# Table of Contents

Meet Personnel.................................................................................................................. 3
Division I Men’s and Women’s Cross Country/Track and Field Committee Members ...... 4
Schedule of Events........................................................................................................... 5
Accommodations ................................................................................................................. 6
Course Diagrams/Information ............................................................................................ 6
Dressing Rooms.................................................................................................................. 6
Drug Testing ....................................................................................................................... 6
Entry Procedures ................................................................................................................. 6
Declarations ........................................................................................................................ 8
Evacuation/Severe Weather Plan ....................................................................................... 9
Finish Line Procedure ...................................................................................................... 10
Packet Pickup .................................................................................................................... 11
Mandatory Coaches’ Meeting ............................................................................................ 11
Merchandise ....................................................................................................................... 11
Practice Schedule ............................................................................................................. 11
Protests ............................................................................................................................... 11
Results/Sports Information ............................................................................................... 11
Sports Medicine ................................................................................................................. 12
Tents .................................................................................................................................. 12
Transportation/Parking Information .................................................................................. 12
Uniforms .............................................................................................................................. 12
Course Maps ...................................................................................................................... 14
Driving Directions ............................................................................................................ 16
Preferred Hotels ............................................................................................................... 17
Area Restaurants ............................................................................................................... 18
## Meet Personnel

<table>
<thead>
<tr>
<th>Title</th>
<th>Name</th>
<th>Phone Number</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Meet Director</strong></td>
<td>Brian Bancroft</td>
<td>Office: 979-845-5823</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Cell: 979-229-5691</td>
</tr>
<tr>
<td></td>
<td>Track and Field Senior Team</td>
<td>Cell: 979-229-5691</td>
</tr>
<tr>
<td></td>
<td>Administrator</td>
<td>Fax: 979-458-2889</td>
</tr>
<tr>
<td></td>
<td><a href="mailto:bbancroft@athletics.tamu.edu">bbancroft@athletics.tamu.edu</a></td>
<td></td>
</tr>
<tr>
<td><strong>Sports Information Contact</strong></td>
<td>Shawn Price</td>
<td>Office: 979-845-9534</td>
</tr>
<tr>
<td></td>
<td>Assistant Director, Media Relations</td>
<td>Cell: 979-661-0731</td>
</tr>
<tr>
<td></td>
<td><a href="mailto:sprice@athletics.tamu.edu">sprice@athletics.tamu.edu</a></td>
<td>Fax: 979-458-2889</td>
</tr>
<tr>
<td><strong>Sports Medicine Contact</strong></td>
<td>Saul Luna</td>
<td>Office: 979-458-2871</td>
</tr>
<tr>
<td></td>
<td>Athletic Trainer</td>
<td>Cell: 361-739-4993</td>
</tr>
<tr>
<td></td>
<td><a href="mailto:sluna@athletics.tamu.edu">sluna@athletics.tamu.edu</a></td>
<td>Fax: 979-458-2889</td>
</tr>
</tbody>
</table>
### 2017-18 Division I Men's and Women's Cross Country/Track & Field Committee

