

Student-Athlete Advising Help Sheet - Fall 2017

	<i><b>Sport</b></i>	<i><b>Primary Competition Season</b></i>	<i><b>Tentative Practice Times</b></i>	<i><b>Typical Game Days</b></i>	<i><b>Additional Information</b></i>	<i><b>Head Coach and Contact Info</b></i>
Men's Athletics	Baseball	Spring	Mon-Fri 2:30-6:00			Jeff Sziksai *6345 jeff.sziksai@lmunet.edu
	Basketball	Nov-March	Mon-Fri 3:00-6:00	Wednesday, Saturday	games don't start until mid-November	Josh Schertz *6240 josh.schertz@lmunet.edu
	Bowling	Sept-Dec Jan-Apr	Mon-Fri 3:00-6:00	Friday, Saturday, Sunday		Joe Slowinski *7424 joseph.slowinski@lmunet.edu
	Cross Country	Fall	Mon-Fri 3:00-6:00	Saturday	avoid labs/classes on Tuesday evenings if possible (late run days)	Jeremy Donahue *6228 jeremy.donahue@lmunet.edu
	Golf	Sept-Oct Feb-April	Mon-Fri 2:30-4:30	Sunday, Monday, Tuesday	avoid 1x/week classes on Mon and Tues if possible	Travis Muncy *6383 travis.muncy@lmunet.edu
	Lacrosse	Spring	Mon-Fri 3:00-6:00			Ryan Kuhn *6079 ryan.kuhn@lmunet.edu
	Soccer	Fall	Mon-Fri 3:00-6:00	Wednesday, Saturday	avoid 1x/week classes on Wed if possible	Helio D'Anna *6245 helio.danna@lmunet.edu
	Tennis	Sept-Oct Feb-Apr	Mon-Fri 2:30-5:00	Varies greatly due to weather		Benny Collins *6399 benny.collins@lmunet.edu
	Track & Field	Spring	Mon-Fri 3:00-6:00			Rochelle Black *6555 rochelle.black@lmunet.edu
	Volleyball	Spring	Mon-Fri 6:00-8:00		may change based on women's VB practice schedule	Dan Danis *6544 dan.danis@lmunet.edu

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Women's Athletics	Basketball	Nov-March	Mon-Fri 1:00-3:00	Wednesday, Saturday	games don't start until mid-November	
	Beach Volleyball	Spring	Mon-Fri 3:00-6:00			
	Bowling	Oct-Nov Jan-Apr	Mon-Fri 3:00-6:00	Thursday, Friday, Saturday, Sunday	avoid 1x/week classes on Thurs and Fri if possible	
	Cheer/Dance	Nov-March	Mon-Fri 6:00-8:00	Wednesday, Saturday		
	Cross Country	Fall	Mon-Fri 3:00-6:00	Saturday	avoid labs/classes on Tuesday evenings if possible (late run days)	
	Golf	Sept-Oct Feb-April	Mon-Fri 2:30-4:30	Sunday, Monday, Tuesday	avoid 1x/week classes on Mon and Tues if possible	
	Lacrosse	Spring	Mon-Fri 4:00-6:00			
	Soccer	Fall	Mon-Fri 2:00-4:00	Wednesday and Saturday	avoid 1x/week classes on Wed if possible	
	Softball	Spring	Mon-Fri 2:00-4:00			
	Tennis	Sept-Oct Feb-Apr	Mon-Fri 2:30-5:00	Varies greatly due to weather		
	Track & Field	Spring	Mon-Fri 3:00-6:00			

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	Volleyball	Fall	Mon-Fri 4:00-6:00	Tuesday, Friday, Saturday	avoid 1x/week classes on Tuesday if possible	
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