

STUDENT-ATHLETE ENGAGEMENT CHECKLIST

When student-athletes are involved in prevention efforts in meaningful ways:

- ❑ Athletics administrators invite student affairs staff to meet with student-athletes to identify opportunities for student-athlete involvement in campus life and student organizations.
- ❑ Leadership training for student-athletes [Student-Athlete Advisory Committee members, Student-Athlete Mentors, team captains and others] includes education regarding their roles in creating and maintaining a culture free from sexual violence.
- ❑ Student-athletes are expected to participate in campus-wide programming, such as the “Red Flag Campaign” (www.theredflagcampaign.org), “Take Back the Night” (www.takebackthenight.org), the “Clothesline Project” (www.clotheslineproject.org) and others, to support safe and healthy campus life.
- ❑ Coaches and other athletics staff encourage and support student-athlete involvement in campuswide prevention efforts, as well as athletics conferences and NCAA efforts to prevent sexual violence (e.g., APPLE Training Institutes, myPlaybook).
- ❑ Student-athlete involvement is measured by:
 - » The nature of their involvement – as in, are they leaders, facilitators, learners or contributors?
 - » The type of activity in which they are involved. For instance, is the activity an information session, skill development session, collaboration or other type of programming?
 - » The extent of their involvement – how many individuals are participating, how many teams are represented and what is the length of their commitment?

STUDENT-ATHLETE ENGAGEMENT IMPLEMENTATION TOOLS

- **Student-Athlete Mentor:** This APPLE Institute resource trains student-athletes to be active supporters for their peers. www.appleathletics.org
- **BACCHUS Initiatives of NASPA:** This student affairs initiative offers a Certified Peer Educator training resource to help students develop peer intervention and leadership skills to successfully create and implement peer wellness programs. www.naspa.org/constituent-groups/groups/bacchus-initiatives/initiatives/certified-peer-educator-training
- **Step UP! Bystander Intervention Training:** This bystander intervention program, developed in partnership with the University of Arizona and the NCAA, trains student-athletes and other students to practice pro-social behavior, overcome the bystander effect and safely and effectively intervene when a friend or teammate is in distress, in danger or heading for trouble. All training materials are free. www.stepupprogram.org
- **It’s On Us Campaign:** www.itsonus.org (See sidebar on page 12.)
- **Photovoice Kit:** This web-based toolkit instructs students in creating a photovoice project that combines photography, dialogue, photo exhibits and social action to address student life issues. www.photovoicekit.org