<table>
<thead>
<tr>
<th>Name</th>
<th>Title/Institution</th>
<th>Address</th>
<th>Office</th>
<th>Email</th>
</tr>
</thead>
<tbody>
<tr>
<td>Trey Clark</td>
<td>Head Track and Field Coach Lamar University</td>
<td>211 Redbird Lane, Beaumont, Texas 77710</td>
<td>409-880-8318</td>
<td><a href="mailto:trey.clark@lamar.edu">trey.clark@lamar.edu</a></td>
</tr>
<tr>
<td>Milan Donley</td>
<td>Meet Management/Director of Kansas Relays University of Kansas</td>
<td>1651 Naismith Drive, Lawrence, Kansas 66045</td>
<td>785-864-7971</td>
<td><a href="mailto:mdonley@ku.edu">mdonley@ku.edu</a></td>
</tr>
<tr>
<td>Andy Eggerth</td>
<td>Director of Track and Field/Cross Country Kennesaw State University</td>
<td>590 Cobb Avenue – Mailbox 0201, Kennesaw, GA 30144</td>
<td>470-578-2801</td>
<td><a href="mailto:aeggerth@kennesaw.edu">aeggerth@kennesaw.edu</a></td>
</tr>
<tr>
<td>Herman Frazier</td>
<td>Deputy Athletics Director/Chief of Staff Syracuse University</td>
<td>1301 East Colvin Street, Syracuse, New York 13244-5020</td>
<td>315-443-2561</td>
<td><a href="mailto:hrfrazie@syr.edu">hrfrazie@syr.edu</a></td>
</tr>
<tr>
<td>Sean Harris</td>
<td>Assistant Director, Sports Management and Championships Pac-12 Conference</td>
<td>360 3rd Street, 3rd Floor, San Francisco, California 94107</td>
<td>253-249-8705</td>
<td><a href="mailto:sharris@pac-12.org">sharris@pac-12.org</a></td>
</tr>
<tr>
<td>Nicole Harvey</td>
<td>Senior Associate Athletic Director University of Central Florida</td>
<td>12698 Gemini Blvd. S. Room 125, Orlando, Florida 32816</td>
<td>407-823-4297</td>
<td><a href="mailto:nicole.harvey@ucf.edu">nicole.harvey@ucf.edu</a></td>
</tr>
<tr>
<td>Angie Lansing, Chair</td>
<td>Senior Woman Administrator Indiana State University</td>
<td>401 North 4th Street, Arena 1048, Terre Haute, Indiana 47809</td>
<td>812-237-4091</td>
<td><a href="mailto:angie.lansing@indstate.edu">angie.lansing@indstate.edu</a></td>
</tr>
<tr>
<td>Julie Levesque</td>
<td>Senior Woman Administrator University of Texas at El Paso</td>
<td>500 West University Avenue, El Paso, Texas 79968</td>
<td>915-747-7698</td>
<td><a href="mailto:jmlevesque@utep.edu">jmlevesque@utep.edu</a></td>
</tr>
<tr>
<td>Wendy McFarlane</td>
<td>Head Track and Field/Cross Country Coach University of Delaware</td>
<td>621 S. College Avenue, 134 Delaware Field House, Newark, Delaware</td>
<td>302-831-8738</td>
<td><a href="mailto:wendym@udel.edu">wendym@udel.edu</a></td>
</tr>
<tr>
<td>Sharlene Milwood-Lee</td>
<td>Head Track and Field/Cross Country Coach Farleigh Dickinson University</td>
<td>1000 River Road, Teaneck, New Jersey 07502</td>
<td>201-692-2242</td>
<td><a href="mailto:sharlene_milwood-lee@fdu.edu">sharlene_milwood-lee@fdu.edu</a></td>
</tr>
<tr>
<td>Ben Paxton</td>
<td>Head Men’s and Women’s Track Coach Winthrop University</td>
<td>1162 Eden Terrace, Rock Hill, South Carolina 29733</td>
<td>803-323-2129</td>
<td><a href="mailto:paxtonb@winthrop.edu">paxtonb@winthrop.edu</a></td>
</tr>
<tr>
<td>Secretary-Rules Editor</td>
<td>Mark Kostek</td>
<td>Cell: 515-208-8300, Email: <a href="mailto:kostekmt@gmail.com">kostekmt@gmail.com</a></td>
<td></td>
<td></td>
</tr>
<tr>
<td>NCAA</td>
<td>Jeff Mlynski</td>
<td>Assistant Director Championships and Alliances P.O. Box 6222 Indianapolis, Indiana 46206</td>
<td>317-917-6503</td>
<td><a href="mailto:jmlynski@ncaa.org">jmlynski@ncaa.org</a></td>
</tr>
<tr>
<td>NCAA</td>
<td>Anjellica Rospond</td>
<td>Coordinator Championships and Alliance P.O. Box 6222 Indianapolis, Indiana 46206</td>
<td>317/917-6075</td>
<td><a href="mailto:arospmond@ncaa.org">arospmond@ncaa.org</a></td>
</tr>
</tbody>
</table>
SCHEDULE OF EVENTS
(All Times are Central Standard Time)

Thursday, November 9

11 a.m. – 6 p.m.  Course inspection/practice.
Weather permitting.

11 a.m. – 6 p.m.  Packet pickup.
Under Equine Complex Outreach Building Pavilion near team tent area.

6:30 p.m.  Mandatory coaches’ meeting.
Location:  Equine Complex Outreach Building Auditorium
3240 F&B Road
College Station, TX 77483
See map on page 14 or 15

Friday, November 10

6:30 a.m.  Course opens to competitors.
Please call or visit 979-845-8915 or visit @aggietrk for frost warning or severe weather updates on race day if needed.

7:55 a.m.  Clerking procedure begins for women’s race.
8:45 a.m.  First gun fired (indicating 30 minutes to start).

8:50 a.m.  National Anthem.

8:55 a.m.  Second gun fired (20 minutes to start).
Clerking procedure begins for men’s race.

9:05 a.m.  Third gun fired (10 minutes to start).
9:15 a.m.  Women's 6K championship race.

9:45 a.m.  First gun fired (30 minutes to start).
9:55 a.m.  Second gun fired (20 minutes to start).
10:05 a.m.  Third gun fired (10 minutes to start).
10:15 a.m.  Men’s 10K championship race.

Immediately following second race, recognition of top runners and teams.
ACCOMODATIONS
The following is a list of area hotels and their contact information. The institution is responsible for contacting the hotel to make all arrangements and providing the hotel with a rooming list.

Area Hotels:
The institution is responsible for contacting the hotel to make all arrangements and providing the hotel with a rooming list. There is no Headquarter Hotel for this meet. Please see page 17 for a list of hotels in the area, or visit: http://www.visitaggieland.com/hotels/hotels-motels-inns/

COURSE DIAGRAMS/INFORMATION
Men’s and women’s course maps and additional campus information:
http://files.12thman.com/ncaaxc/

Men’s and women’s course map:
Please see page 14 for the Women’s 6k course map and page 15 for the Men’s 10k course map.

