



## Frequently Asked Questions on Uniforms and Contest Delays Track and Field/Cross Country – 2018-19

*(This document includes specific NCAA Cross Country and Track and Field Rules references where applicable.)*

### **1. What words, logos and symbols are allowed on the uniform?**

Here are the only items allowed by rule on the jersey:

#### Words

- School name/reference
- Mascot name/reference

#### Logos

- NCAA
- Conference
- School
- Mascot
- Commemorative (with approval)
- Manufacturer Insignia

### **2. What size restrictions are there for these?**

There is no restriction on the school name or mascot. Pertaining to manufacturer logos: Per NCAA Bylaw 12.5.4, an institution's official uniform and all other items of apparel (that is, team jersey, socks) that are worn by student-athletes in competition may bear a single manufacturer's or distributor's normal trademark, not to exceed 2-1/4 square inches, including any additional material (that is, patch) surrounding the normal trademark or logo. The logo or trademark must be contained within a four-sided geometrical figure (that is, rectangle, square, or parallelogram). An institution's official uniform cannot bear a design element similar to the manufacturer's that is in addition to another logo or that is contrary to the size restriction (Rule 4-3.3).

### **3. Are any words other than the player's name allowed in the nameplate on the back?**

Yes. The back of the jersey may contain one of the following: school name or a school mascot reference.

- a. In meets in which competitors' numbers/identification are prescribed officially, the competitor must wear the competitor's number/identifier assigned by meet management. The number/identifier must be visible without alterations while the athlete is competing.
- b. The use of additional identification to aid in the placing of competitors or the counting of laps in a race shall be allowed and required when prescribed. Institution and sponsor logos shall not be obscured and uniform requirements shall be observed (Rules 4.4.a and b).

**4. *May the required uniform contain any other words, slogans, messaging, etc.?***

A student-athlete representing an institution in intercollegiate competition is limited to wearing apparel items that include only the logo of an apparel manufacturer or distributor. This restriction shall not include logos that identify the student-athlete's institution or conference. These restrictions apply to all apparel worn by student-athletes during the conduct of competition, including pre-meet or post-meet activities (Rule 4.3.3).

**5. *Are words, slogans, messaging, etc. allowed on items (e.g., taped wrists) other than required apparel/equipment?***

The rules do not specifically address words, slogans, messaging, etc. on items not required by rule.

**6. *How does the unsportsmanlike conduct rule apply?***

Misconduct is any act of dishonesty, unsportsmanlike conduct, unprofessional behavior or breach of law occurring at the locale of the competition or warm-up that discredits the event or intercollegiate athletics. Misconduct includes the intentional reporting of false marks for entry purposes. Acts of misconduct are subject to reprimand or ejection by the referee or meet management. (Rule 4.2.3).

**7. *What is the rule regarding refusal to play?***

A failure to participate is considered an assumption that the competitor in violation has abandoned the competition and, therefore, shall be barred from all remaining events in the current meet (Rule 4.2.2d).

**8. *Are there any playing rules that specify protocols for student-athletes and/or coaches during the national anthem?***

No. Participants should be allowed to express their opinions (e.g., kneeling during the national anthem) as long as the action does not delay or disrupt competition.

Track and Field/Cross Country Secretary-Rules Editor

Mark Kostek

515-208-8300

[kostekmt@gmail.com](mailto:kostekmt@gmail.com)