Frequently Asked Questions on Uniforms and Contest Delays
Women’s Gymnastics – 2018-19

(This document includes specific NCAA Women’s Gymnastics Rules Modifications references where applicable.)

1. What words, logos and symbols are allowed on the uniform or equipment?
The gymnastics rules do not speak to the use of logos or other patches. A student-athlete’s name (first initial and full last name) is permitted if all team members use a similar font type and color (Rule 6-2-a).

2. May the uniform contain any other words, slogans, messaging, etc.?
The rules do not speak to other messaging or slogans on the uniform.

3. Are words allowed on equipment and other attachments?
The rules do not speak to messaging or words on other equipment, such as hand grips, during competition.

4. What about messaging for causes, organizations, etc.?
The rules do not specifically address words or symbols that reference charitable causes, political candidates or political issues, social media, religious or club affiliation, etc.

5. How does the unsportsmanlike acts rule apply?
The first act of unsportsmanlike conduct by a student-athlete results in a warning. A second act results in a .10 deduction from the gymnast’s score for that event.
The first act of unsportsmanlike conduct by a coach will result in a warning and yellow card. A second act results in a .10 deduction taken from the team score for each violation.

6. What is the penalty for wearing a uniform that does not meet the rules?
Failure to comply with the team uniform rules will result in deductions from .10 to .30 from the individual or team score (Rule 6-2-a-4 and 6-2-a-5).

7. What is the rule regarding refusal to play?
The rules do not refer to the refusal to compete.

8. Are there any playing rules that specify protocols for student-athletes and/or coaches during the national anthem?
No. Participants should be allowed to express their opinions (e.g., kneeling during the national anthem) as long as the action does not delay or disrupt competition.

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