DRESSING ROOMS
There will be no dressing rooms available.

DRUG TESTING
Please see the 2017 NCAA Division I Cross Country Pre-Championship Manual for information.

ENTRY PROCEDURES
In order to be eligible for participation in the regional and national meets, institutions must submit an NCAA official online entry roster form through DirectAthletics prior to the regional cross country championships. Coaches will be allowed to submit a maximum of 15 student-athletes on the entry form, of which no more than seven must be declared to participate prior to competition. Only the 15 student-athletes listed on the entry form may compete in the regional and/or national championship meets. Coaches will not be able to change the 15 student-athletes on the entry form should the team qualify for the national championship meet.

The entry form will be available beginning at 8 a.m. Eastern time, Monday, October 30. Coaches must submit the forms ONLINE by 5 p.m. Eastern, Thursday, November 2. The late deadline, with fine, for regional entries is 5 p.m. Eastern on Friday, November 3. A late fine will be assessed in the amount of $400 per team/per gender. No entries will be received after this deadline. Any exceptions to the roster policy will only be considered in extraordinary circumstances and should be addressed in writing to the committee and NCAA championship manager. Each institution should print a copy of its entry forms to take to the regional and national sites.

The online entry roster form can be accessed through DirectAthletics at www.directathletics.com. If you experience technical difficulty using the online entry system, please contact DirectAthletics (support@directathletics.com; phone: 347-674-3002).
Entries will be posted at http://files.12thman.com/ncaaxc/ by 5 p.m. local time on Monday, November 6.

The qualifying finish of teams and individuals at the regional meets will constitute entry into the national meet. No further entry is required for the national meet.

Please follow instructions below to complete your entries for the regional/national championship.

Please note: If you already have a DirectAthletics account for your team, you should login at www.directathletics.com and use your existing account to submit your entries. The NCAA entry process is no different than submitting entries to other DirectAthletics meets. If you know you have an account but have forgotten your username/password, you can click the “I forgot my password” link in the login box.

STEP 1—Creating a DirectAthletics Account
If you are new to DirectAthletics, you will be able to create an account for your team by following the instructions below:


2. On the right side (in the New Account Creation box), select your division.

3. Select your team, choosing only the genders for which you are submitting entries. Enter your contact information—this information will be used only by the NCAA and the meet hosts. Last, enter the username and password you would like for your account. Please choose a username that is unique—common usernames like “bears” or “adam” or “track” are likely to be taken.

4. Click Continue and you will be brought to the default Team Roster page. You can see what team you are controlling by looking at the Team dropdown on the navigation bar across the top of your account [i.e., Texas (Men)]. If you have a men’s and women’s account, it will usually default to men first.

5. Follow Step 2 below to enter your roster.

STEP 2—Setting Up Your Online Roster
Before submitting your entries for the championships, you must first add all attending student-athletes to your DirectAthletics roster:

1. On the default Team Roster page, click the green “Add Athletes” link above “Welcome to your DirectAthletics account!”

2. Select the number of student-athletes you wish to enter. You can always add more later.
3. Enter your student-athletes’ first names, last names and school years and click “Submit”. Please be aware of what gender you are entering—you will complete the roster and entry process for one gender first, and then repeat the process for the other gender (see the Important Notice after Step 3 below).

4. The system will display the student-athletes you have added to your roster. You are now ready for the final step of Submitting Your Roster/Entries.

**STEP 3--Submitting Your Roster/Entries**

Once your student-athletes are added to your roster, **you must submit your roster to the NCAA Division I Championships**.

1. Click the HOME tab in the upper left of the site. Under Upcoming Meets, click the green Register button next to the NCAA Division I Championships.

2. Check off the box for each student-athlete you wish to enter. You can check the top box to select (or un-select) your entire roster. If you have left anyone off your roster accidentally, you can add them using the “Add New Entry” box.

3. When you have completed your entries, click “Submit”. You MUST click “Submit” to submit your entries.

4. You will see your current, submitted entries on the “View Entries” page. For entry confirmation, click the link for a printable receipt or click the Email Confirmation link at the top of the “View Entries” page. An Email Confirmation will be sent to the email address in your account.

5. At any time before the entry deadline, you may edit your entries by clicking the “Edit Entries” link next to the meet in the HOME tab.

*Please note if you are entering Men AND Women, you will now repeat Steps 2 and 3 with the other gender. Select the opposite gender from the Team dropdown on the navigation bar across the top of your account. Repeat Steps 2 and 3. You must request separate email confirmations for Men and Women.*

**REMINDER:** It is the coach’s responsibility to inform the cross country/track and field committee immediately if for some reason a student-athlete entered and selected to compete in any national competition cannot compete.

