Rule 1.8
Mat Dimensions

The matted apron around the wrestling area shall extend at least five feet between out-of-bounds lines when two mats are side-by-side and at least five feet from the out-of-bounds line and any obstruction such as a table, bleachers or walls.
Rule 1.8
Mat Dimensions
Photographers using still or motion devices, excluding official video review equipment, shall not be permitted within 5 feet of the edge of the wrestling mat.
The use of tape or decals on the headgear is prohibited. Clean, fresh tape is permissible on the headgear if used for medical purposes only.
Rule 2.1.1
Neutral Starting Position

In matches involving vision–impaired wrestlers, a finger–touch method shall be used in the neutral position. At the time of medical examinations, the coach or medical personnel shall provide written documentation identifying the impairment. (See WI Rule 2.1.1.)
SITUATION: Wrestler A requests to use the finger-touch method of wrestling.

QUESTION: How is the wrestler granted the accommodation?

RULING: A request is made to the wrestling secretary–rules editor (SRE) for documentation to complete an individualized inquiry that will determine if the accommodation is necessary.
When the documentation evidencing the vision–impairment has been reviewed and accepted, the SRE shall provide documentation to the student–athlete (or its member institution), who will present the documentation to the medical professional at medical examinations/skin checks. The head coach should also notify the opposing coach(es)/tournament director and head referee of the accommodation.
WI Rule 2.1.1
Neutral Position – Vision–Impaired

- The finger–touch method shall not be used absent documentation provided by the SRE.

- Note: *The student–athlete (or its member institution) should request the accommodation not later than October 10.*
Rule 2.4
Wrestling Positions – In Bounds

- When the defensive wrestler’s back is exposed to the mat in a pinning situation while any part of either wrestler is in bounds, near-fall points may be earned or a fall called.
Rule 2.6
Scoring Opportunities – Takedown

- A takedown shall be awarded when, from the neutral position, a contestant gains control by taking the opponent down to the mat in bounds. If the defensive wrestler’s hand comes in contact with the mat, it is considered control.
Rule 3.4.2
Coaches’ Attire

- The wearing of jeans, T-shirts, sweatshirts, sweatpants and non-institutional logoed warm-up suits (top and/or bottom), headwear, and similar apparel are not suitable attire for coaches during dual and tournament competition and, therefore, are prohibited. Institutional logoed tops/jackets are permissible.
Rule 3.15
Breaking Ties

- When two teams finish in a tie in a dual meet or a team-advancement tournament, the following criteria shall be applied to determine a winner:
  - 3.15.1 Greater number of victories.
  - *Note: Forfeits, defaults and disqualifications count toward total number of victories.*
  - 3.15.2 Combined total of falls, forfeits, defaults and disqualifications.
Rule 3.15
Breaking Ties (Continued)

- 3.15.3 Total match points scored from decisions, major decisions and technical falls.
- 3.15.4 First takedown.
- One team point shall be awarded to the team winning by criteria. The method of recording the score in breaking team ties shall be the score followed by the criterion number that broke the tie (for example, Team A 17, Team B 16, criterion 3.15.1.) (see WI Rule 3.15)
All team advanced and individual advancement tournaments, including open tournaments, shall follow all NCAA rules and requirements listed in the NCAA Rules and Interpretations book. Any tournament found not following the rules and requirements will have their event excluded as an NCAA registered contest in the OPC the subsequent season. If the tournament is held, its results will not count on the Individual Season Record Form and will not be calculated for NCAA championship selection purposes.
Rule 3.17.3
Verification of Entries

- For NCAA registered individual advancement tournaments, including open tournaments, the host shall download from the OPC system the names and weight classes of all rostered wrestlers entered in the tournament. Individual or team entry for tournament competition becomes official at registration. Failure to verify entries by the stipulated deadline may result in disqualification from a tournament. Contestants thereafter failing to make verified weight shall not be allowed to participate in another weight classification.
Rule 3.21
Mat–Side Video Review

- Highlights include:
  - Allowed at all competition – except open tournaments
  - All calls and non-calls are reviewable – except the fall
  - The referee(s) making the call review the challenge
  - One challenge per dual meet
  - At tournaments
    - 1–3 wrestlers/1 challenges
    - 4–6 wrestlers/2 challenges
    - 7–10 wrestlers/3 challenges
Rule 3.21
Mat–Side Video Review (Cont)

