




**2018 DIVISION I OUTDOOR  
TRACK & FIELD CHAMPIONSHIPS**  
SACRAMENTO, CA • California State University, Sacramento and Sacramento Sports Commission, Hosts

All times listed are Pacific  
Schedule subject to change

**THURSDAY - MAY 24**

**TRACK EVENTS**

Time	Event	Division	Round
4:30 PM	400 Hurdles	Men	First Round
5:00 PM	400 Hurdles	Women	First Round
5:30 PM	1500 Meters	Men	First Round
6:00 PM	1500 Meters	Women	First Round
6:30 PM	100 Meters	Men	First Round
6:55 PM	100 Meters	Women	First Round
7:20 PM	400 Meters	Men	First Round
7:45 PM	400 Meters	Women	First Round
8:10 PM	800 Meters	Men	First Round
8:35 PM	800 Meters	Women	First Round
9:00 PM	10,000 Meters	Men	Semifinal
9:40 PM	10,000 Meters	Women	Semifinal

**FIELD EVENTS**

Time	Event	Division	Round
12:00 PM	*Hammer	Men	First Round
12:00 PM	*Javelin	Women	First Round
4:00 PM	High Jump	Women	First Round
4:30 PM	*Shot Put	Women	First Round
4:30 PM	Long Jump	Men	First Round
4:30 PM	Pole Vault	Men	First Round
7:30 PM	Long Jump	Women	First Round

**FRIDAY - MAY 25**

**TRACK EVENTS**

Time	Event	Division	Round
4:30 PM	110 Hurdles	Men	First Round
5:00 PM	100 Hurdles	Women	First Round
5:30 PM	400 Meters	Men	Quarterfinal
5:45 PM	400 Meters	Women	Quarterfinal
6:00 PM	100 Meters	Men	Quarterfinal
6:15 PM	100 Meters	Women	Quarterfinal
6:30 PM	800 Meters	Men	Quarterfinal
6:45 PM	800 Meters	Women	Quarterfinal
7:00 PM	400 Hurdles	Men	Quarterfinal
7:15 PM	400 Hurdles	Women	Quarterfinal
7:30 PM	200 Meters	Men	First Round
7:55 PM	200 Meters	Women	First Round
8:20 PM	3000 Steeplechase	Men	Quarterfinal
9:00 PM	3000 Steeplechase	Women	Quarterfinal

**FIELD EVENTS**

Time	Event	Division	Round
12:00 PM	Discus	Men	First Round
4:30 PM	Discus	Women	First Round
4:30 PM	Pole Vault	Women	First Round

**SATURDAY - MAY 26**

**TRACK EVENTS**

Time	Event	Division	Round
6:00 PM	4x100 Relay	Men	Quarterfinal
6:15 PM	4x100 Relay	Women	Quarterfinal
6:30 PM	1500 Meters	Men	Quarterfinal
6:45 PM	1500 Meters	Women	Quarterfinal
7:05 PM	110 Hurdles	Men	Quarterfinal
7:20 PM	100 Hurdles	Women	Quarterfinal
7:35 PM	200 Meters	Men	Quarterfinal
7:50 PM	200 Meters	Women	Quarterfinal
8:05 PM	5000 Meters	Men	Semifinal
8:45 PM	5000 Meters	Women	Semifinal
9:25 PM	4x400 Relay	Men	Quarterfinal
9:45 PM	4x400 Relay	Women	Quarterfinal

**FIELD EVENTS**

Time	Event	Division	Round
12:00 PM	*Hammer	Women	First Round
12:00 PM	*Javelin	Men	First Round
4:00 PM	High Jump	Men	First Round
4:30 PM	*Shot Put	Men	First Round
4:30 PM	Triple Jump	Women	First Round
7:30 PM	Triple Jump	Men	First Round

\* Hammer, Javelin & Shot Put for both men & women will be conducted outside the stadium.