**DECLARATIONS:** Onsite declarations will be held during packet pickup from 11 a.m. – 6 p.m., Thursday, November 9 at the Hildebrand Equine Complex Outreach Building Pavilion. If an institution declares more than seven student-athletes during packet pickup (i.e. takes an eighth or ninth set of chips and bibs), those additional chips and bibs **must** be returned to meet management, in the clerking area, no later than 20 minutes prior to the start of the race.
**FINAL DECLARATION AND CHECK-IN:** Student-athletes must check-in with the clerks at the assigned clerking location up to 80 minutes prior to the start of their race. Teams are encouraged to check-in as soon as possible, but not later than 20 minutes prior to their race. Check-in will NOT be allowed at the start line and all teams must report and check-in at the assigned clerking location. When teams check-in at the clerking location, they will be required to show that they have their hip numbers, chips on their spikes/bib, bibs on their jersey, and that their uniforms meet the NCAA logo requirements.

Please note that teams and/or individuals that check-in late and not in accordance with the times outlined in this manual will jeopardize participation in their race, will have a letter sent to their institutional athletics director and will have a financial fine assessed for failing to abide by championship policies.

**SQUAD SIZE:** Teams are limited to a maximum of seven competitors. A team running more than seven will be disqualified and the action will be considered misconduct. Institutions entering five to seven runners in the meet must compete as a team. If fewer than five competitors run, they will compete as individuals.

**EVACUATION/SEVERE WEATHER PLAN**

**Lightning Policy.** Following NCAA protocol, we will be using DTN - WeatherSentry online lightning detection and weather monitoring system as well as a local meteorologist. Once lightning enters the 30-mile radius of competition, we will begin preparations to protect the student-athletes and spectators. Once lightning enters within an eight-mile radius of our site, competition must stop and student-athletes and spectators will be moved to safe areas. We will not begin any activity until 30 minutes have passed since the last lightning strike inside the warning ring.

**Shelter Locations.** If necessary, teams, officials and event staff will be provided shelter in the Outreach Building Auditorium in the Hildebrand Equine Complex. This is the same area that will be used for the Technical Meeting on Thursday evening. Fans and spectators will need to return to their vehicles in the parking lots.

**Severe Weather Policy for NCAA Cross Country Regional Championships**

For the safety of all spectators, student-athletes, officials and coaches the following will be used in case of severe weather (e.g., cold temperatures and/or heavy snow):

1. The meet director and NCAA cross country/track and field committee will monitor the weather during the week and morning of the championships.

2. Information on delays and/or postponements will be available at @aggietrk. The host will provide all necessary information alerting coaches of different start times or delays in course inspection times due to any inclement weather.
3. The games committee will determine whether the start of the meet should be delayed or if the meet should be postponed until the following day. The games committee at the regional will make their recommendation to the NCAA with the NCAA approving the final plan.

4. If the race has already begun and would have to be suspended in the middle of the competition, the cross country/track and field committee would recommend the following:

   **Men's 10,000 meter** - If competition is suspended before the 3,000 meters mark you may run the same day with a two-hour delay. If competition is suspended after 3,000 meters we would recommend postponement until the next day.

   **Women's 6,000 meter** - If competition is suspended before the 2,000 meters mark you may run the same day with a two-hour delay. If competition is suspended after 2,000 meters we would recommend postponement until the next day.

5. If necessary, competition may be postponed until Saturday, per NCAA policy, with similar if not the same start times. This information must be communicated with all involved institutions.

**Appropriate provisions will be made to the facility to ensure the safety of competitors and spectators. The games committee reserves the right to make changes to the above policies and schedules as they see fit.**

**FINISH LINE PROCEDURES**

We will be using IPICO chip timing (with primary and backup mats) in conjunction with FinishLynx Full Color Cameras to verify close finishes. The IdentiLynx Pro will be used for head-on full-frame video to capture bib numbers of those runners who may have lost their chips on the course. Runners will be given two IPICO chips to wear on their shoes (secured by bread ties) and the chips will be collected by volunteers in a "holding pen" beyond the finish line.

Runners will not need to stay in finish order.

There will be one split mat placed along the course and the split data will appear in the final results for viewing.

Any chips found on the course or not collected in the holding pen should be turned back in to the timing tent.

Runners should continue racing past both sets of mats at the finish line. Once they have crossed the mats, runners should continue to move through the finish chute as quickly as possible. Runners need not maintain their order of finish in the chute. Water and trainers will be available at the end of the finish area. Coaches and fans can wait for runners outside of the finish. After runners leave the area, they will need to remove their chips, and get them to the coach as soon as possible. Coaches should collect their chips and return them to the results pick up area.
PACKET PICK UP
Packets will be available Thursday, November 9, from 11 a.m. – 6 p.m. at Hildebrand Equine Complex Outreach Building Pavilion, same facility for the Coaches meeting and awards. See course maps on page 14 or 15.

Course maps and descriptions will also be available and host representatives will be there to answer any questions about the course.

MANDATORY COACHES’ MEETING
Coaches are required to attend the mandatory coaches’ meeting on Thursday, November 9 at 6:30 pm CST at Hildebrand Equine Complex Outreach Building Auditorium. **Failure to attend the mandatory coaches’ meeting will result in a $200 fine/gender/institution.** See map on page 14 or 15 for meeting location.