- To ensure privacy during the review, the computer monitor or TV monitor shall be turned to face away from the mat side table and toward the wrestling area.
- There is no restriction on the number of times a referee may stop the match for a review.
Rule 3.21
Mat–Side Video Review (Cont)

- If a coach believes an error was made, the coach shall immediately approach the mat-side table and raise a flag matching the color assigned to his corner (red or green) thereby indicating to the mat-side table scorer the request for a video challenge. This signifies the coach believes an error was made, and the referee will stop the match when there is no significant action taking place to conduct the video review.
Rule 3.21
Mat-Side Video Review (Cont)

Once the coach raises the flag, the challenge cannot be retracted. Wrestlers and coaches are to remain in their designated coaching area (restricted zone, see Rule 3.13.1 and 3.13.2) during the review.
Rule 4.6
Scoring Abbreviations

- DQM – Disqualification for Violation of Medical Protocol
NEW Rule 5.8.13
Illegal Hold – Neck Bow

When in the top position, the offensive wrestler applies a legal head and arm, locked from the side, and then summersaults toward and over the defensive wrestler's head. This position may create a choking situation and could put undue pressure on the neck and spine and is, therefore, illegal.
Rule 5.9.1
Stalling – Initiating Action

- When a referee recognizes stalling, the first violation will be a warning, the second violation will result in 1 point, the third violation is 1 point, the fourth violation is 1 point and the fifth violation will result in a disqualification.
Rule 6.1.3
Injury Timeout

- If the first timeout is taken at the end of the second period, and the choice already rests with the non–injured wrestler, then the non–injured wrestler will have the choice at the start of the third period and the opponent will be assessed a warning for stalling.
Rule 6.4
Injury from Illegal Action

- If that contestant is not able to continue at the end of two minutes of recovery time, then the match is awarded to the injured contestant and scored as a disqualification. However, if the injured contestant recovers and wrestling resumes, that contestant then cannot be awarded the match by disqualification for this illegal action.
Rule 7.1
Referee Registration

- The requirements have been removed from the rule book.
  - Annual clinic attendance
  - ArbiterSports Central Hub
    - Registration
    - Test – 85% passing score
    - Tough Calls on the hot topics
Referees will be allowed to rotate in dual meets, multiple dual or team advancement tournaments.
A wrestler has until (on or before) February 15 to reach or descend back to the lowest certified weight class, as determined by their individual weight-loss plan. (See Rule 8.3.3.)

There is no appeal for missing the February 15 deadline.
Event excluded as an NCAA registered contest in the OPC the subsequent season
Rule 9.1.4
Weighing–In – Tournaments

- The actual weights from the first and second day weigh–ins shall be recorded on the NCAA Official Weigh–In form and recorded in the OPC.

- A wrestler who does not weigh–in and compete on the first day of competition shall not weigh–in and compete on the second day of competition.
Rule 9.1.5
NCAA Official Weigh-In Form

- A copy of the NCAA official weigh-in form shall be hand carried or electronically submitted to each site of dual meet and team advancement competition.

For NCAA registered individual advancement tournaments, including open tournaments, the host shall download from the OPC system the names and weight classes of all rostered wrestlers entered in the tournament.
Rule 9.1.5
NCAA Official Weigh-In Form cont.

- In tournament competition, the host site shall be responsible for retaining the NCAA official weigh-in form(s) with the actual weights of each participant. The actual weight and results of all student-athletes listed on the institution’s roster including those who compete unattached at open tournaments shall be entered into the NWCA online system before a new weigh-in sheet can be built for the next scheduled competition for each wrestler.
Rule 9.6.3
Medical Examinations

- Medical examinations shall begin 15 minutes or less than the scheduled time of weigh-ins. At the time of medical examinations, all competitors are required to report to the designated area and all weight loss activity shall cease.
Rule 9.8.1
ISRF – Correct Use

- Exhibition matches between teammates shall not be counted.
Rule 9.8.2
ISRF – Correct Use

- Each institution shall approve the results from each competition entered into the OPC system within 48 hours after a home event and not more than 96 hours after an away contest.
Signals Chart

- Unnecessary Roughness signal
Ron’s cell is 567/674-5133