THE COLLEGE OF SAINT ROSE CHIVALRY CUP

The Chivalry Cup offers the Saint Rose athletics department an outwardly visible account of our Golden Knights embracing the six NCAA Division II attributes: Balance, Service, Passion, Resourcefulness, Learning, and Sportsmanship. It awards teams and coaches for excellence in the athletics community, the College community and the local community, and allows our student-athletes to compete with each other in areas outside of their own sport participation.

The competition allows teams to amass points in categories both on and off the playing field. These categories include community service, leadership through Student-Athlete Advisory Committee (SAAC) activities, teamwork, learning through department sponsored workshops, support of fellow student-athletes, and both academic and athletic achievement.

The Chivalry Cup will be awarded to the team that amasses the most points each academic year.

Edited kh 7/25/12
cc 7/26/12
DA: 7/31/12
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**Community Service:** (40 pts max)
10pts for each community service project that each team completes, with up to 4 total projects. Service project must be active, engaging and meaningful. (Dropping off cans at Food Pantry is not a viable service activity.) **Team must have 50% participation.** Forms must be filled out by coaches, SIGNED and turned into SAAC Community Service Chair.

**GOLDEN WAVE Upstate Challenge ATTENDANCE:** (50 pts max)
10 points per event. Forms will be picked up by teams AT THE EVENT from the ASSIGNED SAAC member, all attending team members must sign form and have the designated SAAC site supervisor on duty sign the form as well. Team picture from event must also be emailed to Coach Haag. Teams with 2 or more attending who do not meet 50% criteria will receive 2 pts. (Teams who are competing on an Upstate Challenge date may make it up at another game with above criteria. SAAC rep must see Coach Haag to get make up form.)

**Team Success :** (40 pts max)
Based on final team standing.
10 points for making it to NE-10 playoffs or top half for non-play-off sports.
20 points for qualifying for NCAA’s, and 10 pts per individual NCAA qualifier with MAX of 20 pts.
30 Points for attending the National Championship round of sport (Elite 8, Final 4, World Series, etc)
10 points for winning your LeMoyne game. (5 per meeting if you play them twice)

**Academics:** (60 pts per team max)
Teams will be awarded for academic excellence as follows:
30 pts Team GPA over 3.0 each semester
10 pts if 25% of roster has 3.3 GPA 20 pts if 50% “ 30 pts if 75% “

**Golden Knights SAAC:** (0-48 pts)
Student-athletes can earn points by attending SAAC meetings and by participating in SAAC sponsored events.
Having each team represented at SAAC meetings allows for greater student-athlete input and improved communication among teams and the athletic department staff.

- 2 points per team, per representative, for being present at each SAAC meeting. Can earn up to 4 pts per meeting. A team will be awarded 4 pts if meeting conflicts with practice or contest,
Provided that they meet with SAAC advisor to get missed meeting information. Class conflicts
not a viable excuse—send a sub!

The Chivalry Cup will be awarded after spring grades are finalized and spring sports have ended. Winning team will receive commemorative gift in mail over summer, as well as have team name displayed in Chivalry Cup permanent award.

Life Skills Program:
The life skills program educates our student-athletes on topic outside of athletics. Using several outlets in our community we will provide monthly workshops that include study skills, time management, nutrition, social media, diversity, and career planning. For each Life Skills program a student-athlete attends, his or her team will earn 5 points towards their Chivalry Cup program, and receive an additional 1 pt. for each team member who attend for up to 10 pts. max per event.

Revised 8/29/12