MERCHANDISE
Merchandise will be available at the course for purchase from 1– 4 p.m. on Thursday and on Friday from 8:30 a.m. through the conclusion of the second race.

PRACTICE SCHEDULE
Practice at the course is limited to Thursday and the day of competition, weather permitting. The course will be available Thursday from 11 a.m. – 6 p.m. The course will be open at 6:30 a.m. the morning of the race unless there is frost on the ground or additional weather concerns.

**Please 979-845-8915 or visit @aggietrk on race and practice days before leaving for the course for frost warning or severe weather updates if necessary.**

PROTESTS
A protest area will be located near the finish line. Forms will be available at the tent for the head coach to provide information about the alleged incident or problem, citing the NCAA rulebook. The head referee’s ruling and explanation will be posted along with the results of the race. There will be no jury of appeals and the referee’s decision will be final. There will be two 15-minute protest periods, one following each of the races (women and men). Each of the protest windows will begin when the results of the race have been posted at the protest tent. There is a $100 protest fee (cash only) for each protest. The $100 fee is refundable only if the protest is overturned.

RESULTS/SPORTS INFORMATION
Results.

- Each coach will receive one copy of the official results. Coaches can pick up a hard copy at finish line tent. Results will also be posted at www.flashresults.com.
- At the meet - members of the media may pick up results after each race at finish line tent.
- Contact Shawn Price at sprice@athletics.tamu.edu for more information.
**SPORTS MEDICINE**

The training room is located at 2011 Olsen Blvd, next to the Aggie Softball Complex. The training room is equipped with stim, ice, cold tubs and other modalities. There will also be a training area set up at the course during practice on Thursday and competition on Friday. If you have any special needs, please contact Saul Luna at 361-739-4993 or by email at sluna@athletics.tamu.edu.

**Training Room Hours:**

<table>
<thead>
<tr>
<th>Day</th>
<th>Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>Thursday, November 9</td>
<td>9 a.m. – 6 p.m.</td>
</tr>
<tr>
<td>Friday, November 10</td>
<td>9 a.m. – 6 p.m.</td>
</tr>
</tbody>
</table>

The training room is located at 2011 Olsen Blvd, next to the Aggie Softball Complex.

**Trainers at course:**

<table>
<thead>
<tr>
<th>Day</th>
<th>Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>Thursday, November 9</td>
<td>11 a.m. – 6 p.m.</td>
</tr>
<tr>
<td>Friday, November 10</td>
<td>Beginning at 6:30 a.m.</td>
</tr>
</tbody>
</table>

Student-athletes must present a prescription or letter of treatment from the institution’s certified trainer in order to administer electric modalities. Modality treatment will only be given with written permission from your institutions’ medical staff. Competing institution’s trainers will not be allowed on the course unless their student-athlete becomes injured or ill. An ambulance will be onsite for both races.

**TENTS**

Team tents will be permitted for set-up on top of the hill, adjacent to the starting line. See maps on page 14 or 15 for exact location. Teams interested in renting a tent should contact William Adams with Tailgate Guys at 979-775-1700 or 409-553-9298 by November 1.

**TRANSPORTATION/PARKING**

All transportation needs will be the responsibility of the participating team.

**Directions to Course.**

The Dale Watts ’71 Cross Country Course is located at 3240 F&B Road, College Station, TX, 77845 behind the Thomas G. Hildebrand Equine Complex. Driving directions to the course can be located on page 16.

Team parking will be available in Lot 126, in front of the Thomas G. Hildebrand Equine Complex.

**UNIFORMS**

In all events and award ceremonies, competitors must wear the proper uniform (warm-ups included) of the institution they represent in the championships. Uniforms for all cross country team members must meet the following criteria: (1) school-issued; they must be identical; (2) pants may be of any length, but must have identical color; and (3) visible undergarments, including arm and leg-warmers, must be of an identical solid color. Uniforms must be clean and of a material and design so as not to be objectionable. Bare midriff tops are not acceptable. (Note: The uniform top must meet or hang below the waist band when the competitor is standing.) Uniforms must allow for competitors’ numbers to be placed above the waist (front
and back) and for hip numbers to be placed on the hip, not on the leg or thigh. Uniform tops must not obscure hip numbers.

**Logos.** An institution’s official uniform and all other items of apparel (e.g., socks, headbands, T-shirts, arm-warmers, wristbands, visors and hats) that are worn by student-athletes in competition may bear a single manufacturer’s or distributor’s normal trademark, not to exceed 2.25 square inches, including any additional material (e.g., patch) surrounding the normal trademark or logo. The logo or trademark must be contained within a four-sided geometrical figure (i.e., rectangle, square, parallelogram). In addition, an institution’s official uniform cannot bear a design element similar to the manufacturer’s that is in addition to another logo or that is contrary to the size restriction. A student-athlete representing an institution in intercollegiate competition is limited to wearing apparel items that include only the logo (not to exceed 2.25 square inches) of an apparel manufacturer or distributor. The student-athlete may not wear any apparel that identifies any other entity, other than the student-athlete’s institution. These restrictions apply to all apparel worn by student-athletes during the conduct of competition, which includes prerace or post race activities.

