

## NCAA Division I Cross Country/Track and Field Recruiting Calendar

## August 1, 2018, through July 31, 2019

## (See NCAA Division I Bylaw 13.17.10 for Cross Country/ Track and Field Calendar Formula)

(a)	August 1-21, 2018:	Evaluation Period
(b)	August 22 through December 9, 2018 [except (1) and (2) below]:	Contact Period
	(1) November 12-15, 2018:	Dead Period
	(2) November 17, 2018:	Dead Period
(c)	December 10, 2018, through January 1, 2019:	Dead Period
(d)	January 2 through July 31, 2019 [except for (1) and (2) below]:	Contact Period
	(1) March 8-9, 2019:	Dead Period
	(2) June 5-8, 2019:	Dead Period



## 2018-19 Division I Cross Country/Track and Field Recruiting Calendar

CONTACT PERIOD	
EVALUATION PERIOD	
DEAD PERIOD	
QUIET PERIOD	

AUGUST SEPTEMBER										OCTOBER								NOVEMBER								MBE	ER				JANUARY											
S	М	Т	W	Т	F	S	S	M	Т	- N	/ Т	F		S	S	M	Т	W	Т	F	S	S	M	Т	W	Т	F	S	S	М	Т	W	Т	F	S	S	М	Т	W	Т	F	S
			1	2	3	4								1		1	2	3	4	5	6					1	2	3							1			1	2	3	4	5
5	6	7	8	9	10	11	2	3	4	5	6	3 7	7 8	8	7	8	9	10	11	12	13	4	5	6	7	8	9	10	2	3	4	5	6	7	8	6	7	8	9	10	11	12
12	13	14	15	16	17	18	9	10	1	1 1:	2 1	3 1	4 1	5	14	15	16	17	18	19	20	11	12	13	14	15	16	17	9	10	11	12	13	14	15	13	14	15	16	17	18	19
19	20	21	22	23	24	25	16	17	1	8 19	9 2	0 2	1 2	22	21	22	23	24	25	26	27	18	19	20	21	22	23	24	16	17	18	19	20	21	22	20	21	22	23	24	25	26
26	27	28	29	30	31		23	24	2	5 2	3 2	7 2	8 2	29	28	29	30	31				25	26	27	28	29	30		23	24	25	26	27	28	29	27	28	29	30	31		
							30																						30	31												
FE	BR	UAF	RY				M	IAR	СН						APRIL							MAY							JUNE							JULY						
S	M	Т	W	Т	F	S	S	M	Т	. N	/ Т	F	: :	S	S	M	Т	W	Т	F	S	S	M	Т	W	Т	F	S	S	М	Т	W	Т	F	S	S	М	Т	W	Т	F	S
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3	4	5	6	7	8	9	3	4	634	6	7	7 8	3 9	9	7	8	9	10	11	12	13	5	6	7	8	9	10	11	2	3	4	5	6	7	8	7	8	9	10	11	12	13
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17	18	19	20	21	22	23	17	18	1	9 20	) 2	1 2	2 2	23	21	22	23	24	25	26	27	19	20	21	22	23	24	25	16	17	18	19	20	21	22	21	22	23	24	25	26	27
24	25	26	27	28			24	25	2	6 2	7 2	8 2	9 3	30	28	29	30					26	27	28	29	30	31		23	24	25	26	27	28	29	28	29	30	31			
							31																						30													