIBILITY -- DURATION OF INELIGIBILITY -- STREET DRUGS</p> <p>Effective for tests occurring on or after August 1, 2014</p>	<p>A student-athlete who, as a result of a drug test administered by the NCAA, is found to have used a substance in the banned drug class "street drugs" shall be charged with the loss of competition during a minimum of 50 percent of a season in all sports .</p>	<p>A student-athlete is charged with a season of competition and is withheld from competition for 365 days in all sports after testing positive for a street drug.</p>	<p>A SA will be withheld from 50 percent of the next season of competition in all sports after testing positive for a street drug. Reducing the sanction provides the SA the opportunity to remain in the program and participate in campus intervention to correct behavior and then return to competition.</p>



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<b>Proposal</b>	<b>Intent</b>	<b>Current Rule</b>	<b>As of August 1, 2014</b>
<p>2013-31-B AWARDS, BENEFITS AND EXPENSES -- MEALS AND SNACKS INCIDENTAL TO PARTICIPATION</p> <p>Effective August 1, 2014</p>	<p>An institution may provide meals and snacks to student-athletes as a benefit incidental to participation in intercollegiate athletics.</p>	<p>Institutions may provide various limited meals and snacks (e.g., in conjunction with competition, occasional). Replacement meals (e.g., training table meal) require payment from walk-ons or partial scholarship SAs and value must be subtracted from board allowance for other SAs.</p>	<p>Institutions may provide meals and snacks that are incidental to participation to meet the nutritional needs of their student-athletes.</p>



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<b>Proposal</b>	<b>Intent</b>	<b>Current Rule</b>	<b>As of August 1, 2015</b>
<p>2013-18 ATHLETICS PERSONNEL -- CONDUCT OF ATHLETICS PERSONNEL -- STRENGTH AND CONDITIONING COACHES -- NATIONALLY RECOGNIZED CERTIFICATION</p> <p>Effective August 1, 2015</p>	<p>To specify that a strength and conditioning coach shall be certified and maintain current certification through a nationally accredited strength and conditioning certification program.</p>	<p>Institutions determine if a strength and conditioning coach needs certification.</p>	<p>To protect the health of, and provide a safe environment for, each of its student-athletes, a strength and conditioning coach shall be certified and maintain current certification through a nationally accredited strength and conditioning certification program.</p>