This bylaw will be strictly enforced at all NCAA championships and the names of individuals and institutions that are not in compliance with this bylaw shall be forwarded to the NCAA enforcement staff.
Women’s 6k Course Map
Men’s 10k Course Map
DIRECTIONS TO HILDEBRAND EQUINE COMPLEX/WATTS CROSS COUNTRY COURSE

If you are using an internet map engine such as Mapquest or Yahoo! Maps, you can use 3240 F&B Road, College Station, Texas, 77843 as an entry address. That will place you at the front of the Hildebrand Equine Complex. The Watts Cross Country Course is located behind this complex.

from Houston (George Bush Intercontinental Airport):
- Follow airport exit to Beltway 8
- Right (west) on Beltway 8 - will become Sam Houston Tollway
- Right (west) on U.S. 290 (Austin exit)
- Right (north) on Texas 6 (College Station/Bryan exit)
- Left Exit on S Farm to Market Rd 2818/Harvey Mitchell Pkwy S
- Continue west on Harvey Mitchell Pkwy. approximately 5.3 miles to F&B Road
- Right on F&B Road
- The parking lot entry to the Hildebrand Equine Complex will be .5 miles ahead on your left

from Houston (William P. Hobby Airport):
- Follow airport exit signs to I-45
- North on I-45 for approximately 15 minutes through downtown Houston
- Take Exit #51 - I-610 West
- Right (west) on U.S. 290 (Austin exit)
- Right (north) on Texas 6 (College Station/Bryan exit)
- Left Exit on S Farm to Market Rd 2818/Harvey Mitchell Pkwy S
- Continue west on Harvey Mitchell Pkwy. approximately 5.3 miles to F&B Road
- Right on F&B Road
- The parking lot entry to the Hildebrand Equine Complex will be .5 miles ahead on your left

from Dallas:
- South on I-35 to Waco
- Take Exit #339 in Waco (Loop 340)
- Left (east) on Loop 340
- Continue on Loop 340 until intersection with Texas 6
- Left (east) on Texas 6 to Bryan/College Station
- At College Station, Right at N Farm to Market Rd 2818/N Harvey Mitchell Pkwy
- Continue straight onto S Farm to Market Rd 2818/N Harvey Mitchell Pkwy for 1.8 miles to F&B Road
- Left on F&B Road
- The parking lot entry to the Hildebrand Equine Complex will be .5 miles ahead on your left

from Austin Bergstrom Airport:
- South on U.S. 71 towards Bastrop.
- Continue on US 71 for approximately 20 miles.
- Left on 71/21. Follow signs to Bryan, Texas. Then, quick right on HWY 21. (travel approx 70 miles)
- Near Bryan, right exit on Texas 47 [College Station/Texas A&M Univ exit]
- Continue south on Texas 47 until you reach F.M. 60 [University Drive/Raymond Stotzer Pkwy]
- Turn left onto the Farm to Market Road 2818 N ramp
- Merge onto S Farm to Market Rd 2818/Harvey Mitchell Pkwy S
- Right on F&B Road
- The parking lot entry to the Hildebrand Equine Complex will be .5 miles ahead on your left
Preferred Hotels

Baymont Inn and Suites
2611 Harvey Road
College Station, TX 77845
979-680-3000

Hampton Inn and Suites (79 rooms)
925 Earl Rudder Freeway South
College Station, TX 77840
979-694-2100

Quality Suites
3610 Highway 6 South
College Station, TX 77845
979-695-9400

Best Western Atrea (100 rooms)
1920 Austin's Colony Pkwy
Bryan, TX 77803
979-731-5304

Hawthorn Suites (81 rooms)
1010 University Drive East
College Station, TX 77840
979-695-9500

Ramada Bryan/College Station (61 rooms)
506 Earl Rudder Fwy South
College Station, TX 77840
979-846-0300

Calvary Court (141 rooms)
200 Century Court
College Station, TX 77840
979-485-5586

Hilton Hotel and Conference Center (303 rooms)
801 University Drive East
College Station, TX 77840
979-693-7500

Residence Inn
720 University Drive East
College Station, TX 77840
979-268-2200

Comfort Suites Aggieland (54 rooms)
2313 Texas Avenue South
College Station, TX 77840
979-680-9000

Holiday Inn Express Hotel and Suites (77 rooms)
1203 University Drive East
College Station, TX 77840
979-846-8700

Townplace Suites by Marriott (95 rooms)
1300 University Drive East
College Station, TX 77840
979-260-8500

Comfort Inn and Suites
907 University Drive East
College Station, TX 77840
979-268-5500

Holiday Inn Hotel and Suites (116 rooms)
2500 Earl Rudder Freeway
College Station, TX 77840
979-485-8300

The Stella Hotel (176 rooms)
4100 Lake Atlas Drive
Bryan, TX 77807
979-421-4000

Country Inn and Suites
1010 SW Pkwy East
College Station, TX 77840
979-693-7777

Home2 Suites by Hilton
300 Texas Ave. South
College Station, TX 77840
979-703-8288

Townplace Suites by Marriott (95 rooms)
1300 University Drive East
College Station, TX 77840
979-260-8500

Courtyard by Marriott (125 rooms)
3939 State Highway 6 South
College Station, TX 77845
979-695-8111

Homewood Suites (83 rooms)
950 University Drive East
College Station, TX 77845
979-846-0400

Embassy Suites
201 University Drive East
College Station, TX 77840
979-260-6000

Hyatt Place (91 rooms)
1100 University Drive East
College Station, TX 77840
979-846-9800

The George
180 Century Court
College Station, TX 77840
979-485-5590

La Quinta Inn (89 rooms)
1838 Graham Road
College Station, TX 77845
979-704-6100

Hampton Inn (133 rooms)
320 Texas Avenue South
College Station, TX 77840
979-846-0184

LaSalle Hotel (55 rooms)
120 South Main Street
Bryan, TX 77803
979-822-2000
## Area Restaurants

<table>
<thead>
<tr>
<th>Restaurant</th>
<th>Address</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>Abuelos Mexican Embassy</td>
<td>840 University Drive, College Station, TX 77480</td>
<td>260-3400</td>
</tr>
<tr>
<td>Applebee’s</td>
<td>200 Texas Ave. South, College Station, TX, 77840</td>
<td>260-3003</td>
</tr>
<tr>
<td>Arby’s</td>
<td>1800 Southwest Parkway, College Station, TX, 77840</td>
<td>696-2729</td>
</tr>
<tr>
<td>BJs Brewhouse</td>
<td>1520 Harvey Road, College Station, TX, 77840</td>
<td>979-696-5700</td>
</tr>
<tr>
<td>Burger King</td>
<td>1719 Texas Ave. South, College Station, TX, 77840</td>
<td>693-5999</td>
</tr>
<tr>
<td>Cafe Capri</td>
<td>222 N. Main St., Bryan, TX, 77803</td>
<td>822-2675</td>
</tr>
<tr>
<td>Cafe Eccell</td>
<td>Texas Avenue, College Station, TX, 77840</td>
<td>846-7908</td>
</tr>
<tr>
<td>Casa Ole’</td>
<td>3201 Freedom Blvd., Bryan, TX, 77802</td>
<td>776-0994</td>
</tr>
<tr>
<td>Casa Ole’</td>
<td>Post Oak Mall, College Station, TX, 77840</td>
<td>764-0933</td>
</tr>
<tr>
<td>Cenare</td>
<td>404 University Drive East, College Station, TX, 77840</td>
<td>696-7311</td>
</tr>
<tr>
<td>Cheddars Casual Café</td>
<td>804 N. Earl Rudder Fwy., College Station, TX, 77840</td>
<td>260-5466</td>
</tr>
<tr>
<td>Chick-Fil-A Aggieland</td>
<td>1719 Texas Ave S, College Station, TX, 77840</td>
<td>979.694.4500</td>
</tr>
<tr>
<td>Chick-Fil-A</td>
<td>2210 Briarcrest Dr, Bryan, TX, 77802</td>
<td>731-1155</td>
</tr>
<tr>
<td>Chick-fil-A</td>
<td>1500 Harvey Rd., Ste 4034, College Station, TX, 77840</td>
<td>764-0049</td>
</tr>
<tr>
<td>Chil’s Grill &amp; Bar</td>
<td>1063 Texas Ave, College Station, TX, 77840</td>
<td>696-4261</td>
</tr>
<tr>
<td>Christopher’s World Grill</td>
<td>5001 FM 158, Bryan, TX, 77802</td>
<td>776-2181</td>
</tr>
<tr>
<td>Chuy’s</td>
<td>1512 Harvey Road, College Station, TX, 77840</td>
<td>979-329-6022</td>
</tr>
<tr>
<td>CiCi’s Pizza</td>
<td>1713 Texas Ave. South, College Station, TX, 77840</td>
<td>694-2424</td>
</tr>
<tr>
<td>Confucious Chinese Cuisine</td>
<td>2322 Texas Ave. South, College Station, TX, 77840</td>
<td>764-1121</td>
</tr>
<tr>
<td>Cotton Patch</td>
<td>3525 Longmire Dr., College Station, TX, 77845</td>
<td>695-9707</td>
</tr>
<tr>
<td>Dixie Chicken</td>
<td>307 University Dr West, College Station, TX, 77840</td>
<td>846-2332</td>
</tr>
<tr>
<td>Double Dave’s Pizzaworks</td>
<td>1410 Texas Ave S, College Station, TX, 77840</td>
<td>979.764.3283</td>
</tr>
<tr>
<td>Fox &amp; Hound</td>
<td>505 University Dr Ste 309, College Station, TX, 77840</td>
<td>846-0211</td>
</tr>
<tr>
<td>Freddy’s Custard</td>
<td>930 North Earl Rudder Freeway, Bryan, TX, 77808</td>
<td>979-776-3549</td>
</tr>
<tr>
<td>Freebird’s World Burrito</td>
<td>319 University Dr West, College Station, TX, 77840</td>
<td>846-9298</td>
</tr>
<tr>
<td>Freebirds World Burrito</td>
<td>Texas Ave (Target Center), College Station, TX, 77840</td>
<td>695-0151</td>
</tr>
<tr>
<td>Fudruckers</td>
<td>1704 George Bush Dr. East, College Station, TX, 77840</td>
<td>696-7142</td>
</tr>
<tr>
<td>Grub Burger Bar</td>
<td>980 University Drive East, College Station, TX, 77840</td>
<td>979-268-1041</td>
</tr>
<tr>
<td>Golden Corral</td>
<td>700 University Dr. East, College Station, TX, 77840</td>
<td>846-8667</td>
</tr>
<tr>
<td>Honey-B Ham &amp; Deli</td>
<td>2416-A Texas Ave South, College Station, TX, 77840</td>
<td>696-3354</td>
</tr>
</tbody>
</table>
Jason's Deli
1404-A Texas Ave South
College Station, TX 77840
764-2929

Johnny Carino’s Italian
620 Harvey Rd.
College Station, TX 77840
764-7374

Ken Martin’s Steak House
3231 E. 29th St
Bryan, TX, 77802
776-7500

Kettle Restaurant
2712 S Texas Ave
Bryan, TX, 77802
822-5507

Kettle Restaurant
2502 Texas Ave
College Station, TX, 77840
764-9271

Koppe Bridge Bar & Grill
12055 Wellborn Rd
College Station, TX, 77840
764-2933

Little Ceaser's
2501 Texas Ave
College Station, TX, 77840
696-0191

Luby’s Cafeteria
4401 South Texas Ave
Bryan, TX, 77802
846-3729

McDonald's
2930 East Highway 21
Bryan, TX, 77803
778-7281

McDonald's
111 George Bush Dr West
College Station, TX, 77840
693-3777

McDonald's
2420 Texas Ave South
College Station, TX, 77840
696-0511

McDonald's
801 University
College Station, TX, 77840
846-8920

Napa Flatts
1727 South Texas Ave.
College Station, TX 77840
979-383-2500

Ninfa's
1102 Harvey Rd.
College Station, TX, 77840
693-0506

On The Border
709 Texas Ave
College Station, TX, 77840
695-2495

Outback Steakhouse
2102 Texas Ave South
College Station, TX, 77840
764-4329

Ozona Bar and Grill
520 Harvey Rd.
College Station, TX, 77840

Papa John's Pizza
Rock Prairie Drive
College Station, TX, 77840
764-7272

Pizza Hut
2610 Texas Ave.
Bryan, TX, 77801
779-5422

Red Lobster
University Drive
College Station, TX, 77840
764-9310

Rudy’s Texas Bar-B-Que
504 Harvey Rd.
College Station, TX 77840
696-7383

Sonic Drive In
914 Texas Ave
College Station, TX, 77840
779-1085

Sonic Drive In
2900 Texas Ave South
College Station, TX, 77845
693-0087

Subway
2418 Texas Ave
College Station, TX, 77840
696-4418

Subway
2500 Texas Ave
Bryan, TX, 77803
823-7827

Subway
104 University Dr East
College Station, TX, 77840
696-6427

Subway
3300 Texas Ave
College Station, TX, 77840
693-5372
Taco Bell
3501 East 29th St
Bryan, TX, 77802
846-8071

Taco Bell
731 University Dr West
College Station, TX, 77840260-1720

Taco Bell
920 Texas Ave
College Station, TX, 77840
822-5007

Taco Cabana
2410 Briarcrest Dr
Bryan, TX, 77802
776-0555

Taco Cabana
701 Texas Ave South
College Station, TX, 77840

693-1904

Taco Bell
2702 S. Texas Ave.
College Station, TX, 77845
695-8188

Taco Bell
3109 South Texas Ave.
Bryan, TX, 77802
779-7000

Texas Burger
4105 Victory
Bryan, TX, 77802
846-3731

Texas Roadhouse
1601 University Drive East
College Station, TX 77840
268-0558

2017 NCAA Division I Regional Cross Country Championships

940 University Drive East
College Station, TX 77840
268-1450

Whataburger
902 South Texas Ave
Bryan, TX, 77802
822-0624

Whataburger
105 Dominik
College Station, TX, 77840
696-2336

Wings N' More
1511 University Drive
College Station, TX, 77840
691-2100

Wings N' More
3230 Texas Ave
College Station, TX, 77840
694-8966

Taste of China
2702 S. Texas Ave.
College Station, TX, 77845
695-8188

Texas Burger
3109 South Texas Ave.
Bryan, TX, 77802
779-7000

Whataburger
2702 S. Texas Ave.
College Station, TX, 77845
695-8188

Texas Burger
3109 South Texas Ave.
Bryan, TX, 77802
779-7000

Texas Burger
4105 Victory
Bryan, TX, 77802
846-3731

Texas Roadhouse
1601 University Drive East
College Station, TX 77840
268-0558

Willies Ice House